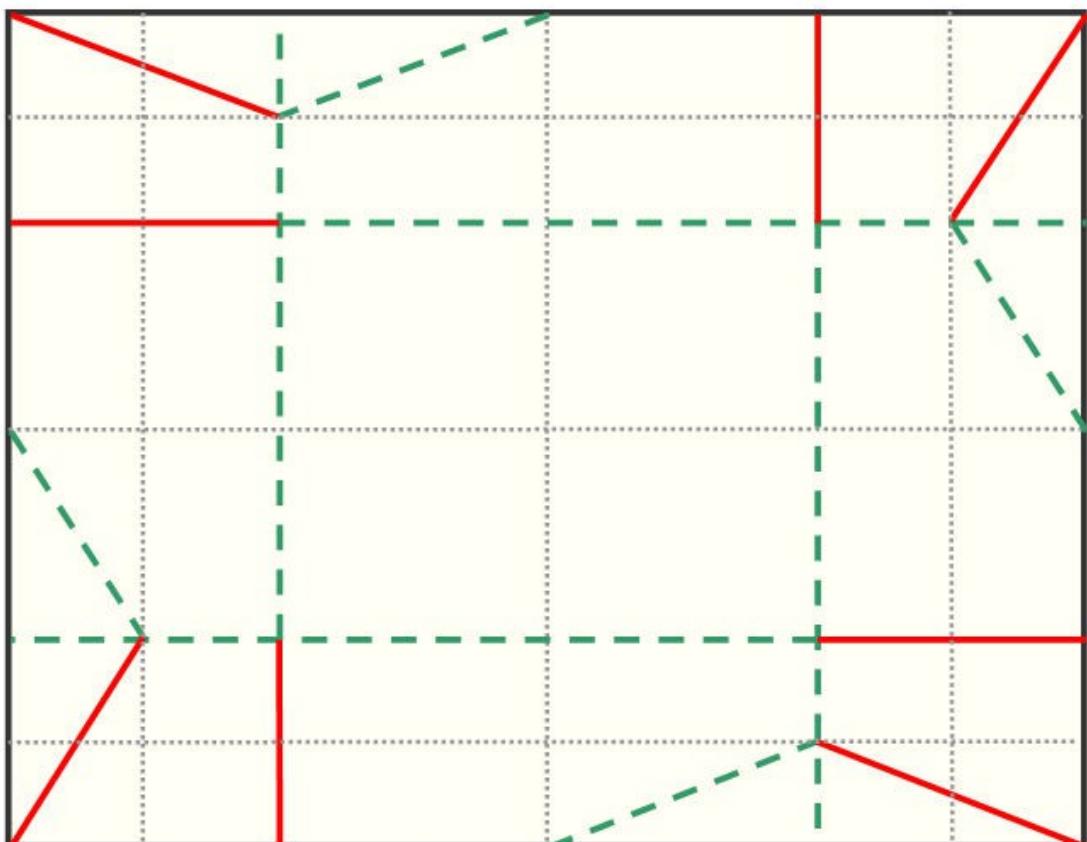
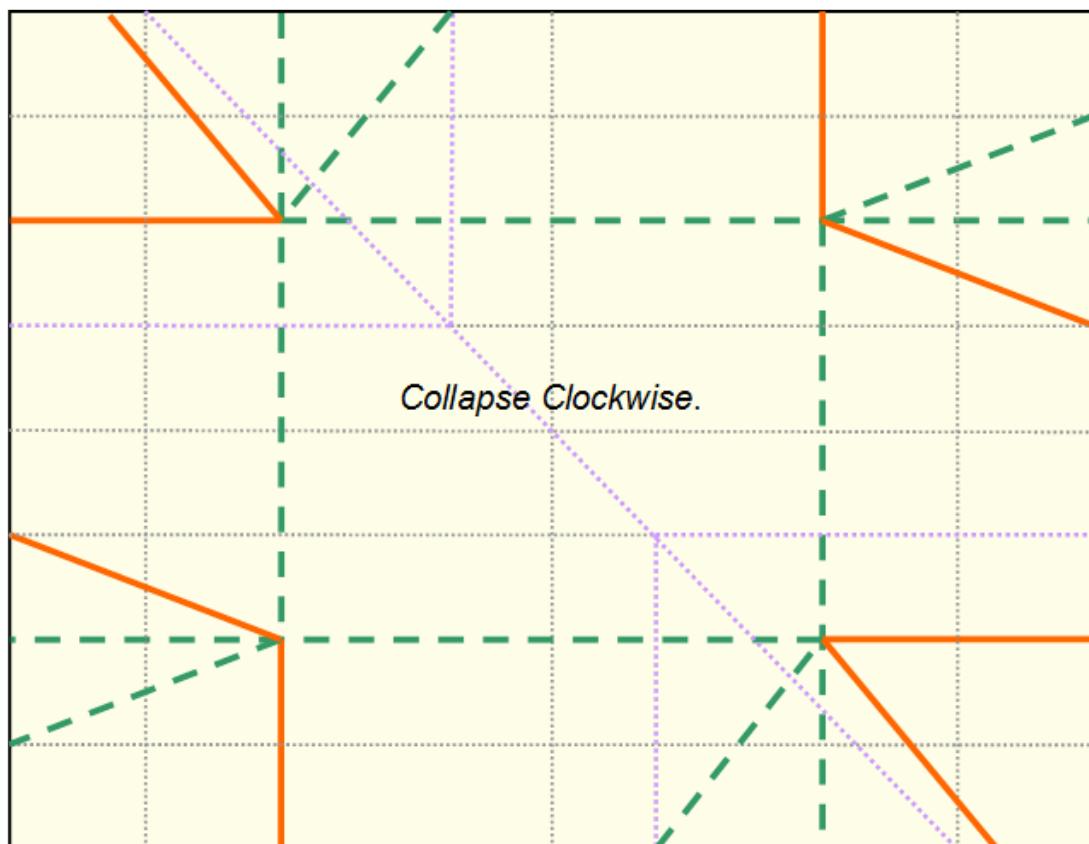


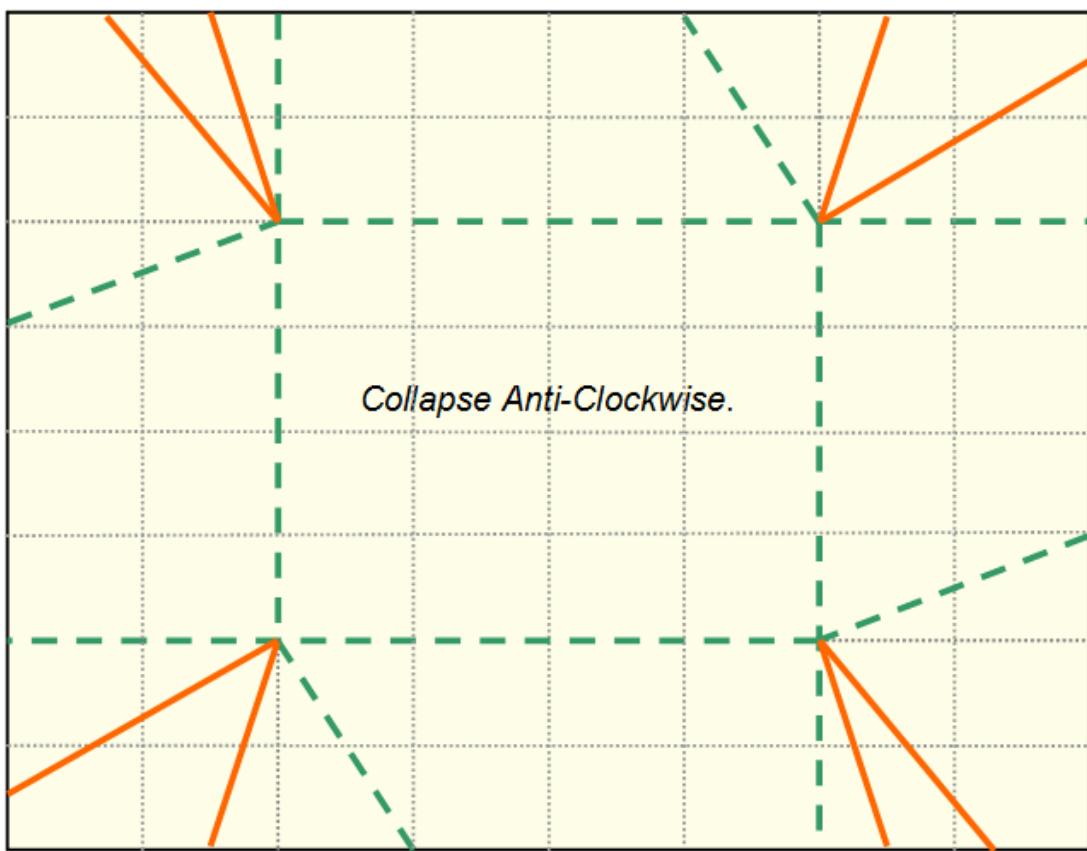
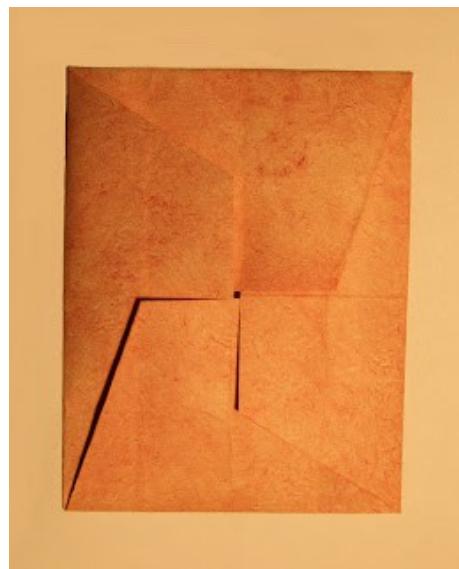
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BASIC OFFSET X LETTER FOLD: CREASE PATTERN
Rosemary Lyndall Wemm, October, 2012
American Letter Sized Paper.



CENTRAL CROSS LETTERFOLD – TYPE ONE
Rosemary LYNDALL WEMM. October 2012



CENTRAL CROSS LETTERFOLD – TYPE TWO
Rosemary LYNDALL WEMM. October 2012



PLACE A RUBBER BAND AROUND AN OPEN PAINT CAN TO WIPE YOUR BRUSH ON, AND KEEP PAINT OFF THE SIDE OF THE CAN

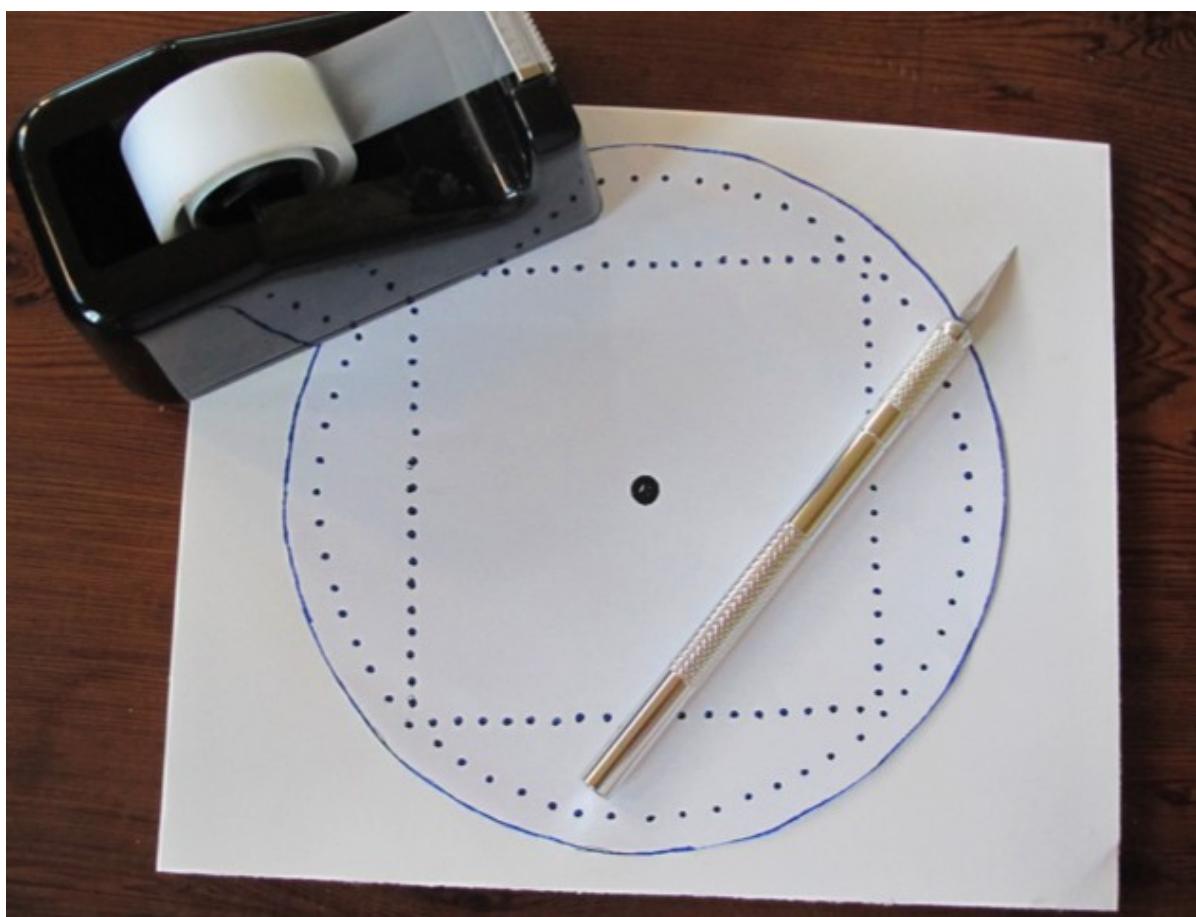




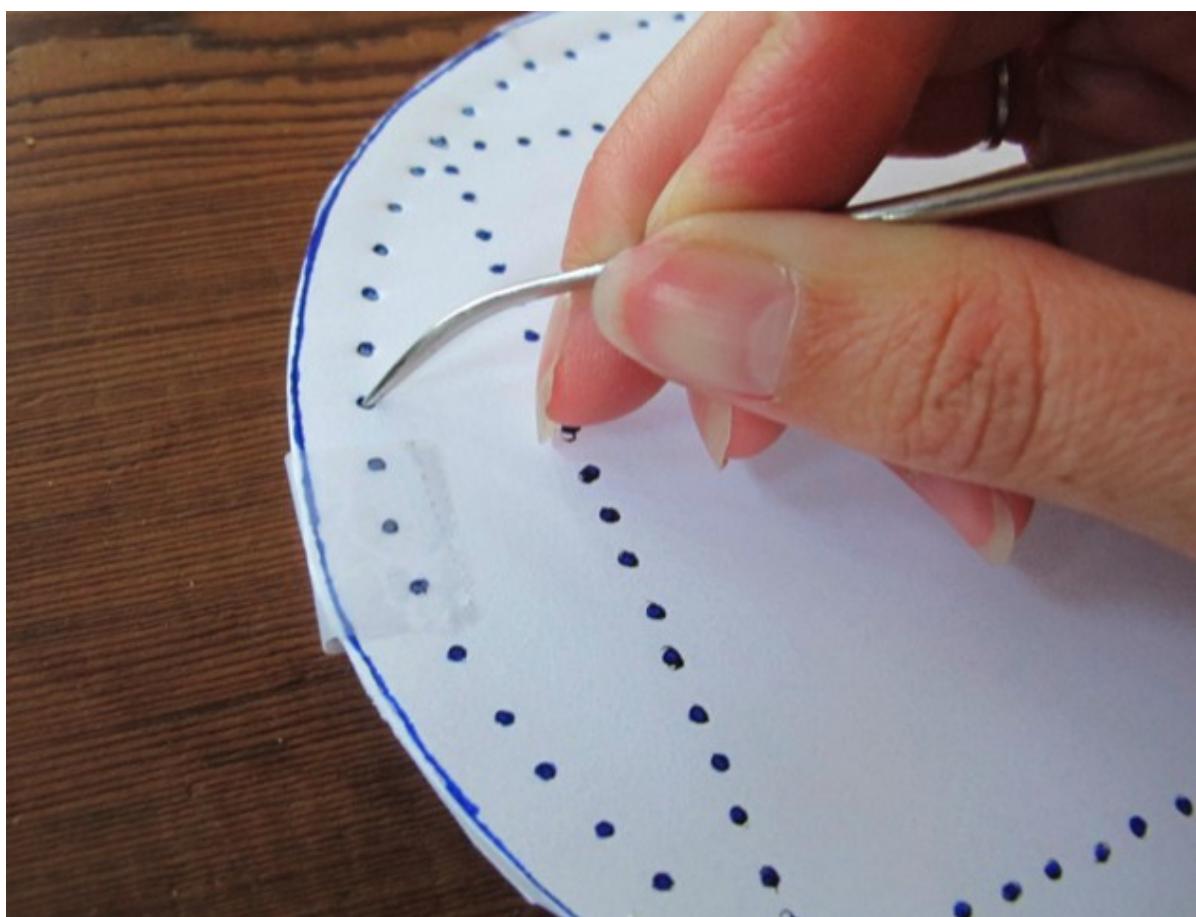
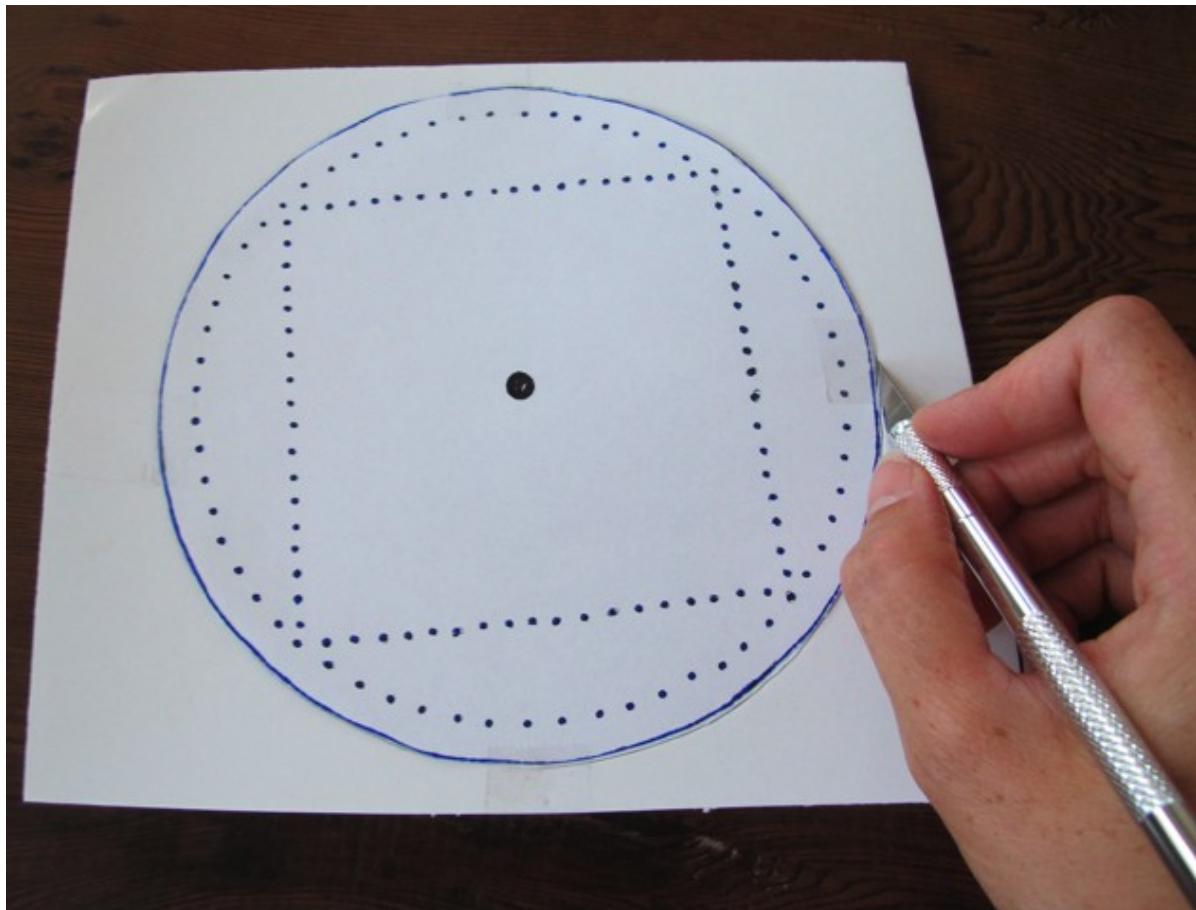




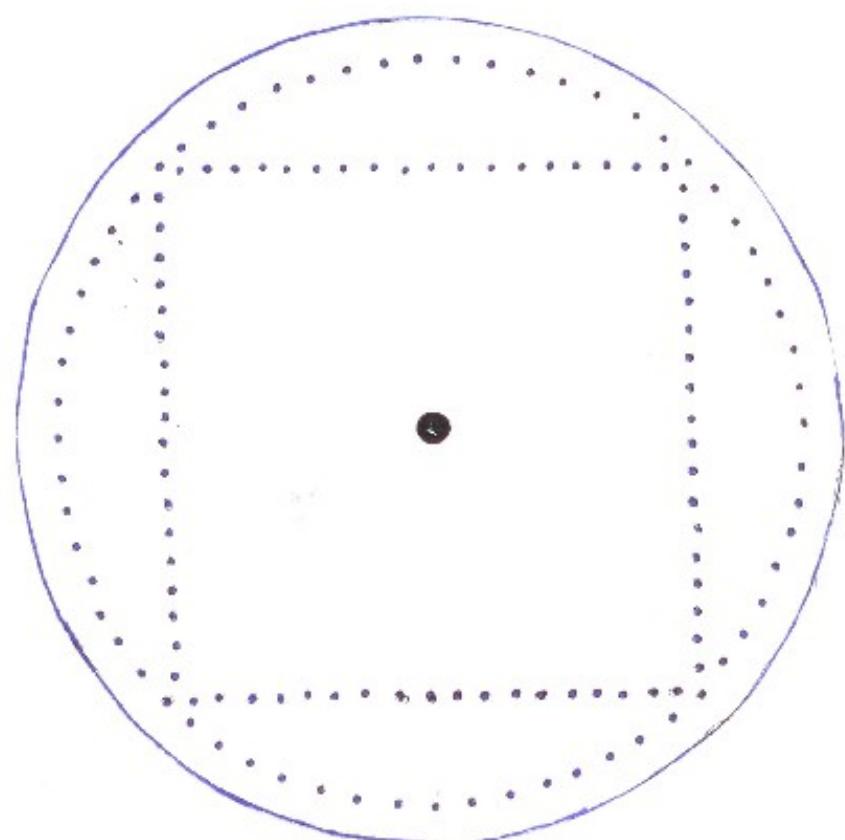
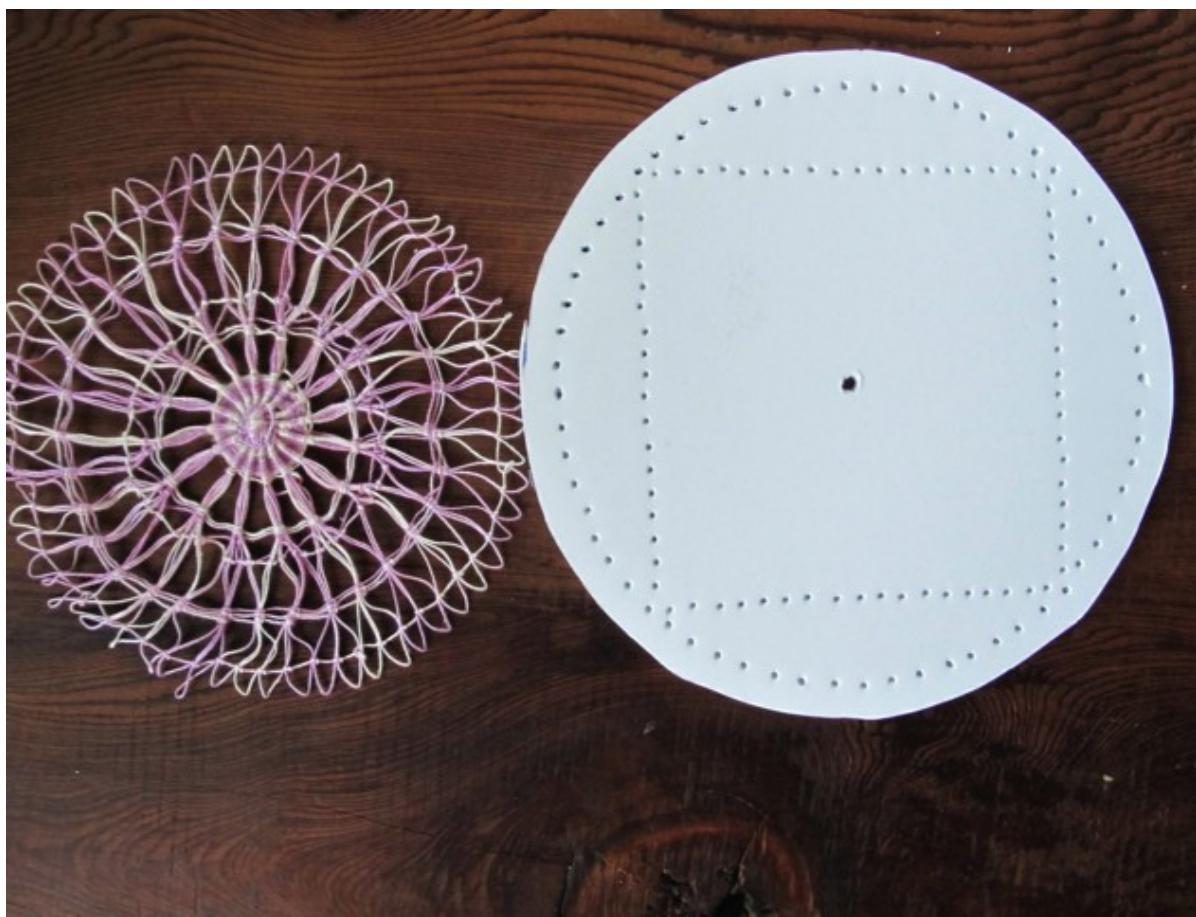
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© by // Between the lines //



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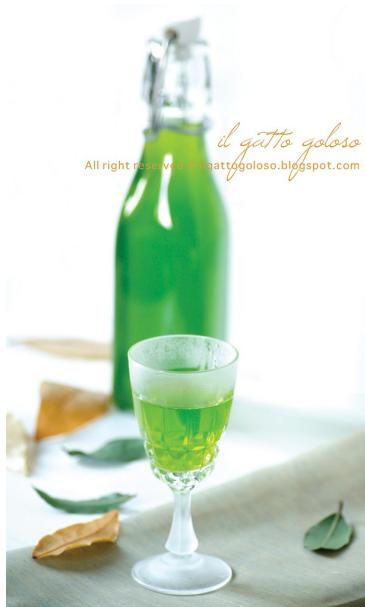


1315



©2012 mucchi di sonagli che sanno andare

Liquore all'alloro



Ingredienti:

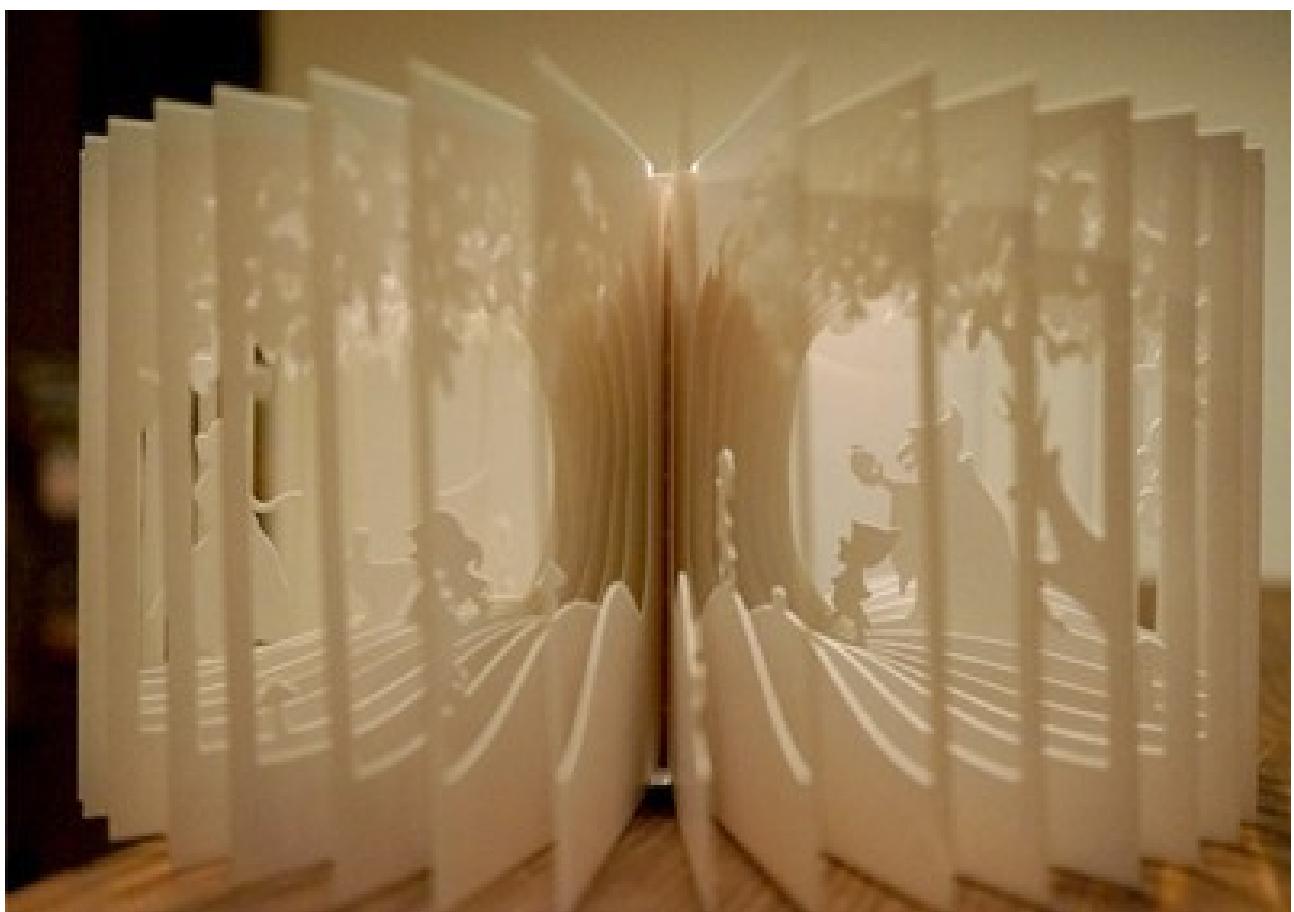
1/2 litro di alcol a 90°
 20/25 foglie di alloro verdi
 600 ml di acqua
 400 g di zucchero

Intanto lavare e asciugare le foglie di alloro e riporle in un vaso capiente di vetro insieme all'alcol. Chiudere e lasciare riposare per 10 giorni circa, avendo cura di agitare il vaso di tanto in tanto.

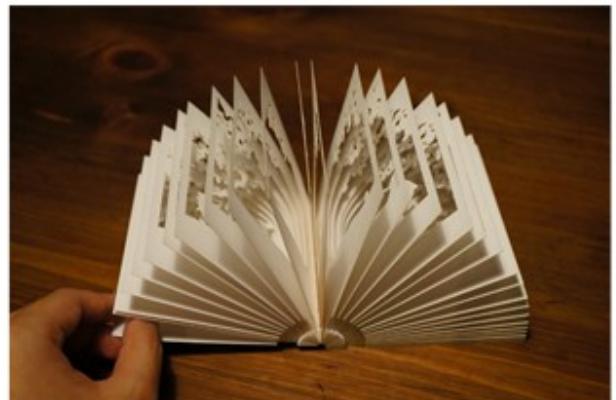
Trascorso il tempo di riposo, scaldare l'acqua con lo zucchero [*mescolando continuamente con una frusta*] fino a ché si trasformerà in uno sciroppo [*non deve bollire*]. Spegnere il fuoco e lasciar completamente raffreddare.

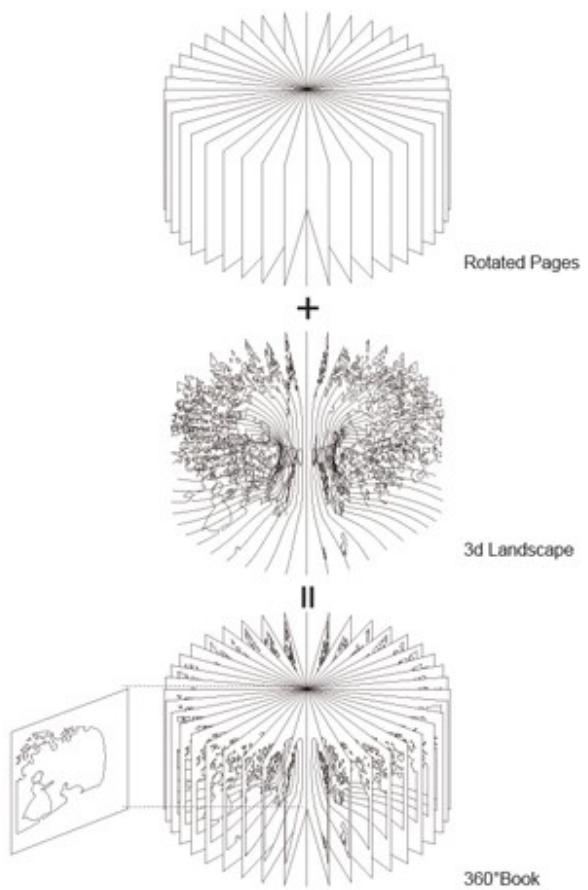
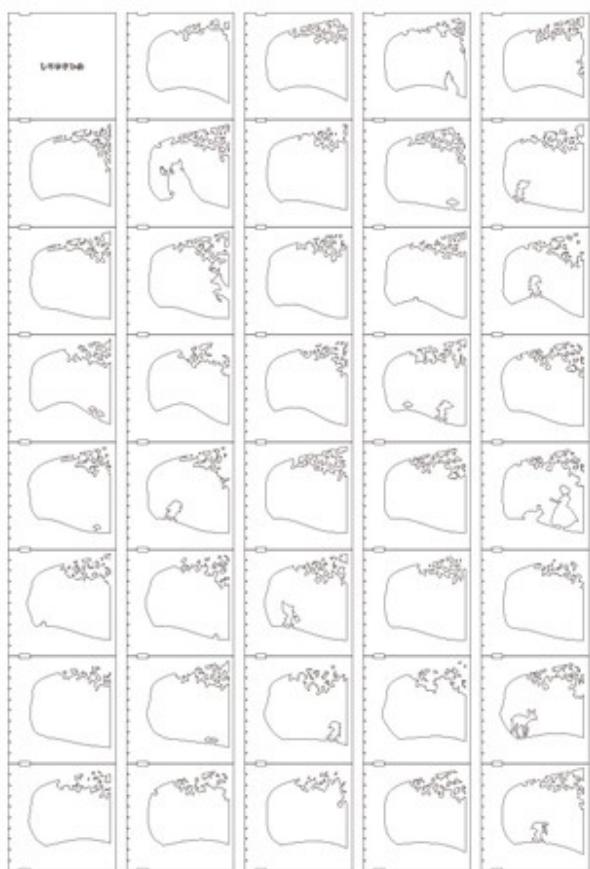
Filtrare l'alcol eliminando le foglie di alloro e aggiungere lo sciroppo freddo.; mescolare e versare in bottigliette. Riporre in un luogo buio. Servire freddo.

1317
Yusuke Uno



1318





through the Night



1321



RootsAndWingsCo.blogspot.com

1322



1323



How to Make a Gingerbread House

INGREDIENTS

6 cups all purpose flour
 1/2 teaspoon baking powder
 4 teaspoons ground ginger
 4 teaspoons ground cinnamon
 1/2 teaspoon ground cloves or allspice
 1/2 teaspoon salt
 1 1/2 sticks (12 Tbsp) butter, softened
 1 1/2 cups packed light brown sugar
 2 large eggs
 1 cup dark molasses
 1 Tbsp water

Make the Gingerbread Dough

- 1** Whisk together the dry ingredients in a large bowl, set aside.
- 2** Using an electric mixer, beat on medium speed the butter and brown sugar until fluffy and well blended. Beat in the eggs, molasses and water until well combined.
- 3** Beat half of the flour mixture into the molasses mixture until well blended and smooth. Stir in the remaining flour. Knead (or use your mixer's dough hook) until well blended. If dough is too soft, add a little more flour.
- 4** Wrap the dough in plastic wrap and refrigerate at least two hours, preferably overnight. You can make it up to 3 days ahead of time. Let sit at room temperature for at least 10 minutes before rolling out.

Create and Cut Out Pattern Pieces

Create a gingerbread house pattern by cutting out pieces of stiff paper (like that of a manila folder) or cardboard. I like cardboard because it's almost as thick as the gingerbread house pieces will be, and you can create a house model easily using the pieces. The following links are to gif images of the pattern that we used to make these houses. They should print out with the correct proportions (1 inch on the pattern = 1 inch in real life), but if not, the dimensions are also given on the pattern so you can use a ruler and create your own.

Make the Gingerbread House Pieces

- 1** Preheat oven to 350°F, with the oven rack in the middle. Have several flat cookie sheets ready, preferably ones that you know will not warp in the oven heat.
- 2** Divide the dough in two. Spread parchment paper or wax paper on a large flat surface for rolling. Dust the paper lightly with flour. Working with one portion of the dough at a time, use a rolling pin to roll out the dough to an even thickness of 1/4-inch. Add a little flour to the surface of the dough, and check for sticking as you roll it out. If it sticks to either your rolling pin or the rolling surface, dust with more flour. If the rolled out dough is very soft, you may want to freeze it for an hour before cutting out the patterns.

3 Rub a little flour over the surface of the dough. Place the pattern pieces on the dough, as many pattern pieces as will fit on the dough. Use a small sharp knife to cut out the pattern pieces from the dough, wiping the knife surface clean frequently. Depending on how soft the dough is, you may need to use scissors to cut the wax paper or parchment paper. You can cut out the patterns through the dough and parchment paper, placing the dough pieces with the paper directly on the cookie sheets. If you are not using parchment paper or wax paper, you may need to use a large metal spatula to transfer the dough pieces to a greased cookie sheet. Space the pieces on the cookie sheet an inch apart from each other. If dough pieces stretch during the transfer process, push them back into shape.

You can cut out a door and window(s) at this point, or you can wait until after baking, soon after the pieces have come out of the oven while the cookies are still warm.

4 Bake in a 350°F oven until the edges are just beginning to darken, 11-15 minutes for the large pieces, 6-8 minutes for the small pieces. Rotate the cookie sheets half way through the baking for more even browning. Remove the sheets to racks to cool, about 15 minutes.

While the pieces are still slightly warm, lay the pattern pieces over them and use a large straight chef's knife to trim off any parts of the pieces that have through cooking spread beyond the pattern.

Remove pieces to cool directly on racks to cool completely.

Make Royal Icing

Royal icing is not only used for decorating, but it is the mortar that holds the gingerbread pieces together to form the house. The following proportions should make enough icing for both the mortaring step and for decorating for one gingerbread house.

2 large egg whites

2 2/3 cup powdered sugar, divided

1 Whisk together until smooth the egg whites and 1 1/3 cups of the powdered sugar.

2 If you are planning to eat your gingerbread house, and are concerned about the safety of raw eggs, you can microwave the egg white powdered sugar mixture for several seconds (30-40) until the mixture reaches a temperature of 160 degrees, but not higher than 175°F. You can also use pasteurized dried or liquid egg whites.

3 Add the remaining 1 1/3 cup of powdered sugar to the sugar egg mixture. Using an electric mixer, beat on high speed until the icing holds stiff peaks. If it doesn't form stiff peaks, add more powdered sugar.

4 Place a dampened clean towel over the bowl of royal icing. Keep this towel over the icing to prevent it from drying out while you work with it.

5 When you are ready to mortar or decorate, fill a pastry bag with the icing. If you don't have a pastry bag, you can make your own with a re-sealable plastic freezer bag, just cut off the tip (a small cut) of one of the corners of the bag. Plastic or metal piping tips are available in supermarkets which you can also use with a freezer bag, for more controlled piping.

Construct the Basic House, Mortaring the Pieces Together with Royal Icing

This is where it really helps to have more than two hands working on a house, and why making a gingerbread house is so much more fun with company than alone. If you are working on this alone, it may help to grab some canned goods from the pantry and use the cans to help prop up the pieces while the icing mortar is drying.

1 Pick a solid base for your gingerbread house - either a flat cookie sheet, or a thick, sturdy piece of cardboard. If you want, line the base with aluminum foil or wax paper.

2 Pipe a thick line of icing along a short end of one of the side pieces. Press the iced side piece against the edge of either the front or back pieces. Hold in place for a few minutes until the icing is partially set. Repeat with the other side piece. Prop up with cans if necessary. Repeat with the other short edges of the side pieces and the remaining front/back piece. Pipe icing along the seams, inside and outside of the house, to fill in any gaps and to add extra stability. Pipe icing along the edges of the house where it meets the base. Let set for at least an hour before attempting to add the roof pieces.

If any of the gingerbread house pattern pieces breaks, as can happen easily when working with what are essentially cookies, most likely you can repair them. On my house I forgot to cut out the door and window until the front piece had almost completely cooled. When I went to make the cuts, the piece broke. Fortunately, it was easy to mortar back together with royal icing. We even created a "splint" out of cardboard and used royal icing to hold the splint to the piece. Let harden completely before using the piece for the house construction. When it comes time to decorate, you can pipe icing right over the broken seam and no one will be the wiser.

3 Once the royal icing has dried enough so that the base structure is solid, you can go to work on the roof. Pipe icing all along the top edges of the structure, front and back and two sides. The roof pieces are a rectangular shaped. Place the roof pieces so that the long ends of the rectangle are running along the top of the house. It helps if you have two people working together to place the roof pieces on the house at the same time so that they meet easily at the top center, and extend out a little bit, forming an overhang at each end. Gently hold the roof pieces in place for a few minutes until they are set enough so they don't slide off when you remove your hands. Pipe the top seam of the house with extra icing. Let the house stand for at least an hour, and preferably 8 hours before decorating.

Note: If you have pets in your house, keep them away from the gingerbread house during all phases of construction and decorating. Non-gingerbread-house-building-participating adults and children should be informed to keep their hands off the house as well.

4 The chimney. The dimensions of the chimney can be a bit tricky because of the angle of the roof. Although you may have cut your chimney out of a pattern, these small pieces likely have spread a bit through cooking, and you may have to use a chef's knife to cut the pieces and adjust the angles of the pieces so they align better with the roof. It's easiest to assemble the chimney first upside down, separate from the house. Pipe the pieces together with royal icing and let set until stable. Then, turn the chimney right-side-up and attach it

to the roof using piped royal icing. You can do this either right after the house has initially set (1 hour after assembly) or later, during the decorating process.

Decorate the Gingerbread House

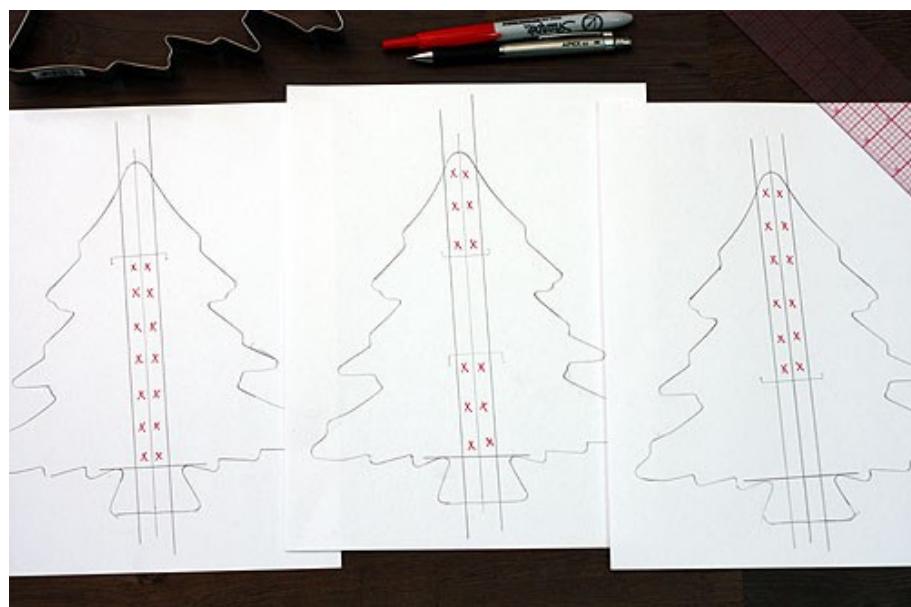
This step requires a trip to the candy section of your local grocery store. You can decorate your house with whatever types of candy pleases you. Be careful taking kids along to the store however, as you will invariably buy more candy than you actually need (though they do have the best ideas of what candies would be good for various decorative effects). Red hots are really practical, as are small gumdrops, and candy canes. Audrey used a whole bag of chocolate truffles for the stone wall around her house, and some type of waffle-patterned cookies for roof tiles.

Pipe royal icing to make decorative designs around the walls of the house and roof. Use royal icing to "glue" pieces of candy to the house.

That's the way we made our gingerbread houses this year. If you've made a gingerbread house and have photos posted of it somewhere, please let us know in the comments. Happy Holidays!

Instructions adapted from those found in the 1996 Joy of Cooking.

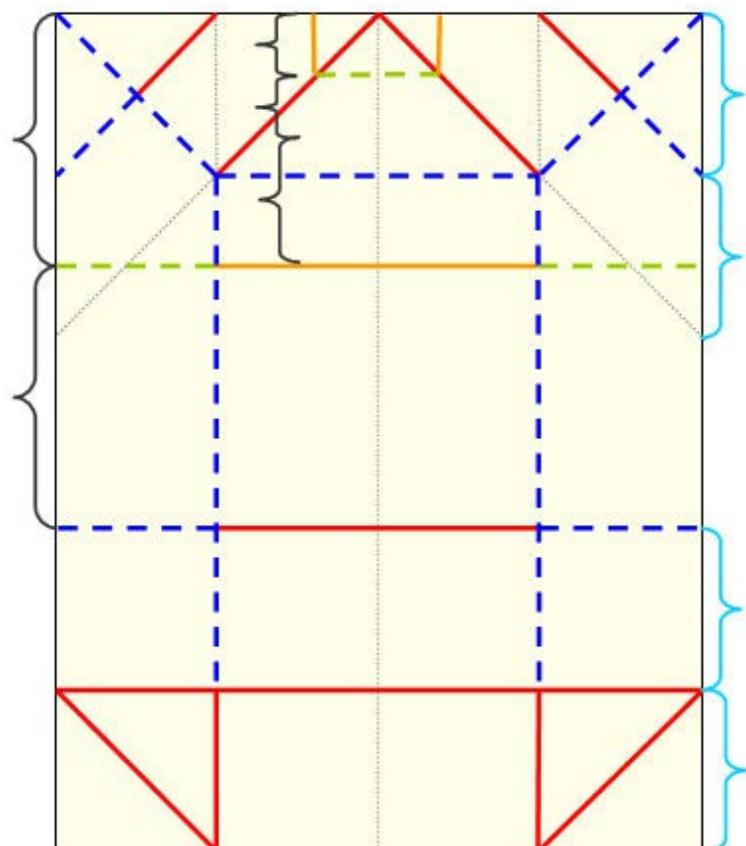
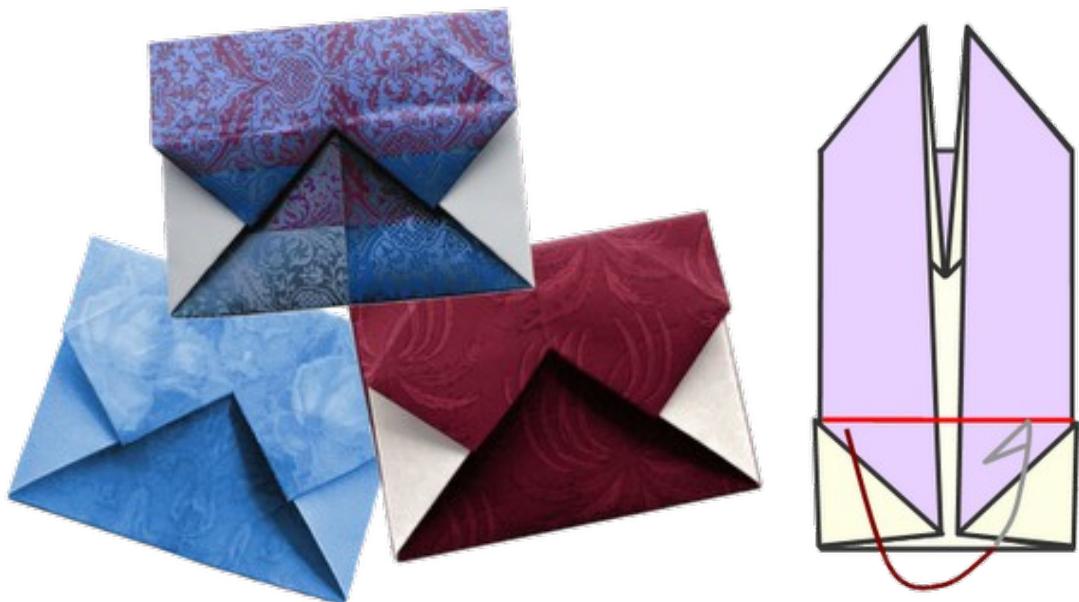
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WALLET LETTERFOLD CREASE PATTERN
American Letter or A4 Sheet
Rosemary Lyndall Wemm, 2012



1332



Yummy Apple Cake Recipe



2 eggs 3 apples

100 grams of sugar 100 grams of flour

15 cubes of sugar 50 grams butter

50 grams of oil 1 packet of yeast

In a mold, place 15 cubes of sugar. Put this dish over a fire, and let the sugar melt to form a caramel. Be careful – it is hot! Turn the mold so that the caramel spreads well. Peel and cut the apples into chunks, put them in the mold. Mix all other ingredients and arrange on apples. Bake at 180 ° C for 35 to 40 minutes.



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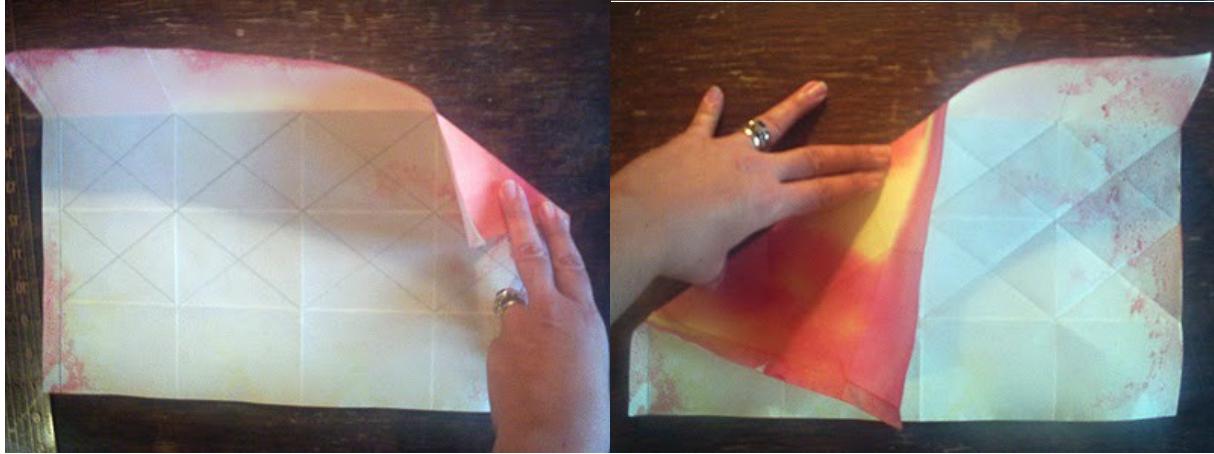
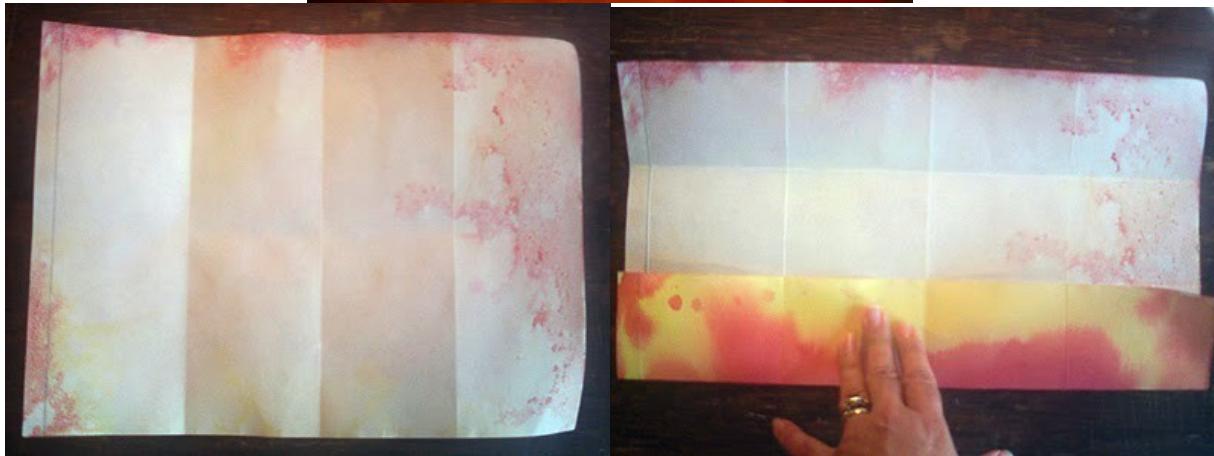


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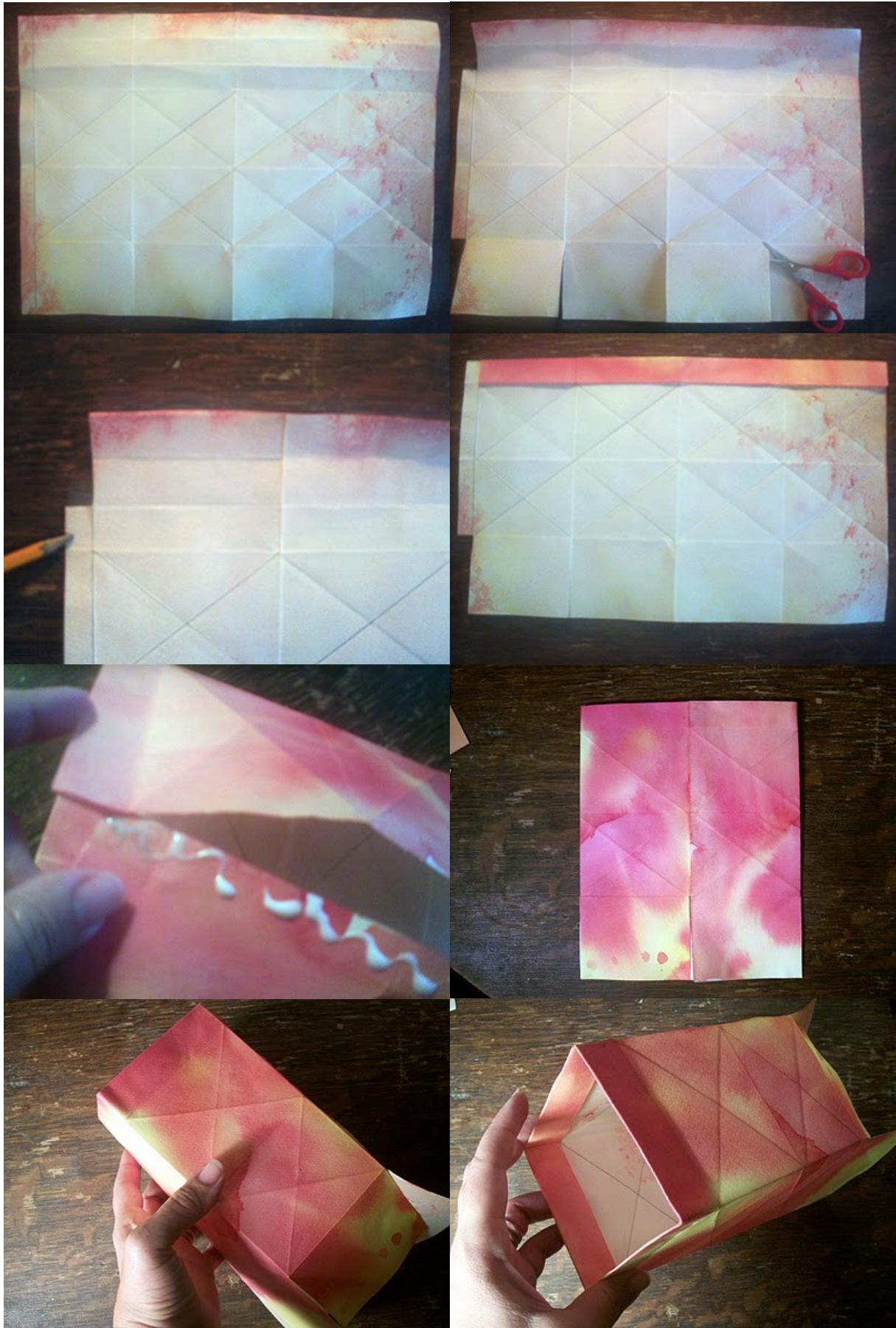


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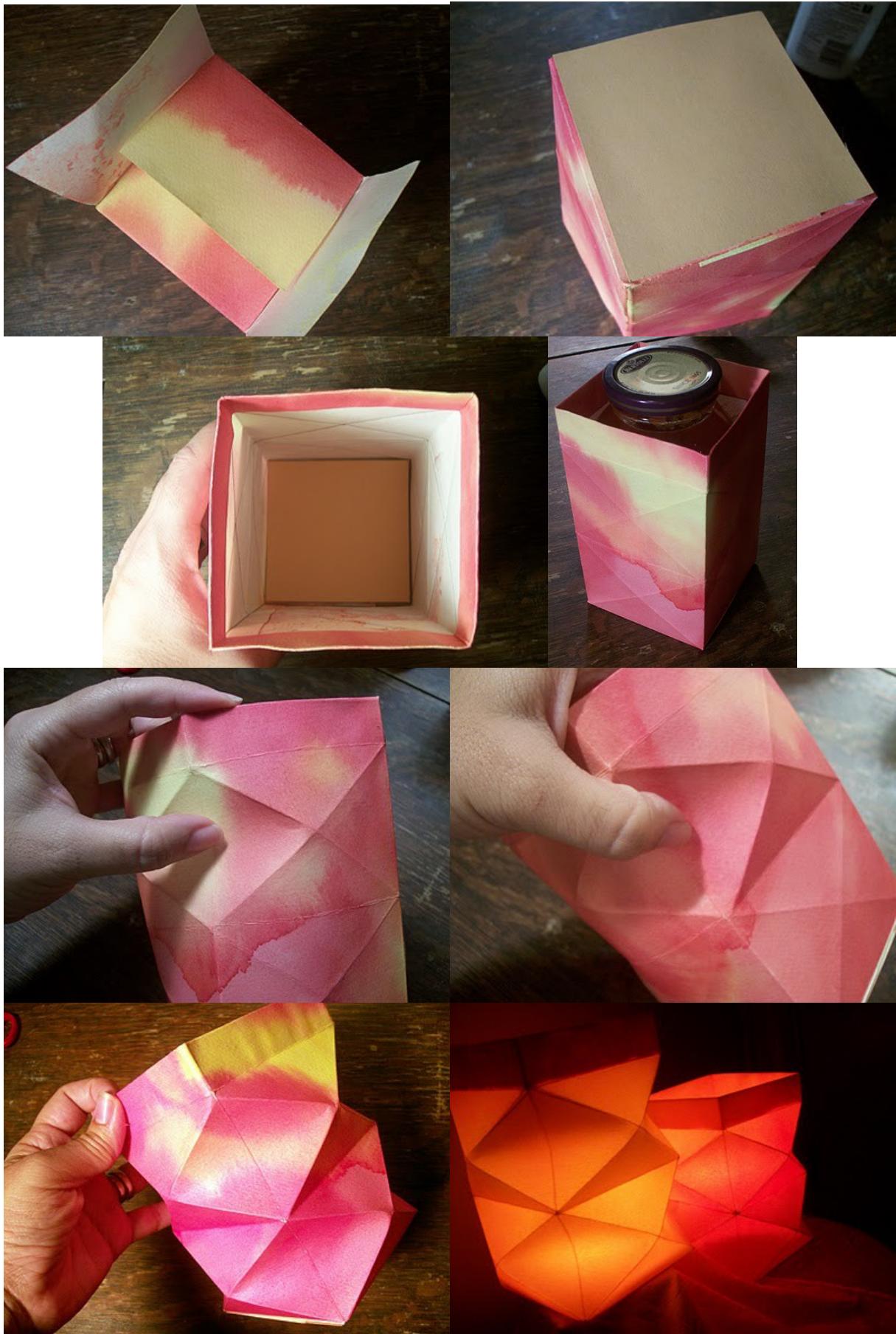




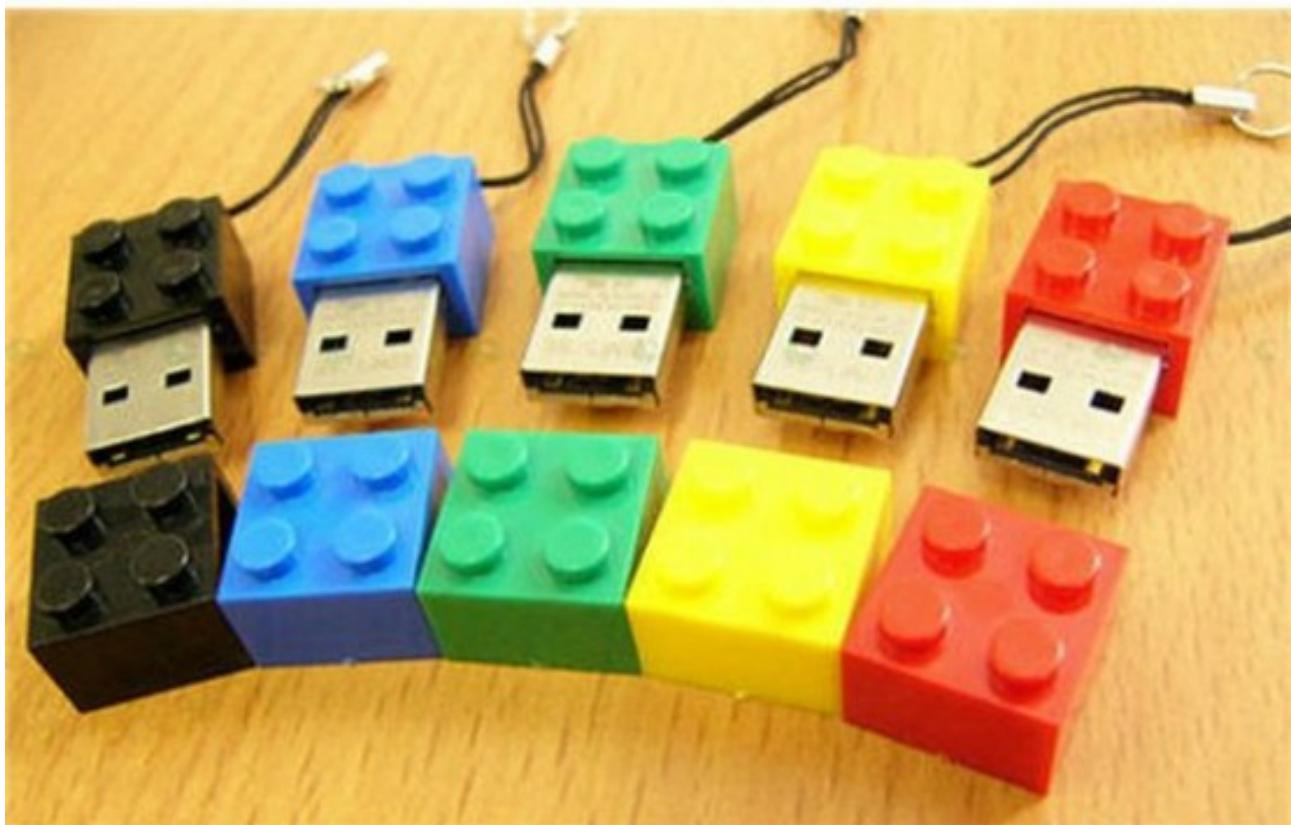
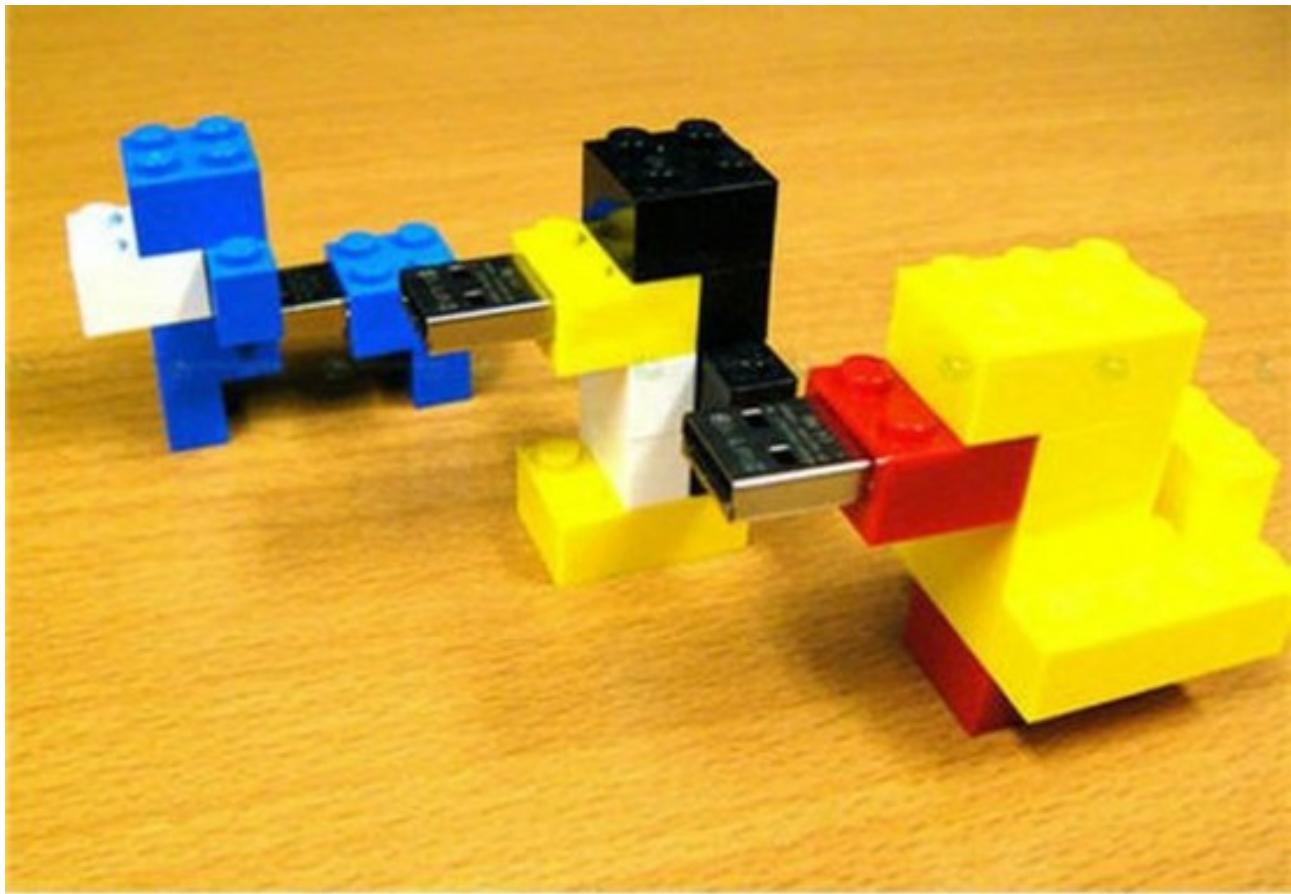
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Love life, engage in it, give it all you've got. Love it with passion because life truly does give back, many times over, what you put into it

[Maya Angelou]

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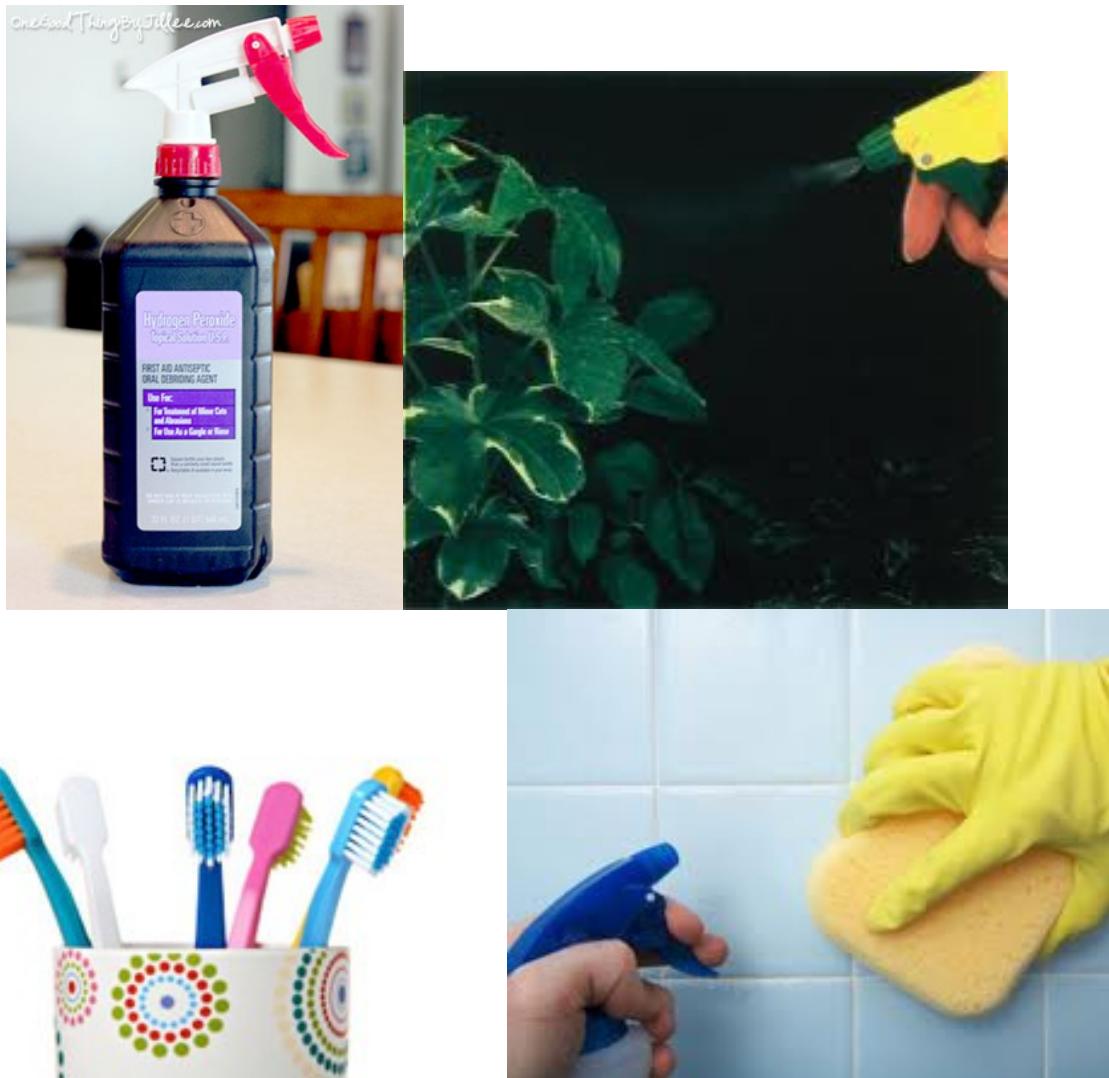


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Ever since I started using **Hydrogen Peroxide** to get rid of armpit stains, to clean cookie sheets, as a miracle cleaner in my kitchen and bathroom, and to make my own “oxi clean”...I **ALWAYS** have at least one bottle of the stuff under my kitchen sink, under my bathroom sink, AND in the laundry room. This stuff is **amazingly versatile!**

But it wasn't until recently, after doing some **IN DEPTH research** on the subject, that I came to realize what a **“miracle substance”** hydrogen peroxide really is! It's safe, it's readily available, it's cheap, and best of all, **it WORKS!** It works for a LOT of stuff!

Hydrogen peroxide should really be called **oxygen water**, since it is basically the same chemical make up as water but with an extra oxygen atom (H_2O_2). Because of this it breaks down quickly and harmlessly into oxygen and water.

Some other interesting facts about hydrogen peroxide:

It is found in all living material.

Your white blood cells naturally produce hydrogen peroxide (H_2O_2) to fight bacteria and infections.

Fruit and vegetables naturally produce hydrogen peroxide. This is one of the reasons why it is so healthy to eat fresh fruit and vegetables.

It is found in massive dosages in the mother's first milk, called colostrum, and is transferred to the baby to boost their immune system.

It is found in rain water because some of the H₂O in the atmosphere receives an additional oxygen atom from the ozone (O₃) and this H₂O₂ makes plants grow faster.

Next to [Apple Cider Vinegar](#), hydrogen peroxide ranks up there as **one of the best household remedies.**

Besides the obvious (cleansing wounds), did you know that it is probably the best remedy to dissolve ear wax? Brighten dingy floors? Add natural highlights to your hair? Improve your plants root systems? **The list goes on and on!**

There are **SO many uses** for this stuff that I've started replacing the cap on the hydrogen peroxide bottle with a sprayer because it's easier and faster to use that way.

I have compiled a rather impressive list of uses for 3% **hydrogen peroxide** that I hope will have you as **thrilled and bewildered** as I was!

In no particular order.....I present.....

Jillee's Big List of Uses For H₂O₂:

- Wash vegetables and fruits with hydrogen peroxide to remove dirt and pesticides. Add 1/4 cup of H₂O₂ to a sink of cold water. After washing, rinse thoroughly with cool water.
- In the dishwasher, add 2 oz. to your regular detergent for a sanitizing boost. Also, beef up your regular dish soap by adding roughly 2 ounces of 3% H₂O₂ to the bottle.
- Use hydrogen peroxide as a mouthwash to freshen breath. It kills the bacteria that causes halitosis. Use a 50/50 mixture of hydrogen peroxide and water.
- Use baking soda and hydrogen peroxide to make a paste for brushing teeth. Helps with early stages of gingivitis as it kills bacteria. Mixed with **salt** and baking soda, hydrogen peroxide works as a **whitening** toothpaste.
- Soak your toothbrush in hydrogen peroxide between uses to keep it clean and prevent the transfer of germs. This is particularly helpful when you or someone in your family has a cold or the flu.
- Clean your cutting board and countertop. Let everything bubble for a few minutes, then scrub and rinse clean. (I've been using it for this a LOT lately!)
- Wipe out your refrigerator and dishwasher. Because it's non-toxic, it's great for cleaning places that store food and dishes.
- Clean your sponges. Soak them for 10 minutes in a 50/50 mixture of hydrogen peroxide and warm water in a shallow dish. Rinse the sponges thoroughly afterward.
- Remove baked-on crud from pots and pans. Combine hydrogen

peroxide with enough baking soda to make a paste, then rub onto the dirty pan and let it sit for a while. Come back later with a scrubby sponge and some warm water, and the baked-on stains will lift right off.

- Whiten bathtub grout. First dry the tub thoroughly, then spray it liberally with hydrogen peroxide. Let it sit — it may bubble slightly — for a little while, then come back and scrub the grout with an old toothbrush. You may have to repeat the process a few times.
- Clean the toilet bowl. Pour half a cup of hydrogen peroxide into the toilet bowl, let stand for 20 minutes, then scrub clean.
- **Remove stains from clothing**, curtains, and tablecloths. Hydrogen peroxide can be used as a pre-treater for stains — just soak the stain for a little while in 3% hydrogen peroxide before tossing into the laundry. You can also add a cup of peroxide to a regular load of whites to boost brightness. It's a **green alternative to bleach**, and works just as well.
- Brighten dingy floors. Combine half a cup of hydrogen peroxide with one gallon of hot water, then go to town on your flooring. Because it's so mild, it's safe for any floor type, and there's no need to rinse.
- Clean kids' toys and play areas. Hydrogen peroxide is a safe cleaner to use around kids, or anyone with respiratory problems, because it's not a lung irritant. Spray toys, toy boxes, doorknobs, and anything else your kids touch on a regular basis.
- Help out your plants. To ward off fungus, add a little hydrogen peroxide to your spray bottle the next time you're spraying plants.
- Add natural highlights to your hair. Dilute the hydrogen peroxide so the solution is 50% peroxide and 50% water. Spray the solution on wet hair to create subtle, natural highlights.
- According to alternative therapy practitioners, adding half a bottle of hydrogen peroxide to a warm bath can help **detoxify the body**. Some are skeptical of this claim, but a bath is always a nice way to relax and the addition of hydrogen peroxide will leave you — and the tub — **squeaky clean!**
- Spray a solution of 1/2 cup water and 1 tablespoon of hydrogen peroxide on leftover salad, drain, cover and refrigerate. This will prevent wilting and better preserve your salad.
- Sanitize your kids' lunch boxes/bags.
- Dab hydrogen peroxide on pimples or acne to help clear skin.
- Hydrogen peroxide helps to sprout seeds for new plantings. Use a 3% hydrogen peroxide solution once a day and spray the seed every time you re-moisten. You can also use a mixture of 1 part hydrogen peroxide to 32 parts water to improve your plants' root system.
- Remove yellowing from lace curtains or tablecloths. Fill a sink with cold water and a 2 cups of 3% hydrogen peroxide. Soak for at least an hour, rinse in cold water and air dry.
- Use it to remove ear wax. Use a solution of 3% with olive or almond oil. Add a couple drops of oil first then H₂O₂. After a few minutes, tilt head to remove solution and wax.

- Helps with foot fungus. Spray a 50/50 mixture of hydrogen peroxide and water on them (especially the toes) every night and let dry. Or try soaking your feet in a peroxide solution to help soften calluses and corns, and disinfect minor cuts.
- Spray down the shower with hydrogen peroxide to kill bacteria and viruses.
- Use 1 pint of 3% hydrogen peroxide to a gallon of water to clean humidifiers and steamers.
- Wash shower curtains with hydrogen peroxide to remove mildew and soap scum. Place curtains in machine with a bath towel and your regular detergent. Add 1 cup full strength 3% hydrogen peroxide to the rinse cycle.
- Use for towels that have become musty smelling. 1/2 cup Peroxide and 1/2 cup vinegar let stand for 15 minutes wash as normal. Gets rid of the smell.
- Use hydrogen peroxide to control fungi present in aquariums. Don't worry, it won't hurt your fish. Use sparingly for this purpose.
- De-skunking solution. Combine 1 quart 3% H₂O₂, 1/4 cup baking soda, 1 teaspoon Dawn dish detergent, 2 quarts warm water. (See Cynthia's comment below)
- I use hydrogen peroxide to remove blood from fabric...even micro suede furniture! Pour a small amount on the stain, let it bubble for a while, then blot gently. Repeat until the stain is gone.
- I mix 1/2 peroxide and 1/2 white vinegar and use it on dog urine accidents on my carpet.
- I keep a bottle with spray top as you do, plus a spray bottle of white vinegar. There was a study done years ago at Virginia Tech about the use of Peroxide & Vinegar to kill germs, etc. If you Google it you will find tons of sites with the information. Basically, they work better in conjunction. You don't mix them together in one bottle, rather you have each in a separate bottle. Then you spray them one at a time on the surface you want to clean, and wipe dry. I have also used the one-two method to clean fruits & veggies, being sure to rinse well!
- I use it to help get rid of strep throat. We gargle with it several times a day and it usually does the trick. No antibiotics! WooHoo!!
- I use peroxide/listerine in a 50/50 mix and use as a mouth rinse and gargle twice a day before I brush my teeth. Great for killing the bacteria that causes strep throat. No more antibiotics for strep throat for me!!
- H₂O₂ is the primary ingredient in the best de-skunking recipe on the planet!!
 - 1 quart 3% Hydrogen Peroxide
 - 1/4 cup Baking Soda

- 1 teaspoon liquid soap (Dawn is often recommended, but any dish soap will work)
- Rubber or latex gloves
- Cotton balls for your pet's ears to prevent solution and/or water from entering ear canal during bathing

Mix in an open container (bucket or bowl); it will be fizzy, one clue that you shouldn't try to mix it or store it in a bottle or other closed container.) Thoroughly wet your dog (or cat?) with warm water and then the solution while it is still bubbling. Knead it well into the animal's coat, to chemically alter every bit of the thiols on the fur. Be careful to keep the formula out of the animal's eyes, nose, ears and mouth; you can use a sponge to carefully wipe it onto its face. Let the solution stand for 10 minutes before rinsing. Follow the bath with a thorough rinse. Be sure to protect the eyes when rinsing the head. Chances are you will not get all of the smell off of the face and will have to live with that as it wears off. After bathing, check your animal's eyes. If they are red and watering, your pet may have taken a direct hit in the face. Skunk spray won't blind your pet, but it's very painful. If necessary, contact your veterinarian.

- I also use it to spot clean my carpet and furniture! There is actually a spot currently soaking in it now!
- For pee accident

- 8 ounces/237 ml hydrogen peroxide (this can be found in a brown bottle in the first aid aisle of most pharmacies or stores)
- 3 tablespoons/14.29 grams of baking soda
- 1 drop of liquid hand dish washing soap

Mix all ingredients into the spray bottle and use within 20 minutes. Do not attempt to store the leftover solution, because it will leak out of the bottle. The mixture only works if you use it immediately, because the cleaning byproducts are active for only a short time period. You should see the stain lift and disappear within 5-10 minutes. Once the mattress dries, if a baking soda film remains, then simply wipe or vacuum it off. Reports I read also indicate this method works well for pet urine stains, but I have not tested it yet in this capacity

- When I was a kid, I got earaches a lot, and my doctor told my mom to flush my ear once in awhile with a combination of peroxide and warm water. She would hold a bowl under my ear and squirt the solution in with a syringe, obviously with no needle. This kept earaches at bay for me and I never had to have tubes put in.
- Amazing way to get red wine stains out of carpet!

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Make your razor
last longer





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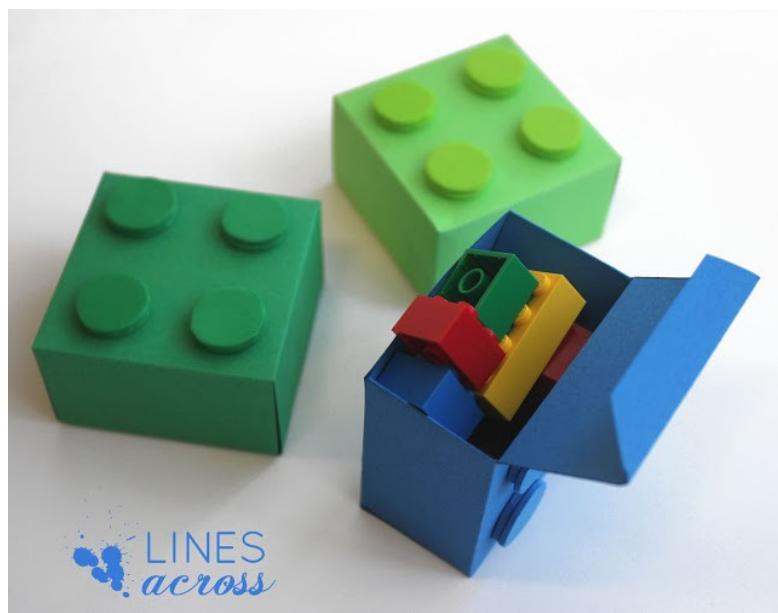
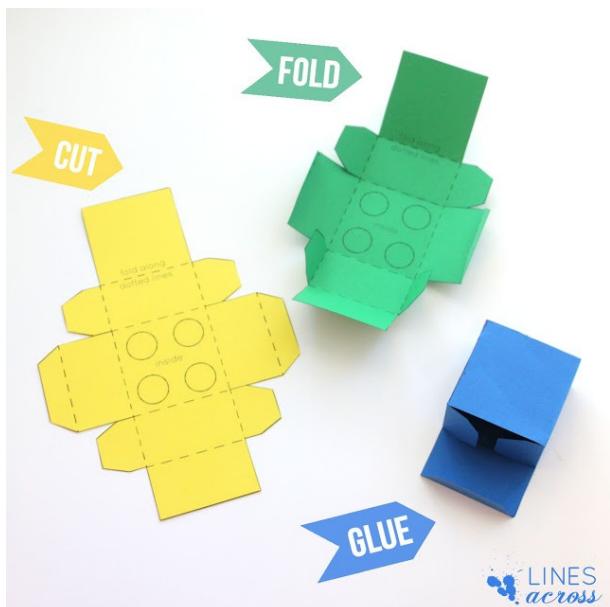
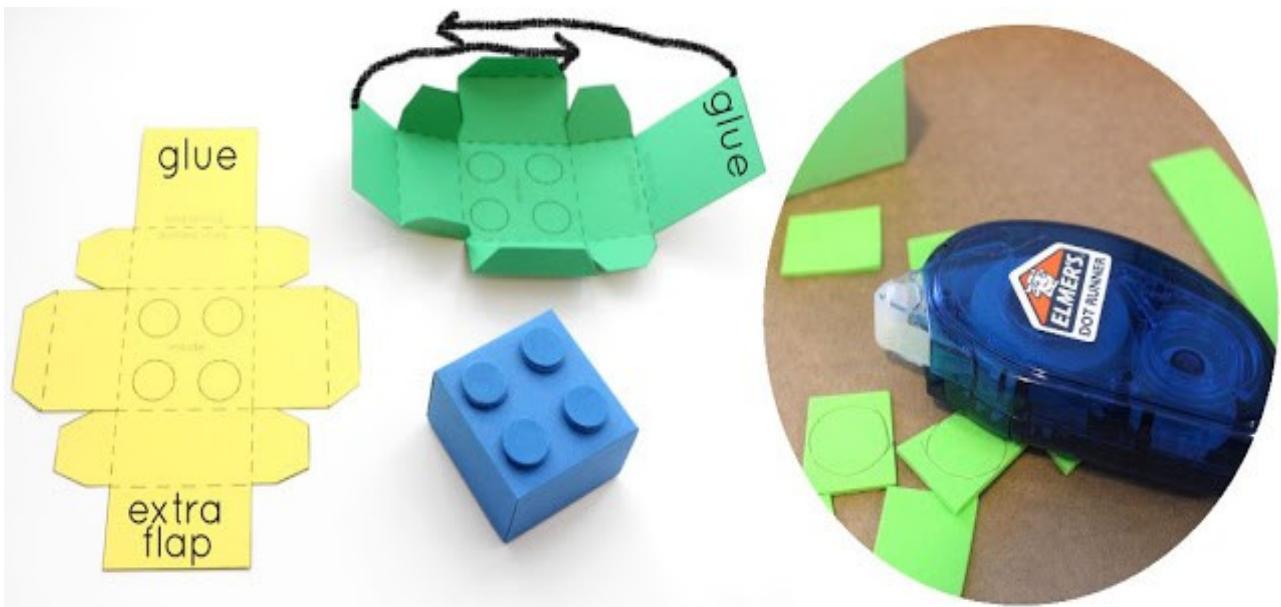


oklet

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LINES
across

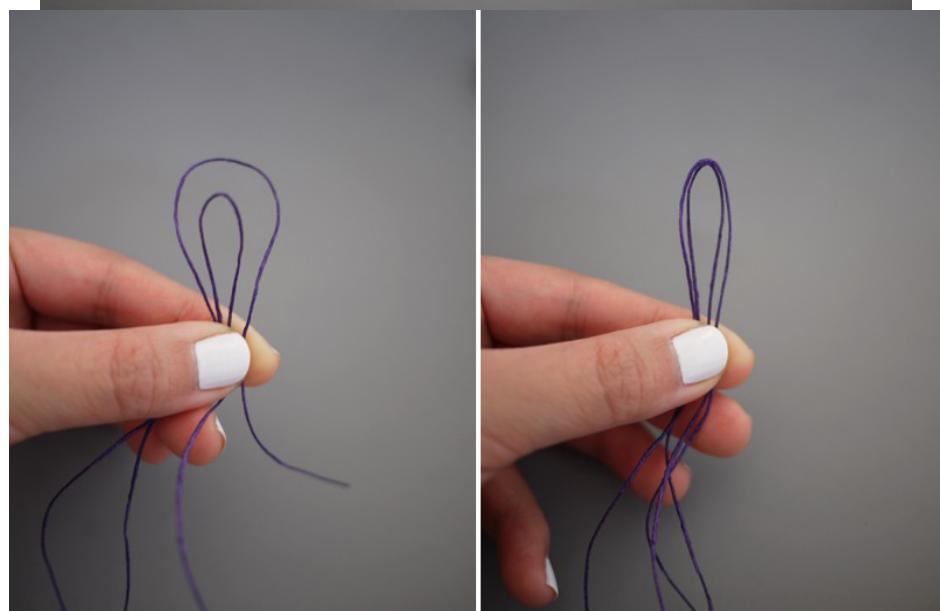
1361



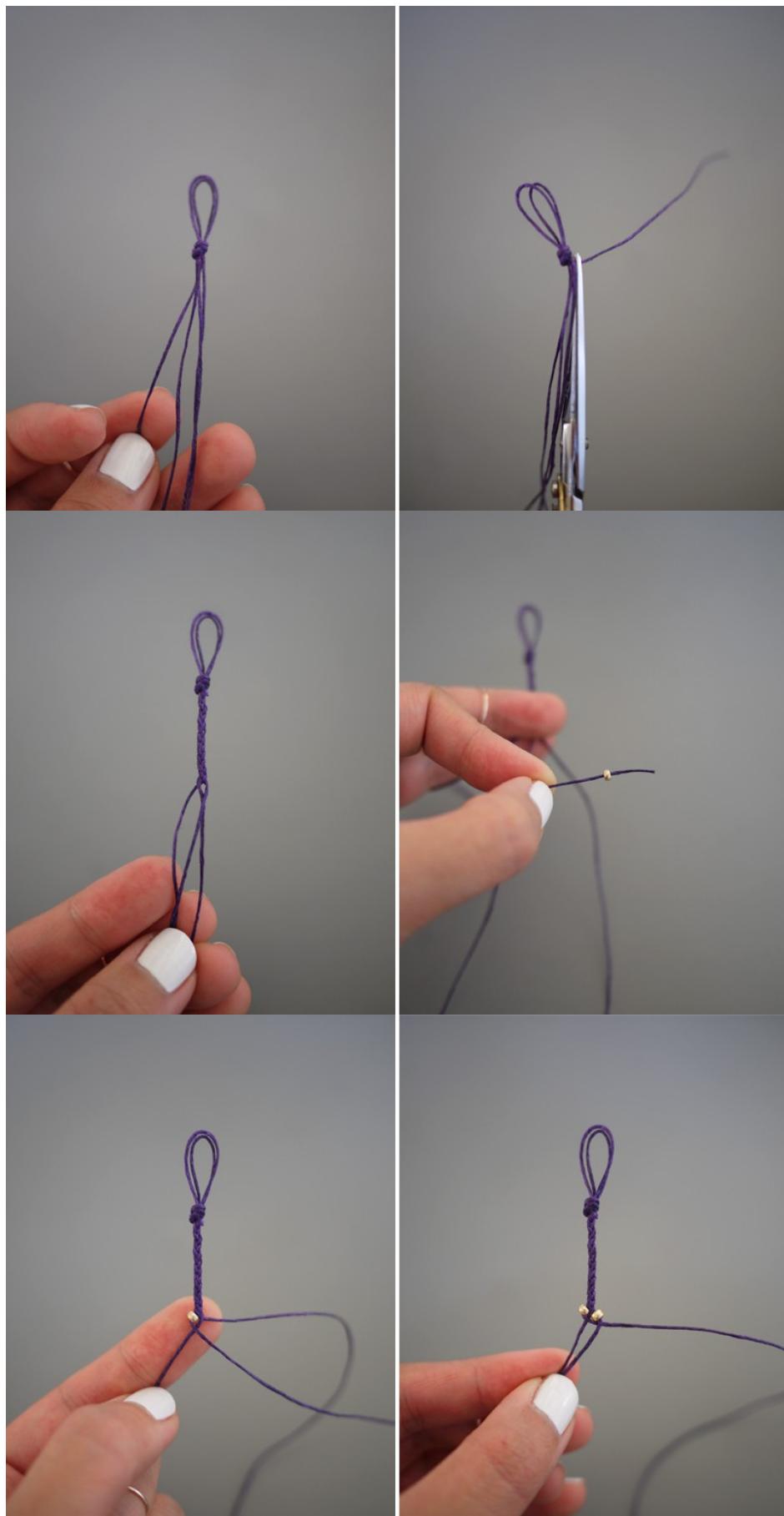
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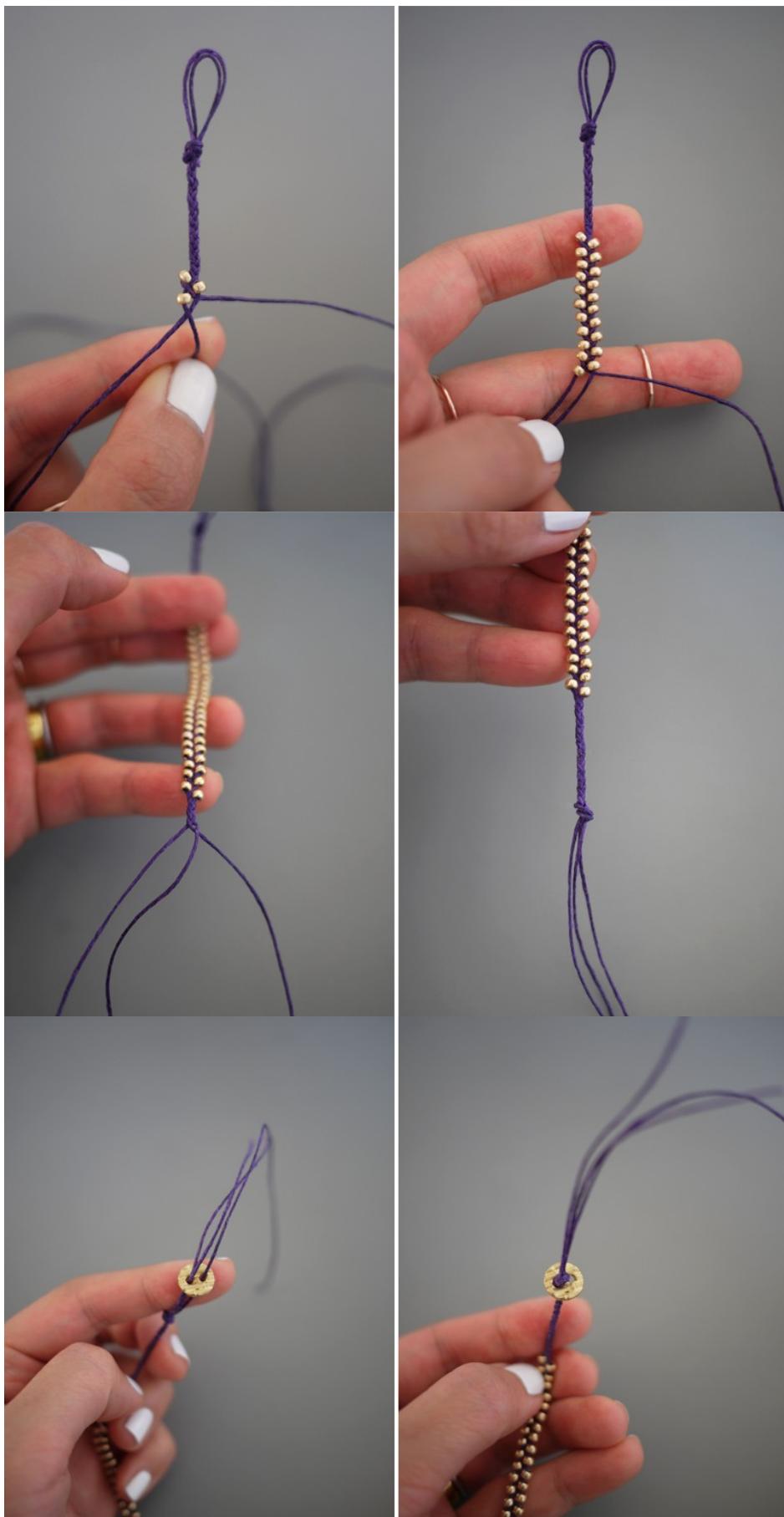
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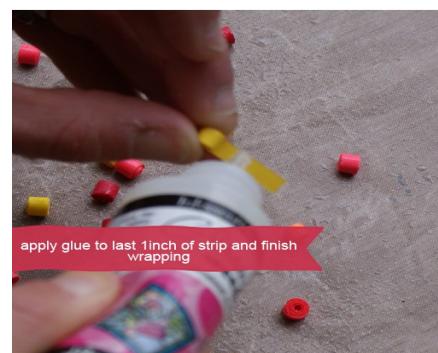
1368



Cut 1/8 inch wide, 8 inch long strips using cuttlebug daisy kit strips die or exacto, straight edge and cutting mat



wrap strip around toothpick or quilling tool



apply glue to last 1inch of strip and finish wrapping

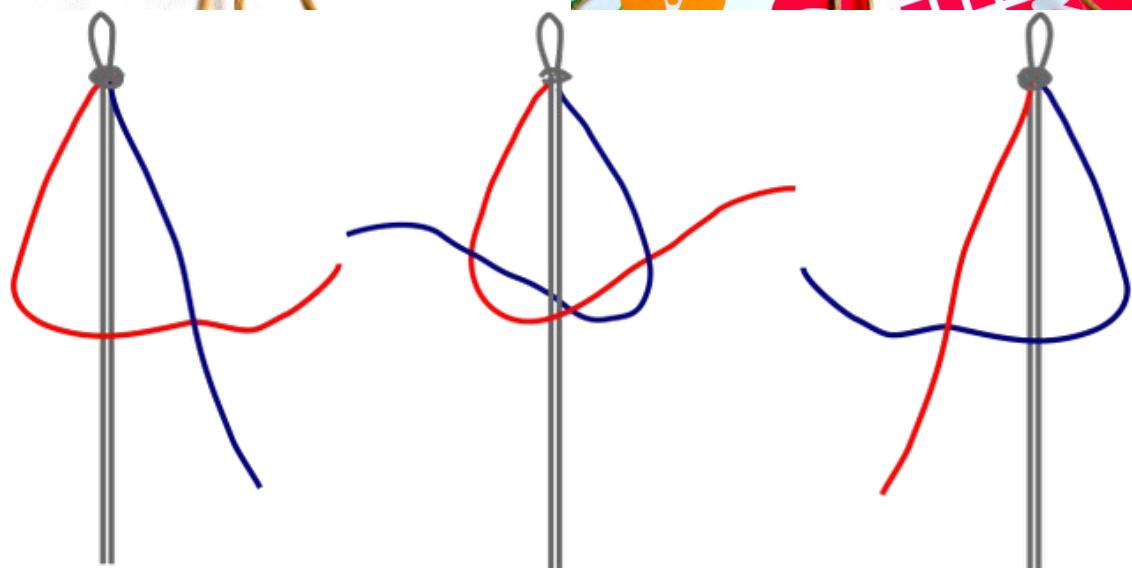
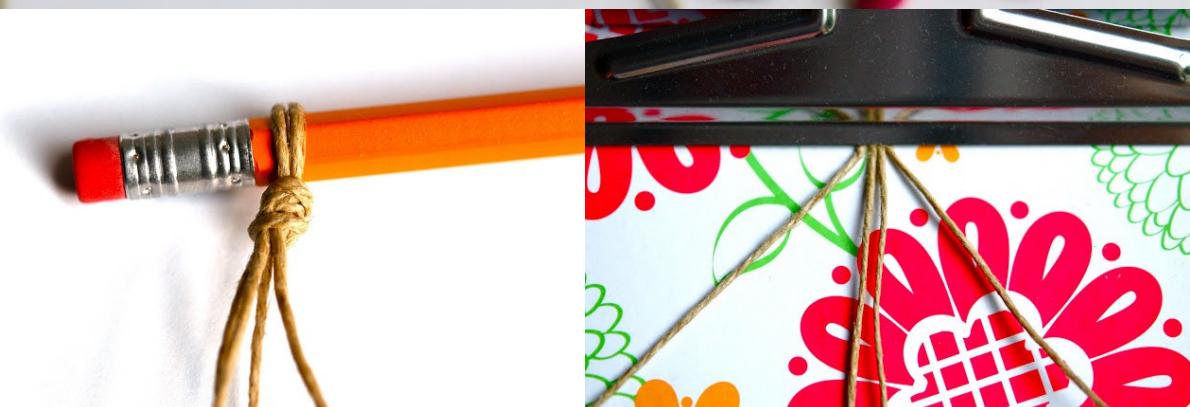


spray beads with Goosebumps, or other sealant per instructions

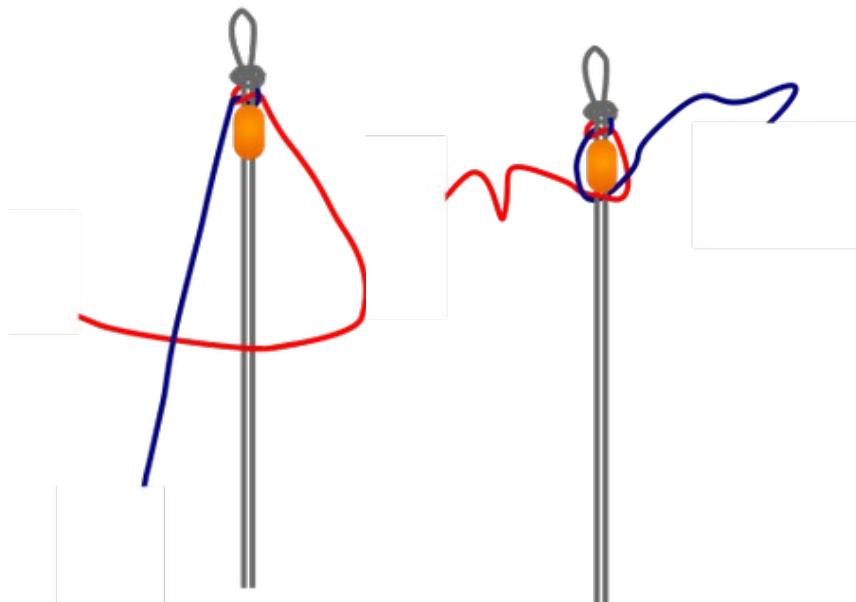
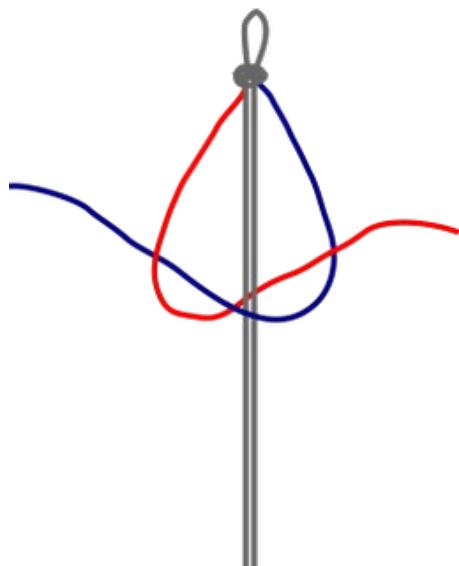
Let beads dry & they are ready to be used to create bold and bright pieces

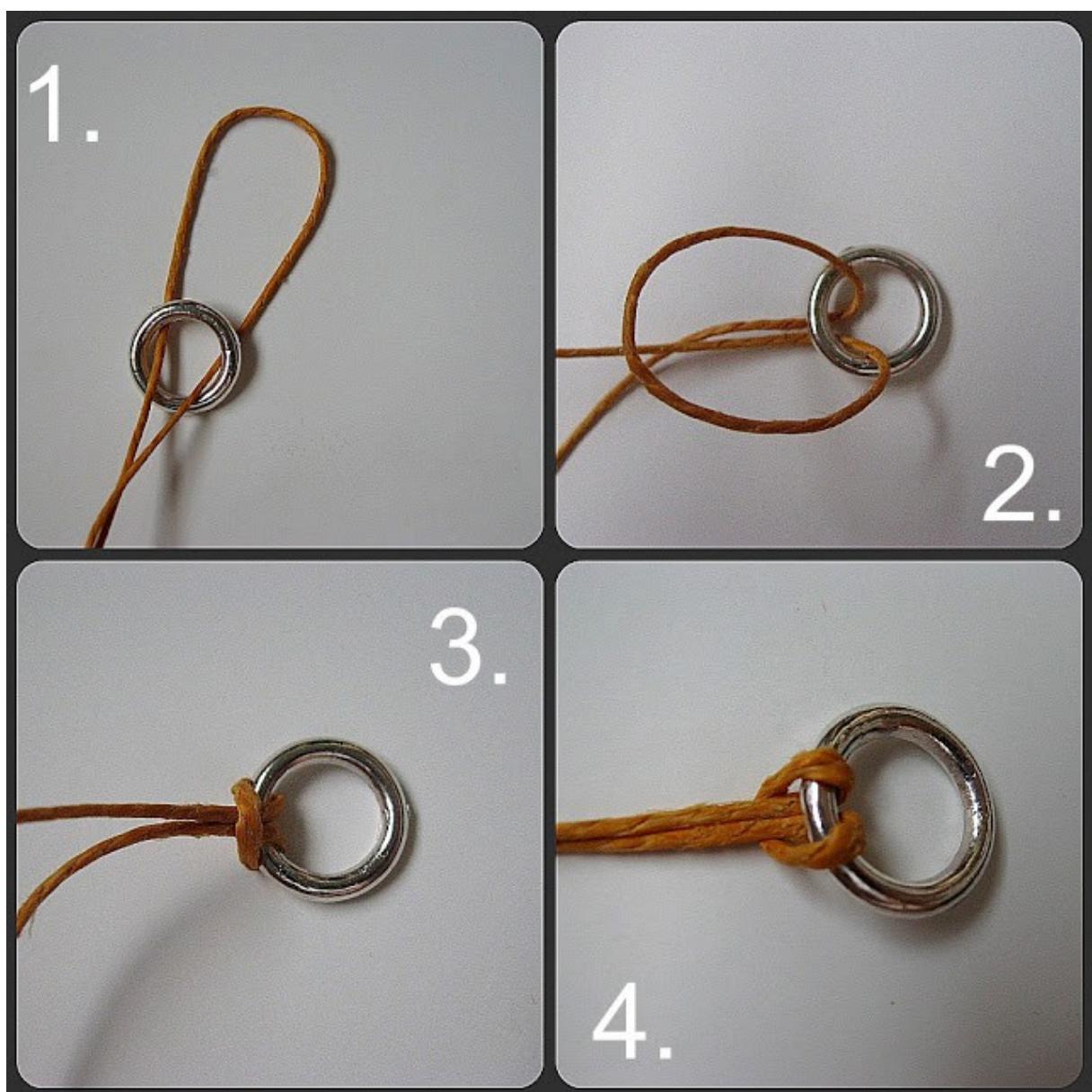


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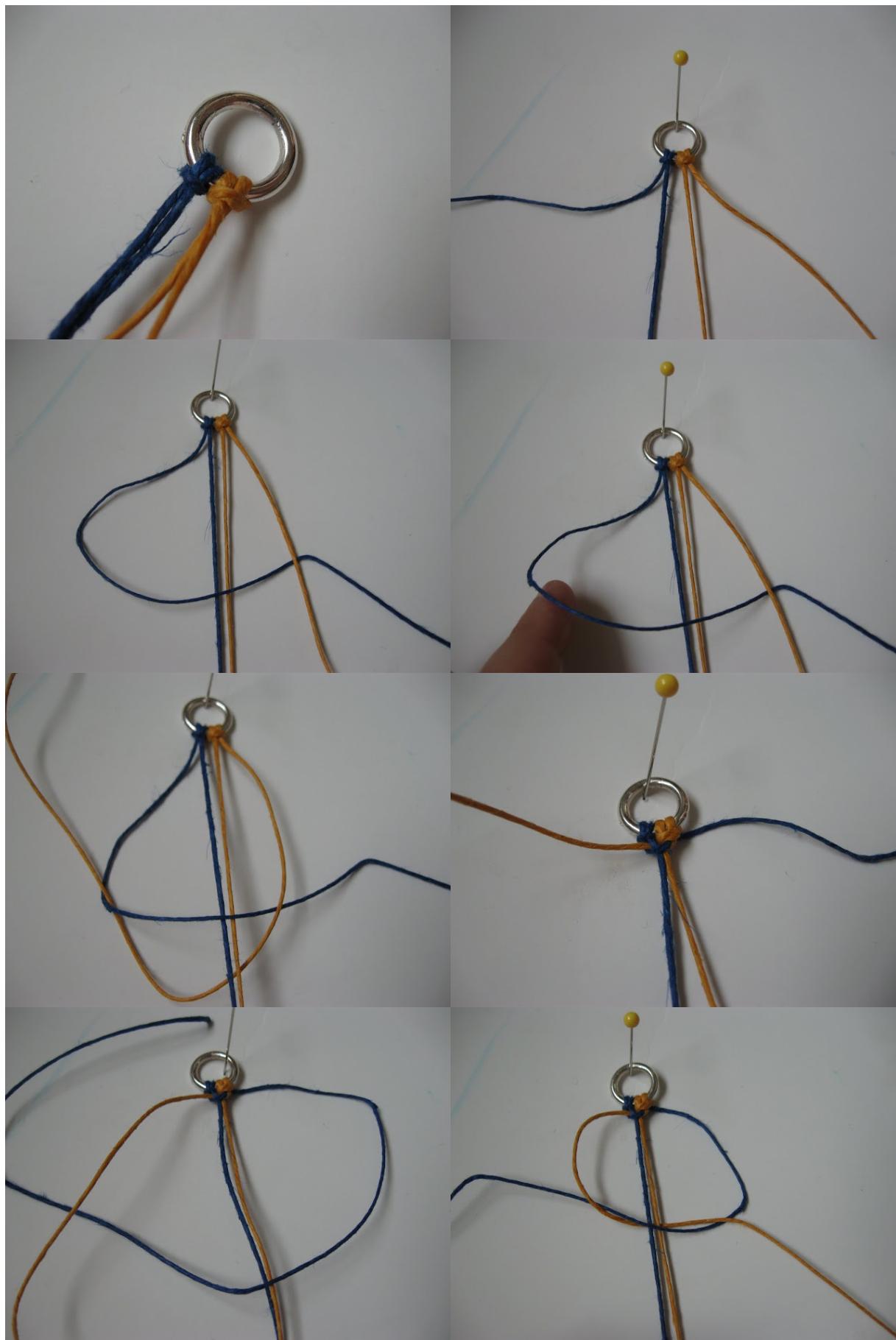


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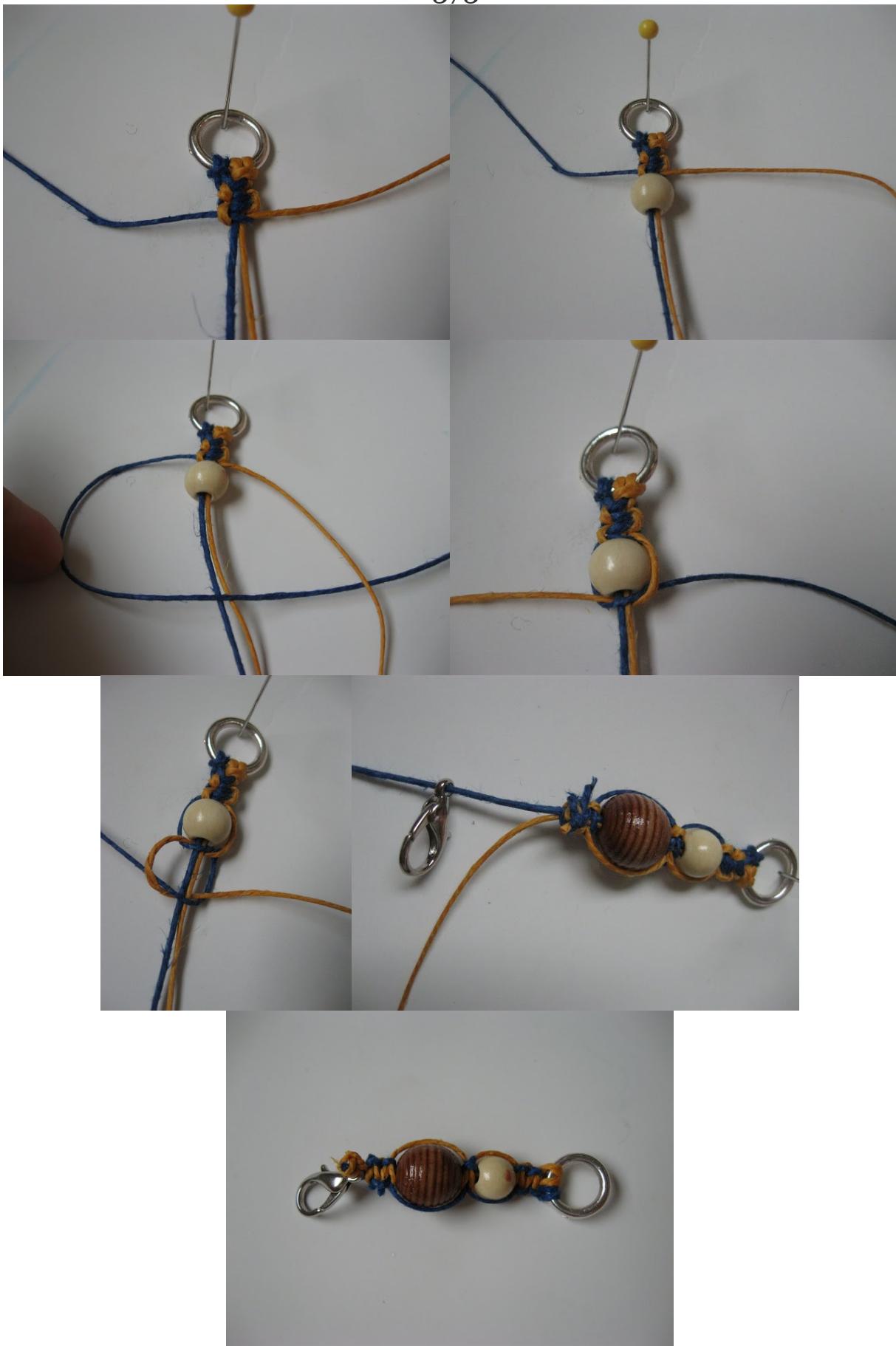




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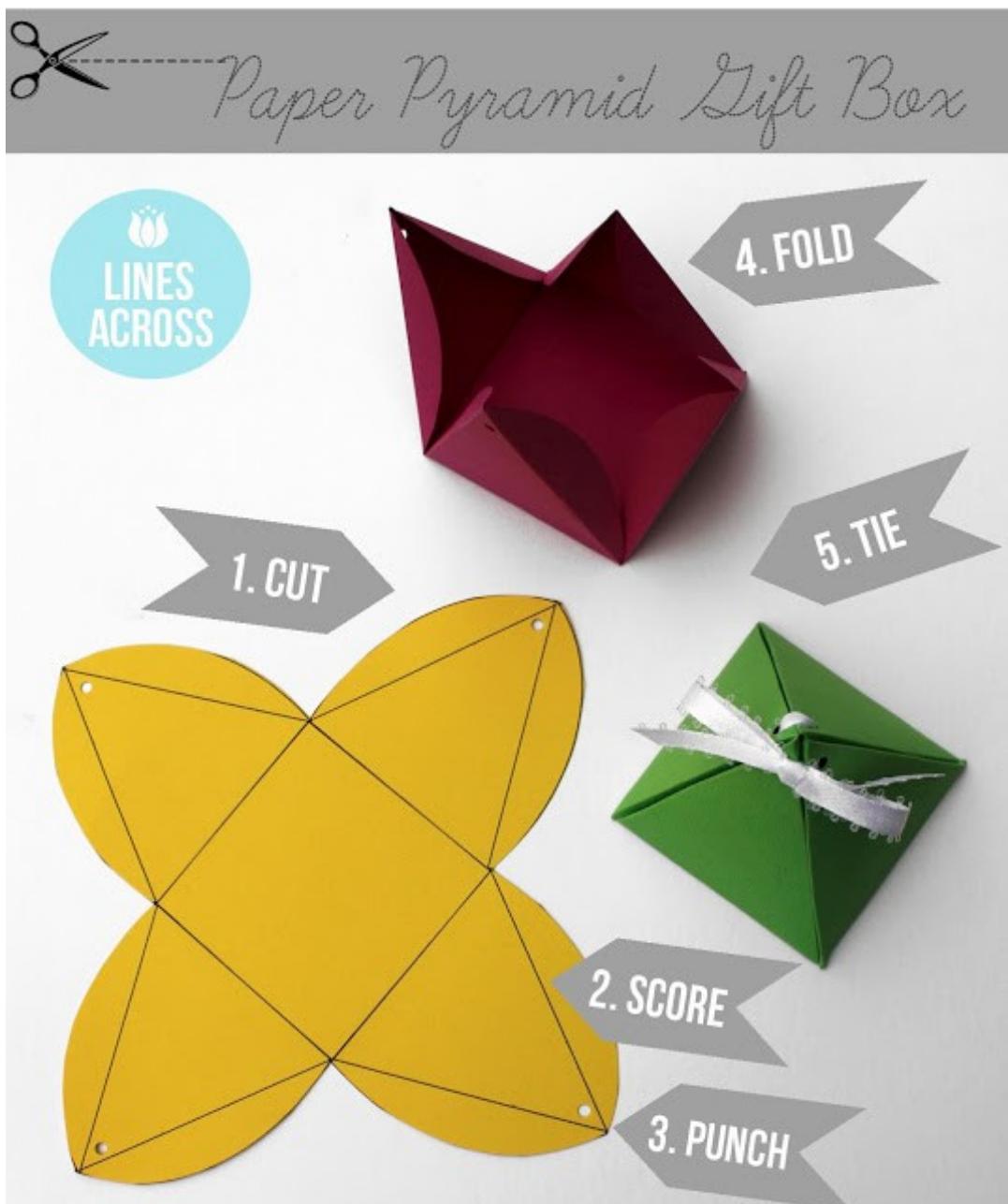
1374

BRAIDED BEAD BRACELETS



 lines across

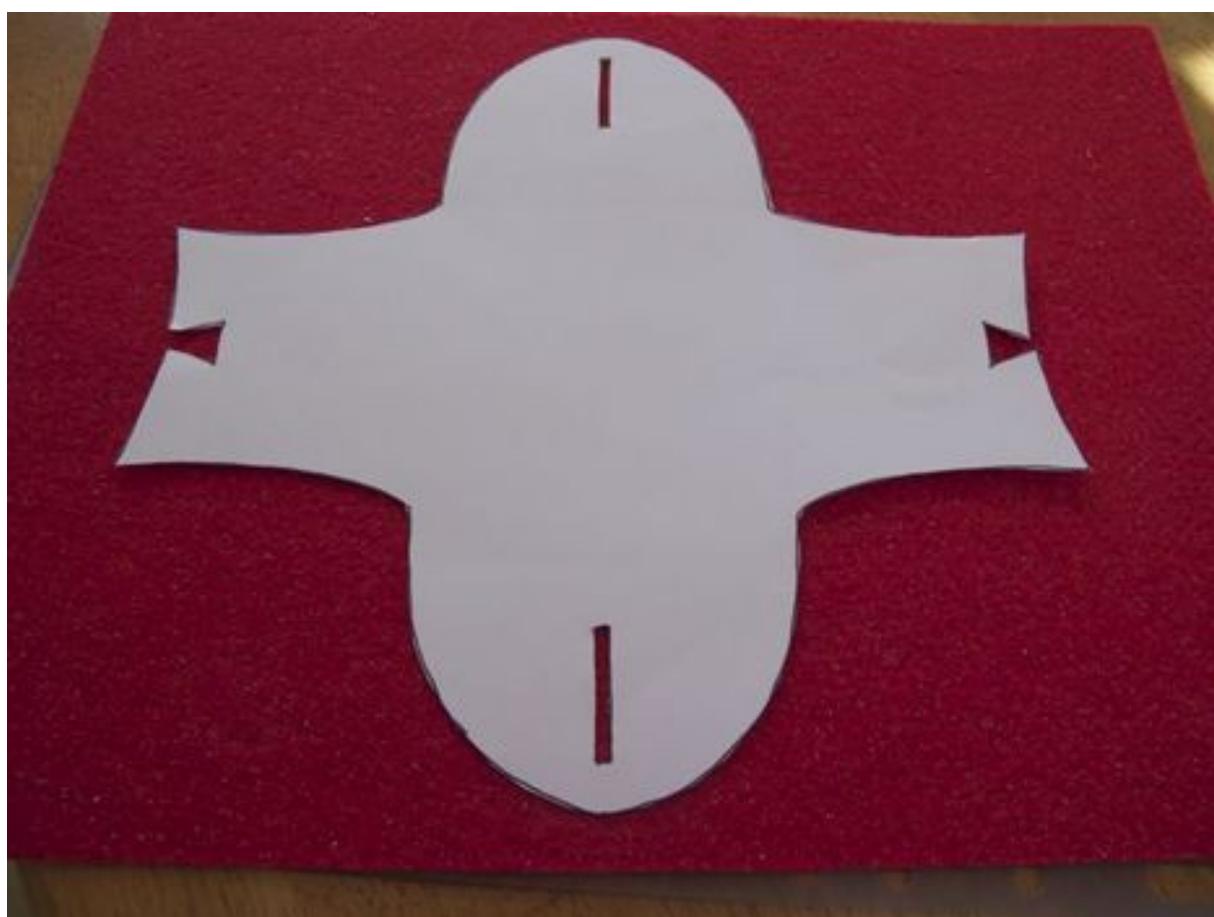




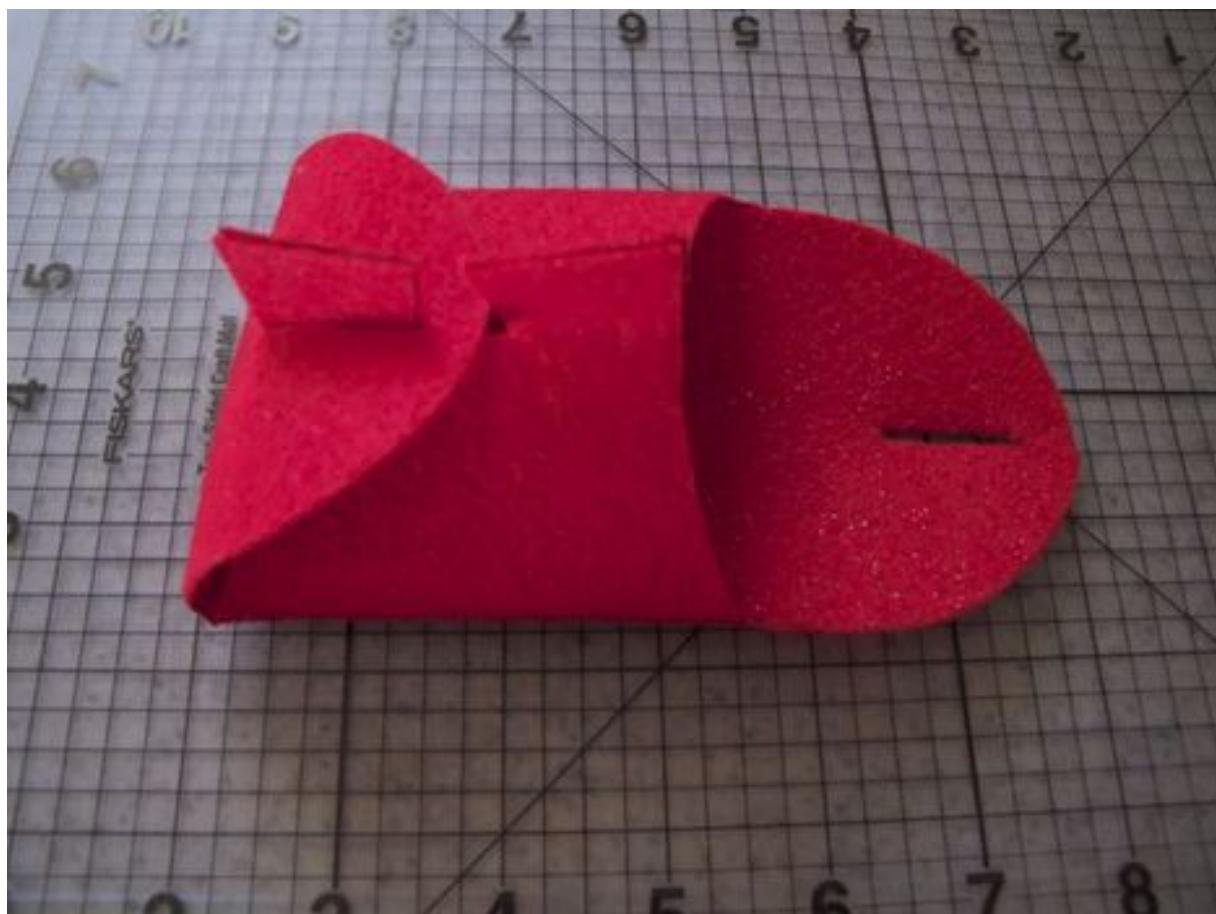
Make Your Own Paper Gift Box

LINES
ACROSS

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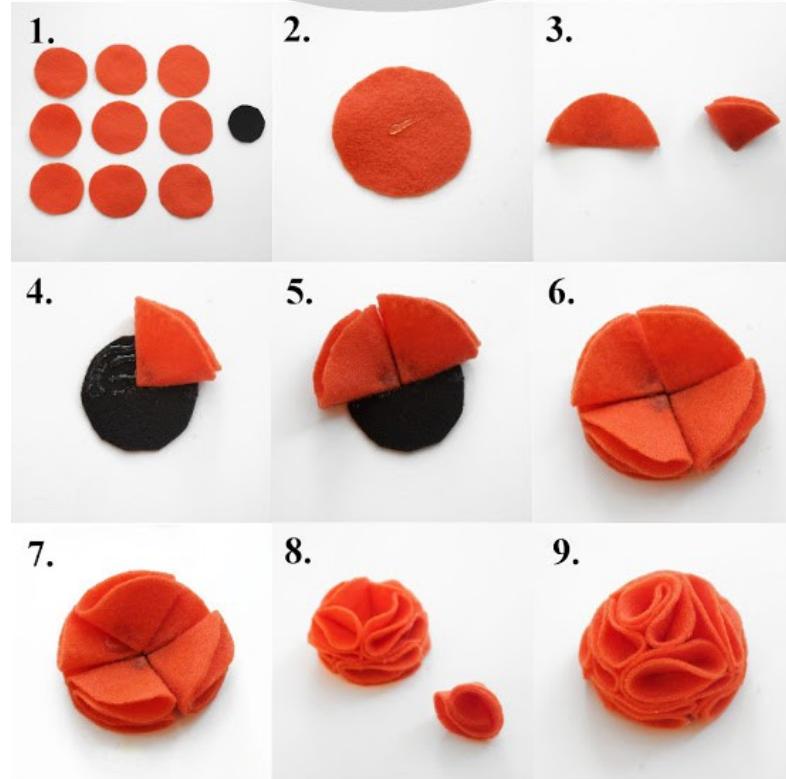
www.linesacross.com





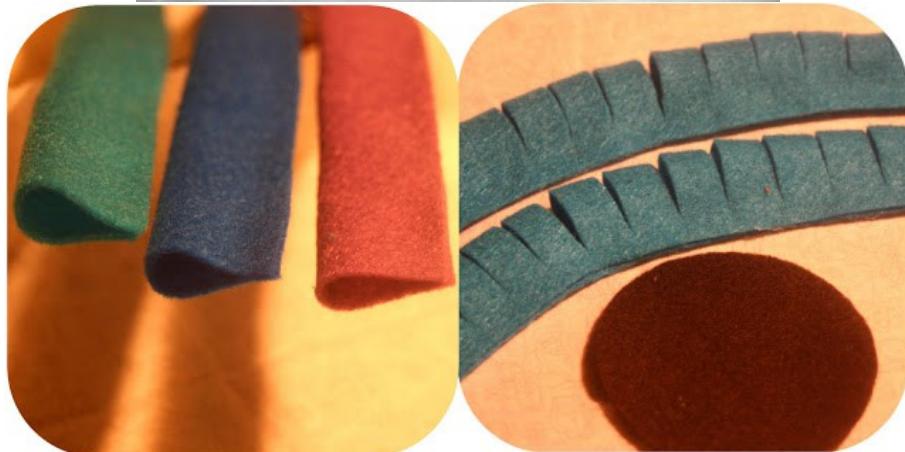
lines across

make your own
"LITTLE CLOUD" FLOWER
at www.linesacross.com





1381





Felt Spider Mums



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1384



← YARN WRAPPED CANDLE HOLDERS →

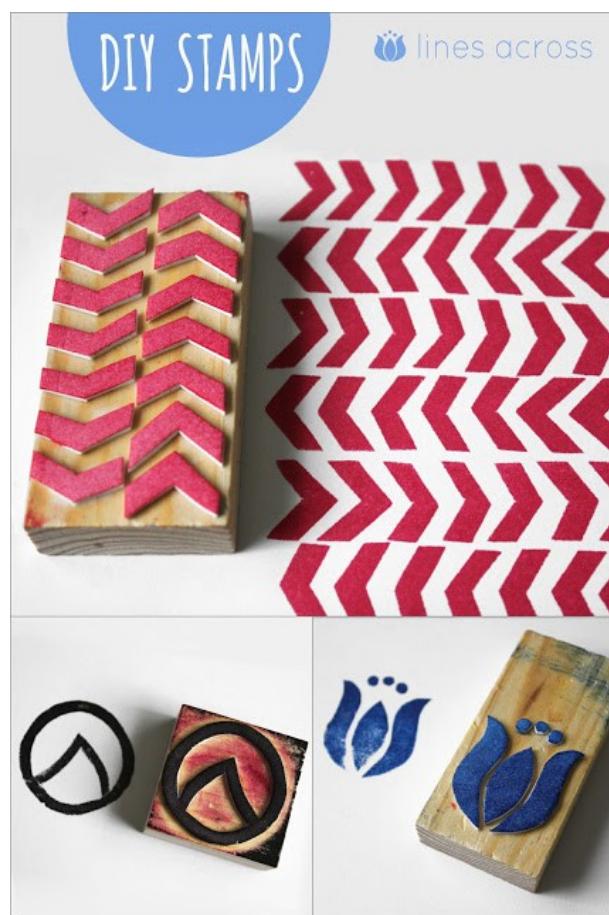


 lines across

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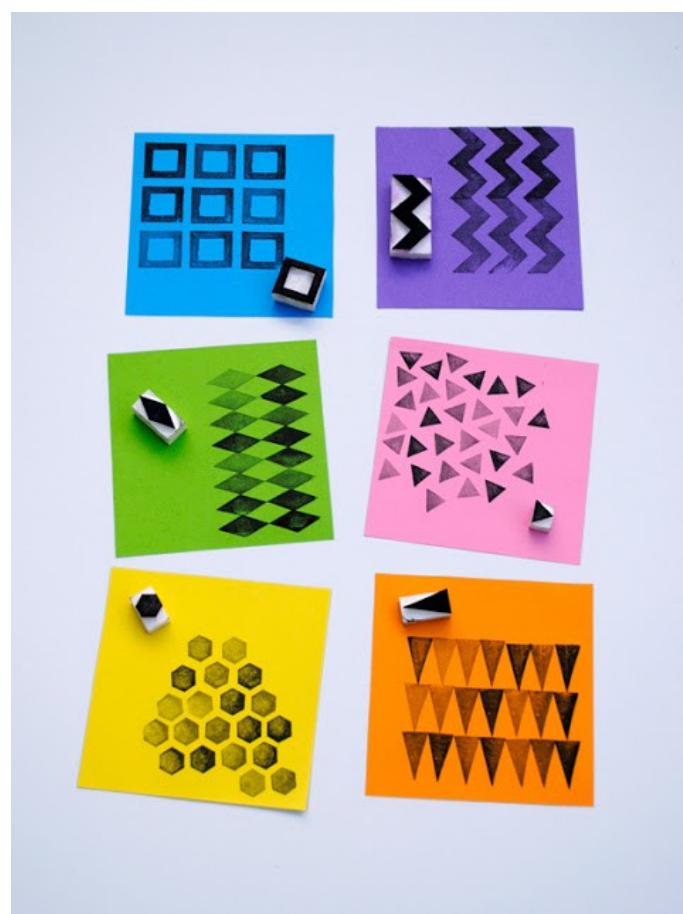
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ishtar olivera

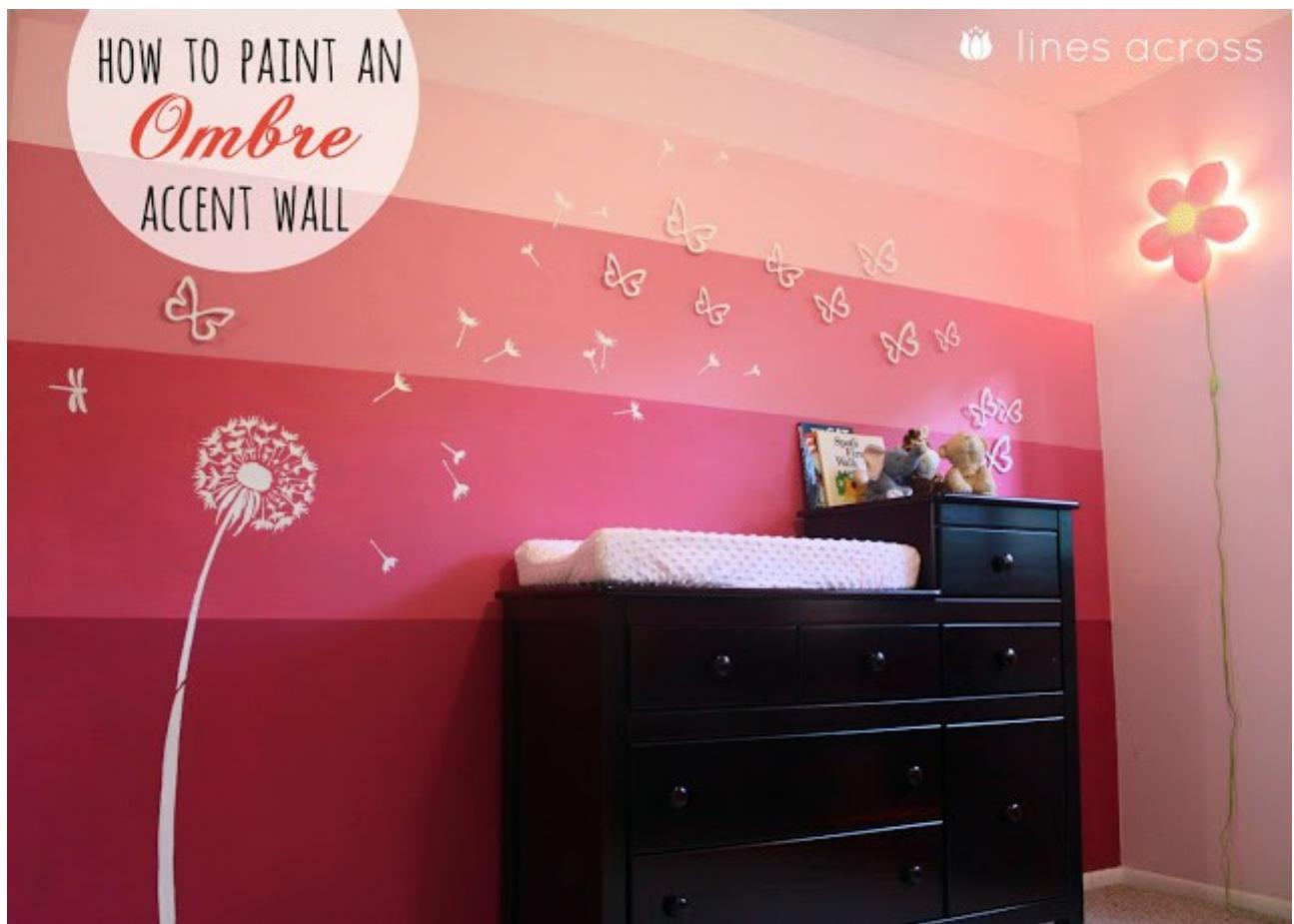


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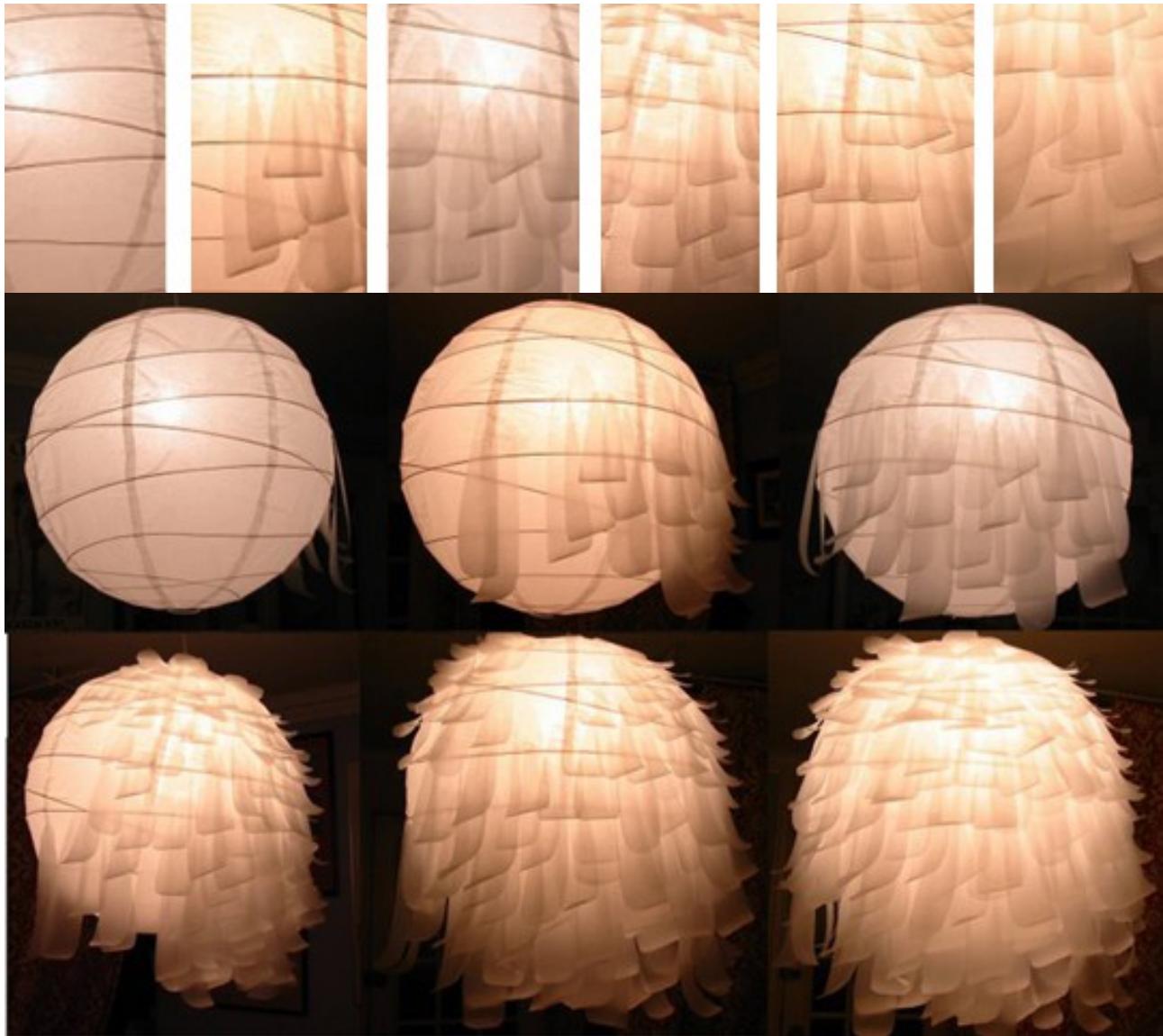
1391



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1393
con carta oleata



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fourtune-teller-spherical-pendant



1395



1396



boil orange peels with 0.5 teaspoon of cinnamon





1398



1399

