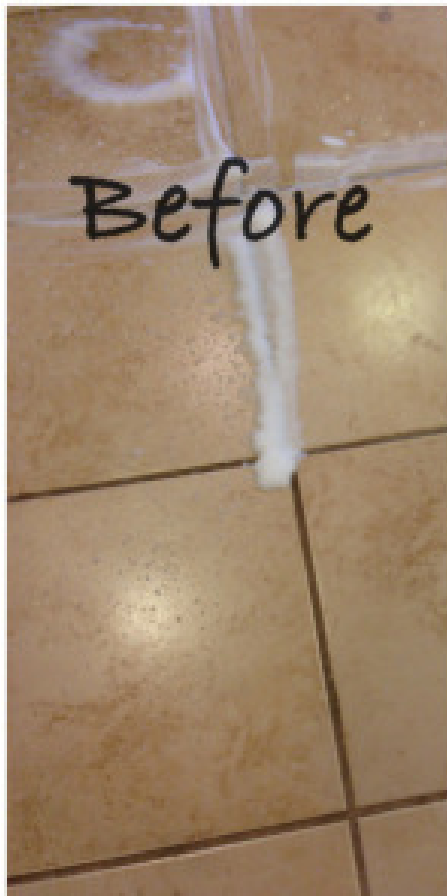


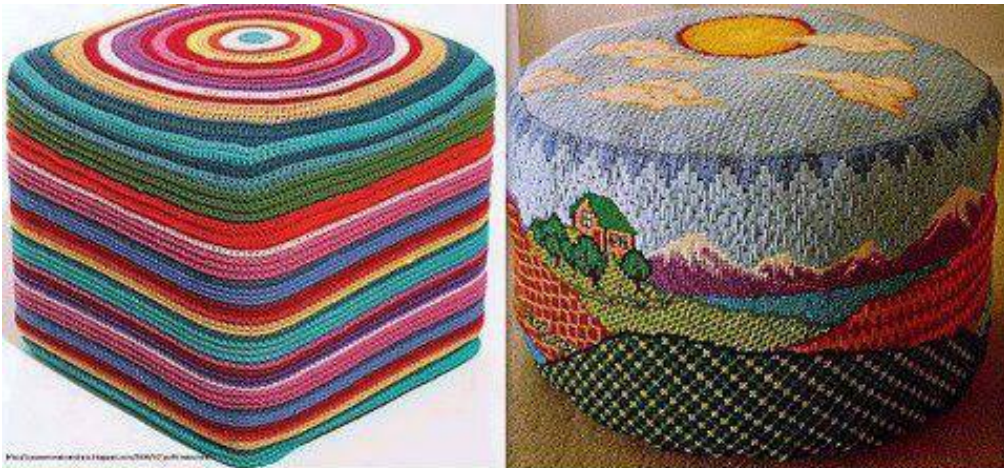
carpet cleaner would clean your grout

















# PAPER ROSE WREATH

*you will need:*

24 paper roses  
foam wreath  
ribbon  
backer paper  
hole punch stickers  
hole punch  
hot glue gun  
pencil & scissors



# PAPER ROSE BOUQUET

## *you will need:*

24 prints of paper rose templates  
 8 printed at 100% (large)  
 8 printed at 80% (medium)  
 8 printed at 70% (small)

scissors & hot glue gun  
 florist wire & florist tape  
 ribbons to wrap stem & tie bow



trim all 24 roses



curl edges of petals & fold leaves

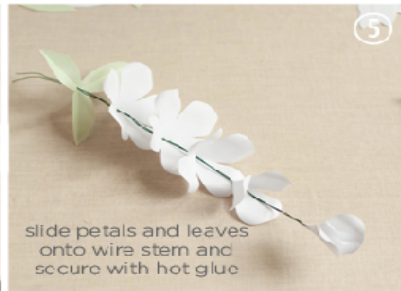


make a 12 inch stem by folding  
& trimming florist wire



glue 3  
single  
petals  
onto  
stem

glue petals  
4-7 using  
tabs on side



slide petals and leaves  
onto wire stem and  
secure with hot glue



using florist tape, wrap wire stem



finish all 24 roses



fold ends of  
wires up and  
wrap stems  
with florist tape

arrange  
the 24  
roses into  
a bouquet



wrap a  
soft  
ribbon  
over the  
taped  
handle  
(I used a  
pale green  
silk  
ribbon)



finish your bouquet  
with a coordinating ribbon





# MAKING A PAPER ROSE

*you will need:*

- 1) print of rose template on regular copy paper  
(download at [ellinee.com/blog](http://ellinee.com/blog))
- 2) scissors
- 3) hot glue gun
- 4) bamboo skewer or toothpick

ellinée.com



trim petals & leaves



curl 2 sides of petals with edge of scissors



fold 3 leaves in center



(each is numbered in order)



roll petal #1 around bamboo



skewer & glue end



add glue to point of petal #2, wrap & repeat with petal #3



add glue on flap & create cone with remaining petals



add glue to center of #4



place center petals into #4



repeat with petals #5, 6 & 7



add glue to center of leaves



& place rose into center









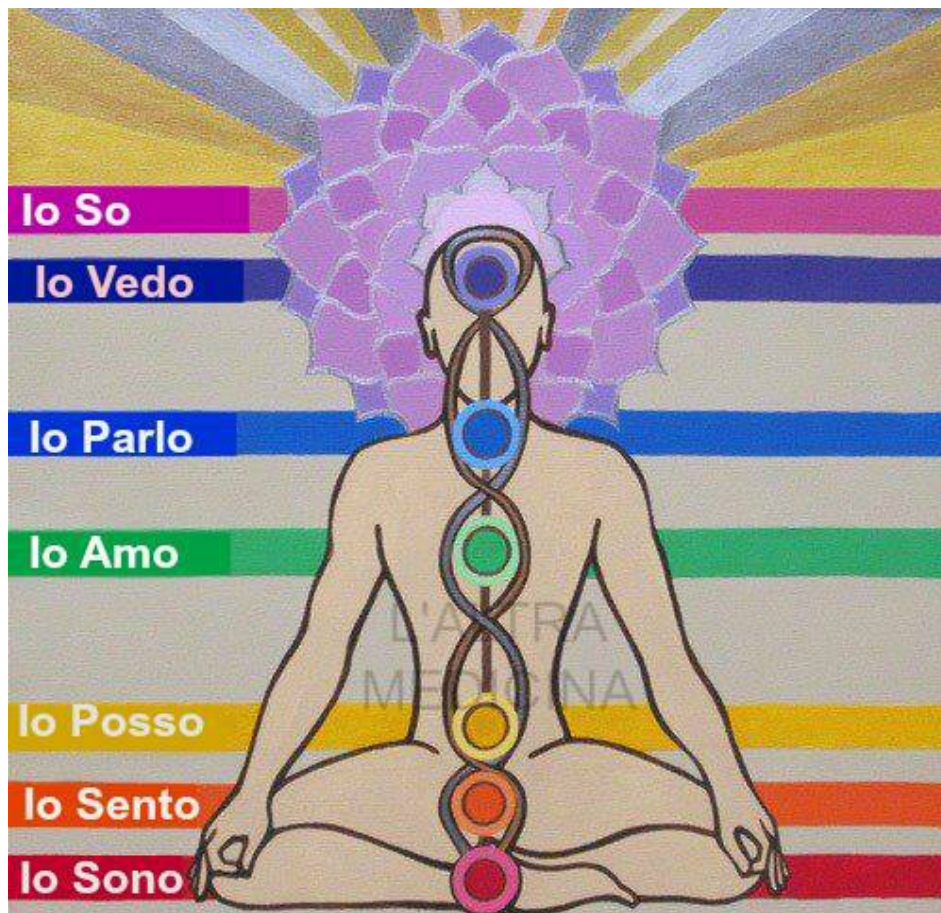
frozen-mango-kiwi-raspberry-pops



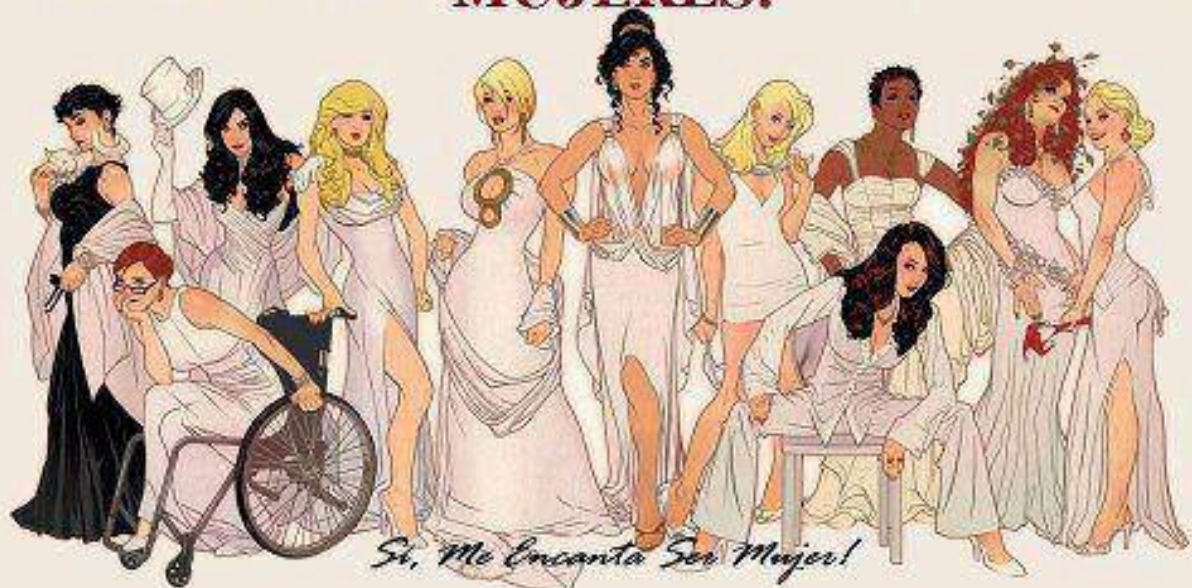




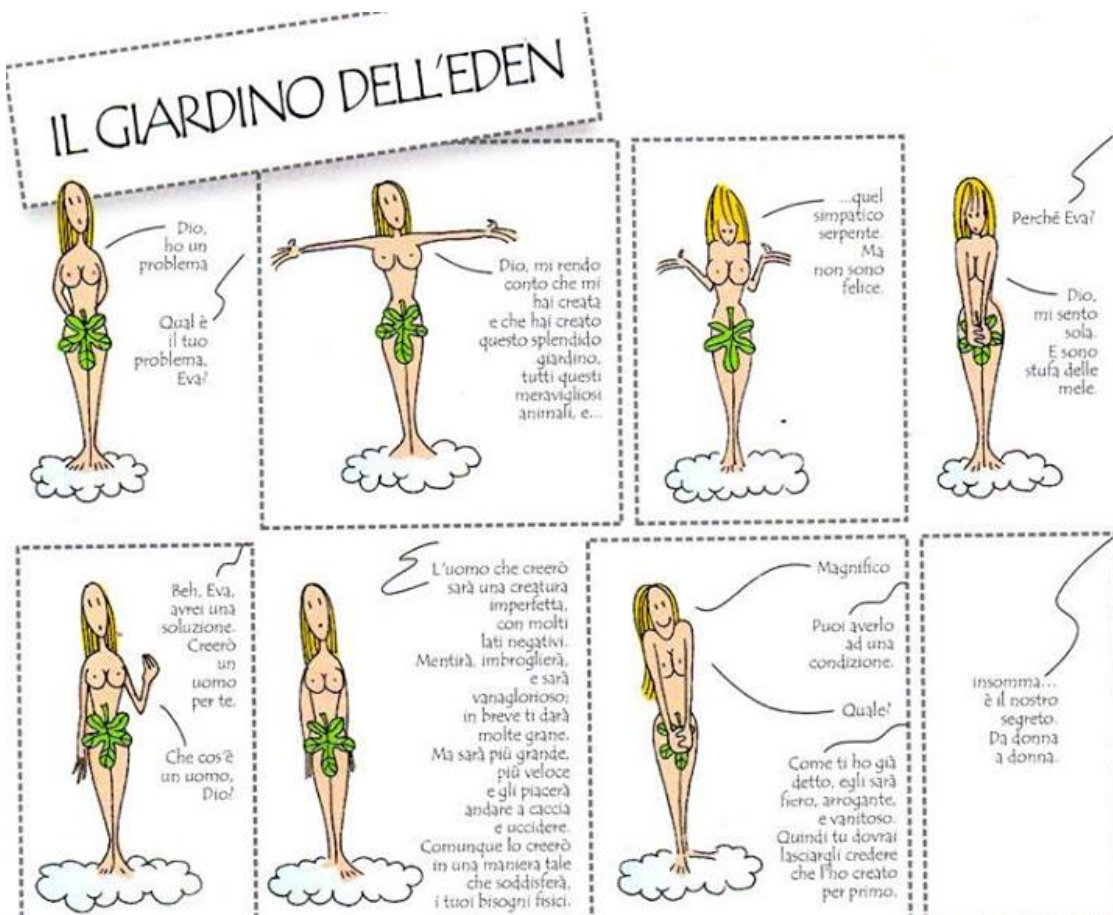
recipes - ricette - papa gratinata con quso parmigiano



**NO SOMOS MUJERES CREYENDONOS  
DIOSAS;  
SOMOS DIOSAS CREYENONOS  
MUJERES.**









**Alice Austin**

Philadelphia, Pennsylvania, USA

***Tides***

Twinrocker handmade  
paper, linoleum prints,  
hand-set type, paste  
paper  
6 x 4 x ½  
© 2007

The text is illustrated with linoleum prints, printed with silver ink on dark blue paste paper, and unfolds into one page. Contained within the book is an additional small book of text. Both books are held in a hand knit linen bag.

**Ellen Singer-Vine**

Berkeley, California, USA

***The Book of Leftovers***

fused produce bags,  
produce netting, egg  
cartons, grocery bag  
3 x 7 x 4 ½  
© 2013

Coptic-bound

















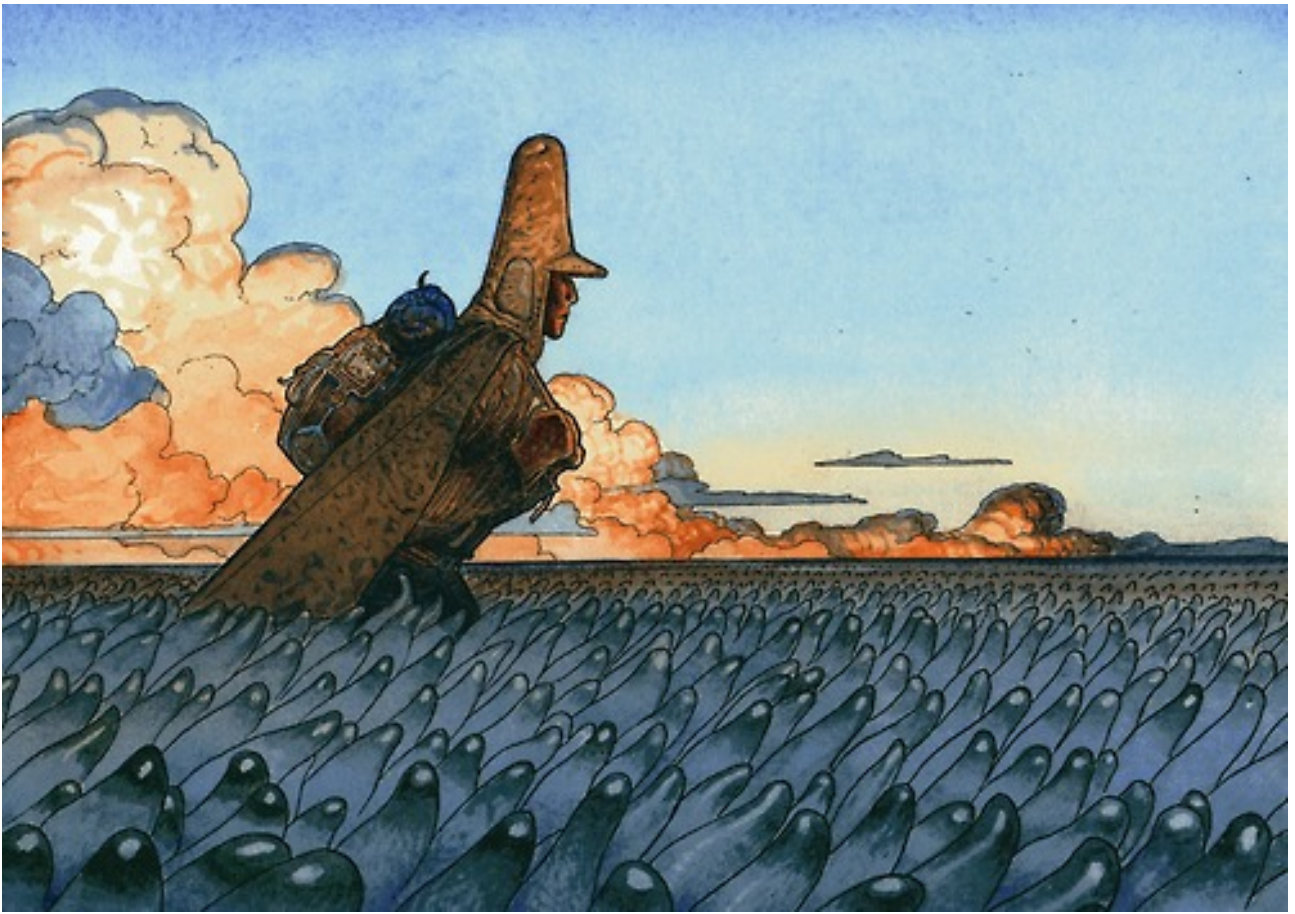














Put your iPhone or iPod into a bowl. It will amplify the speaker and make the party even louder.

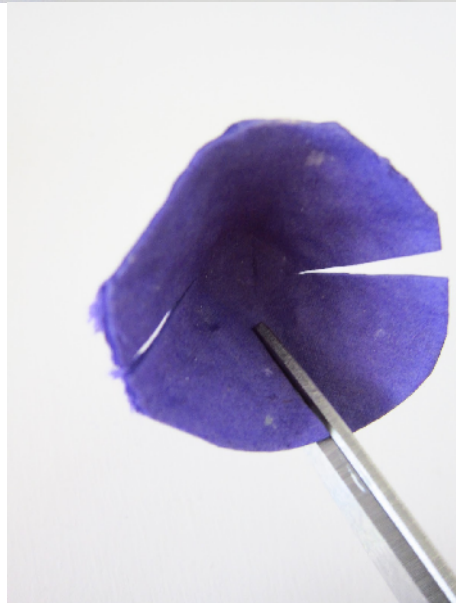
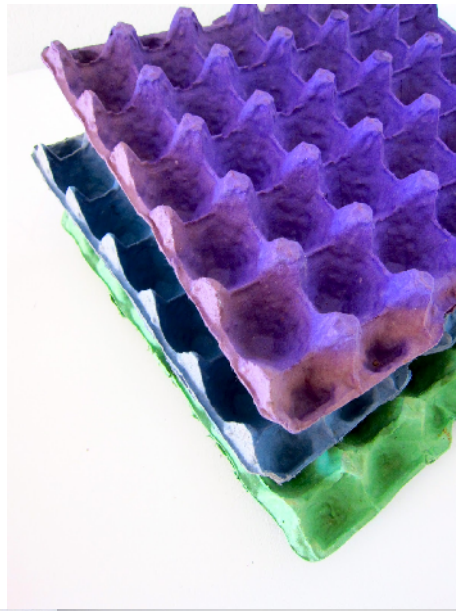
































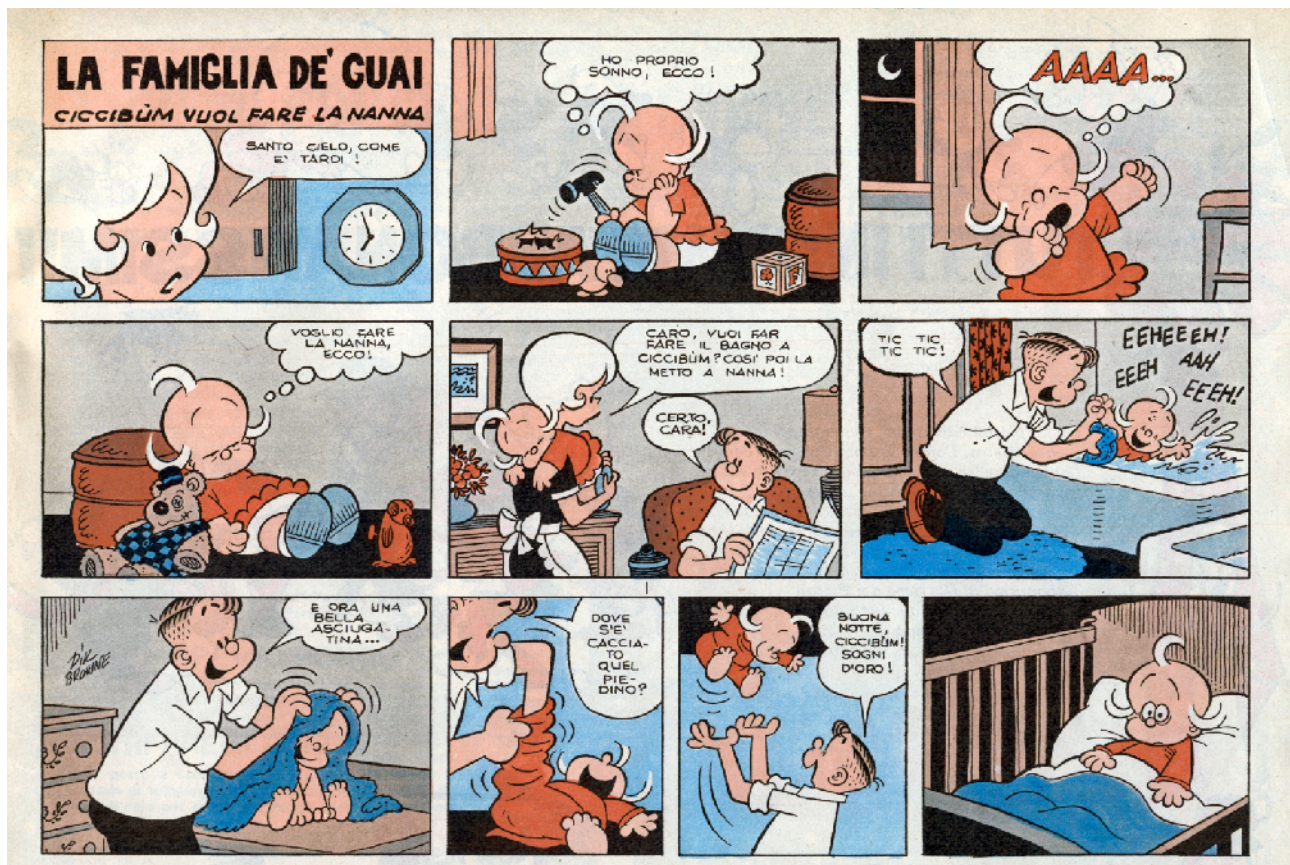










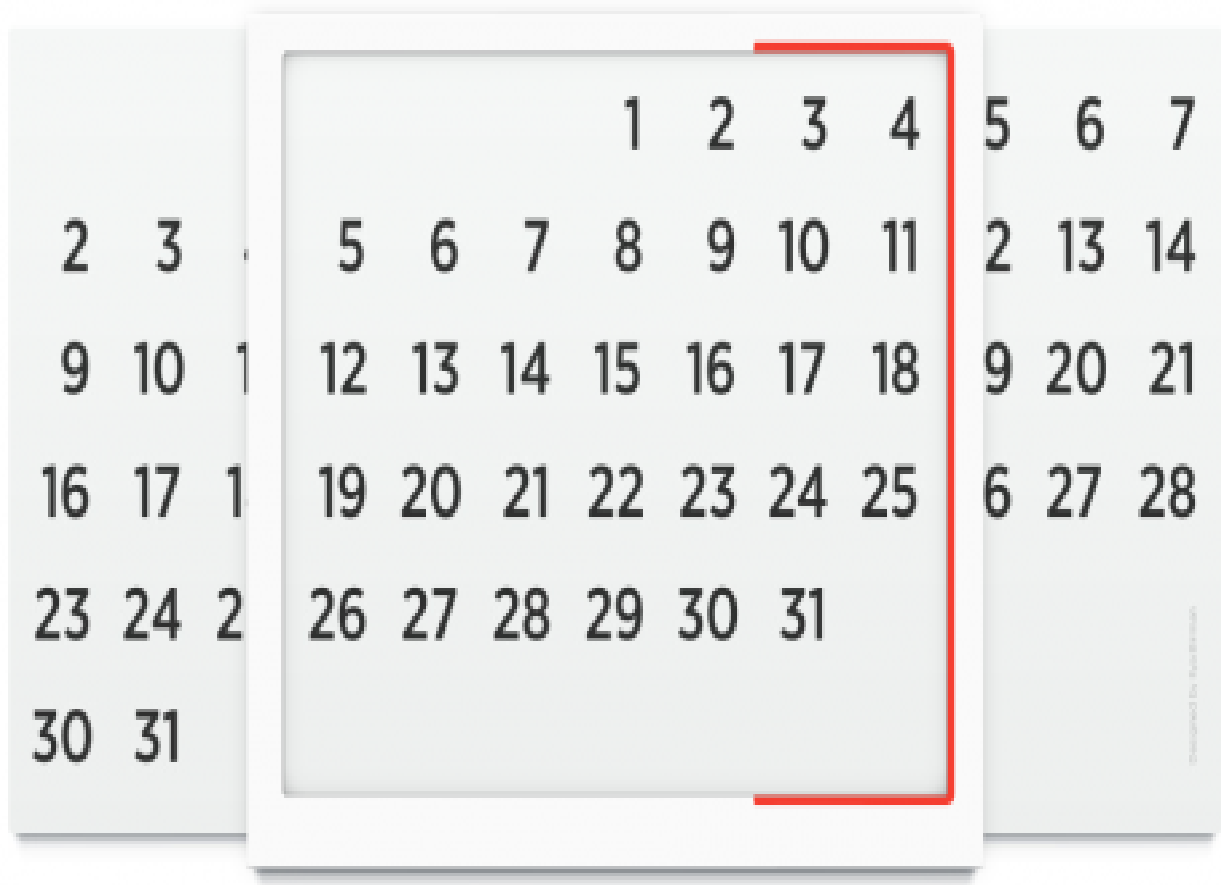








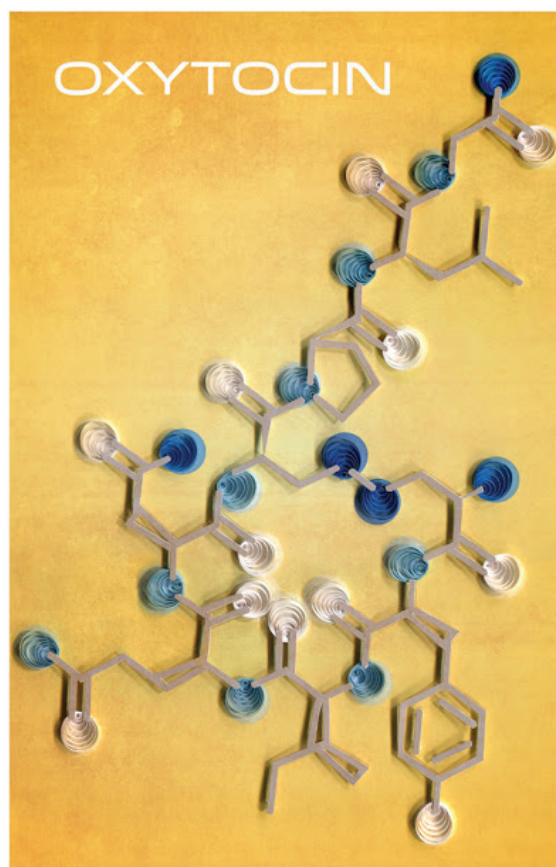




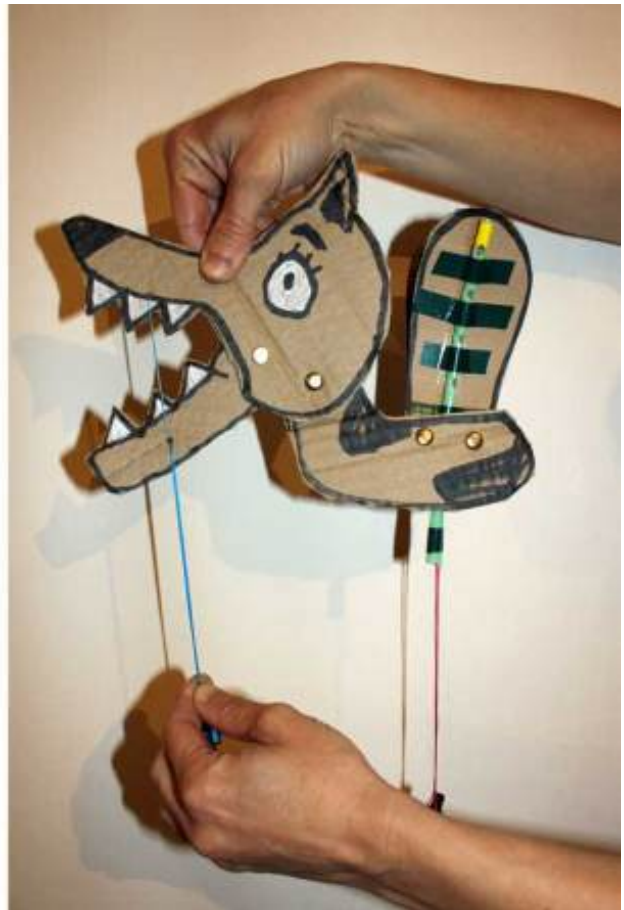


pancakes for camping



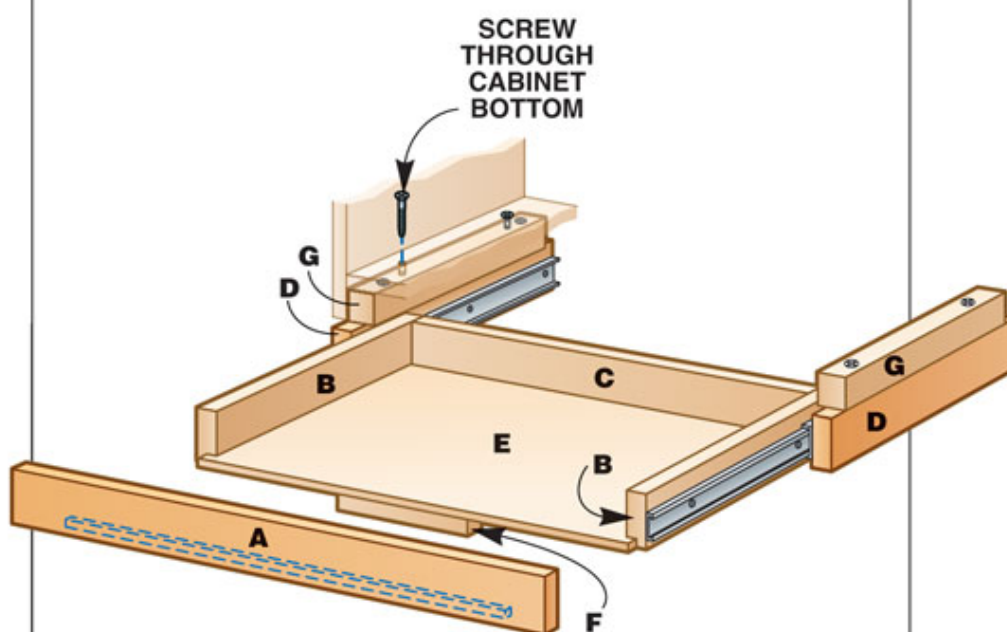




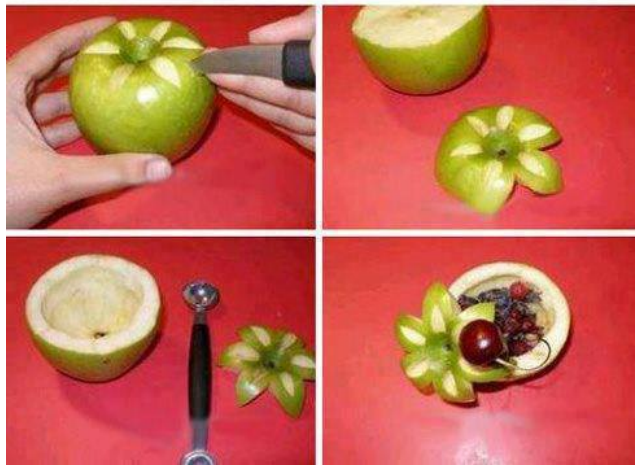




**FIGURE C UNDER-CABINET DRAWER EXPLODED VIEW**









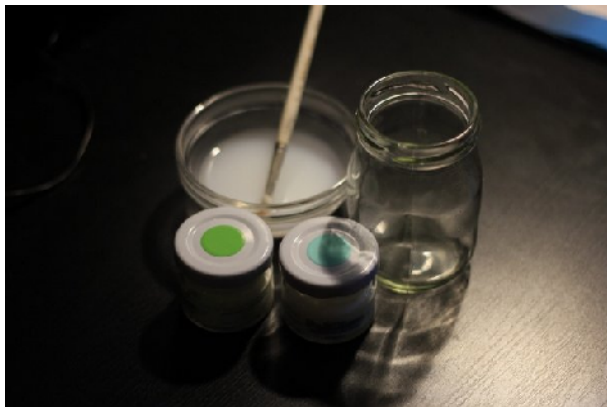




MAKE YOUR OWN  
*almond milk*



- Un frasco de cristal vacío. Sirve de cualquier tamaño
- Pintura brillante especial (las puedes conseguir en tiendas online y las hay de diferentes colores)
- Un pincel
- Agua







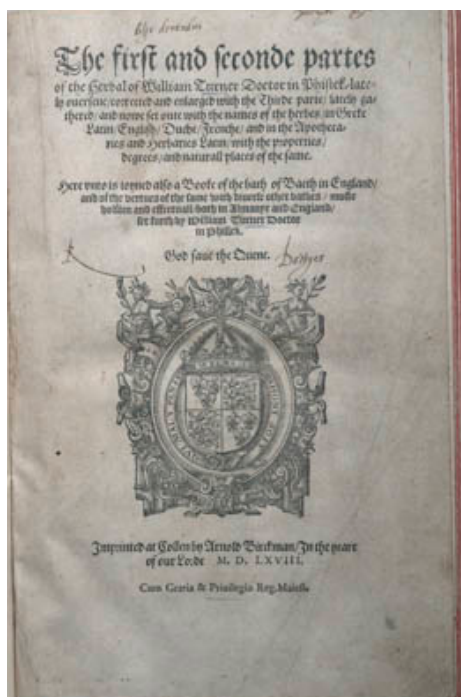
## Palladio: I quattro libri dell'architettura

<http://www.rarebookroom.org/Control/pldarc/index.html>



*Botanicum Medicinale* (English) - 1759 - Sheldrake, Timothy (author)

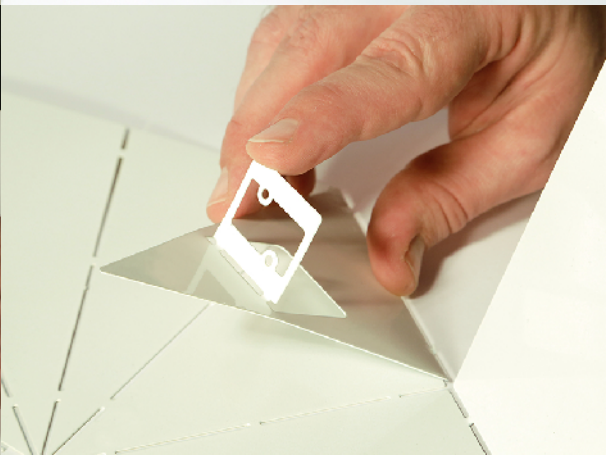
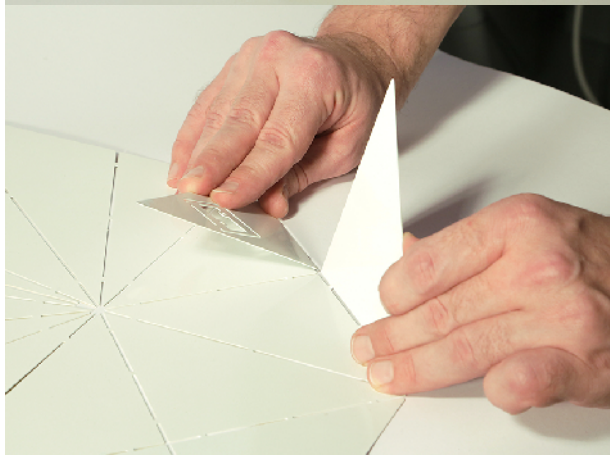
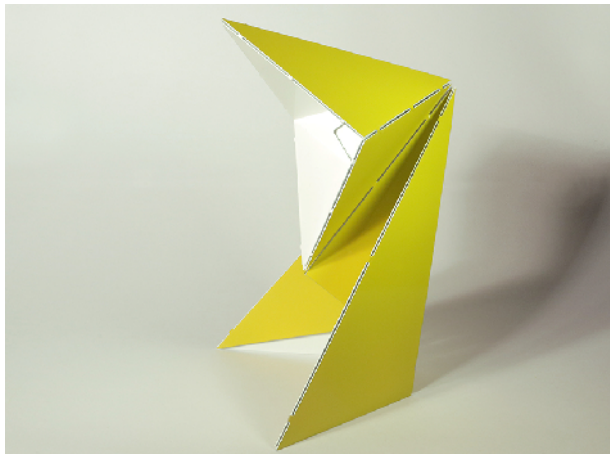
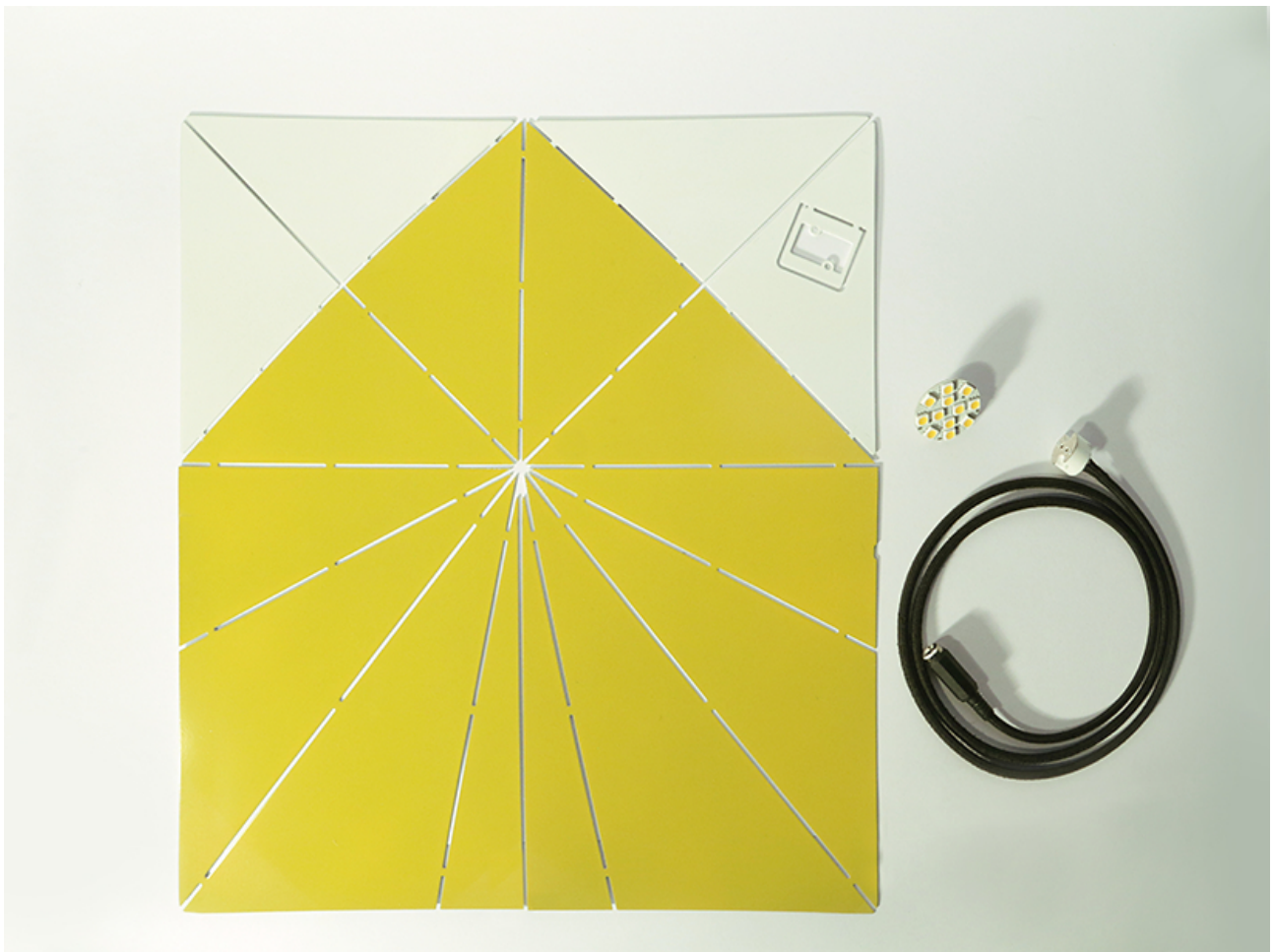
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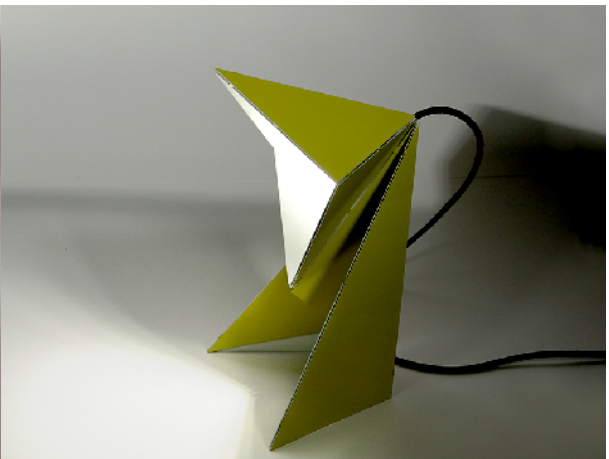
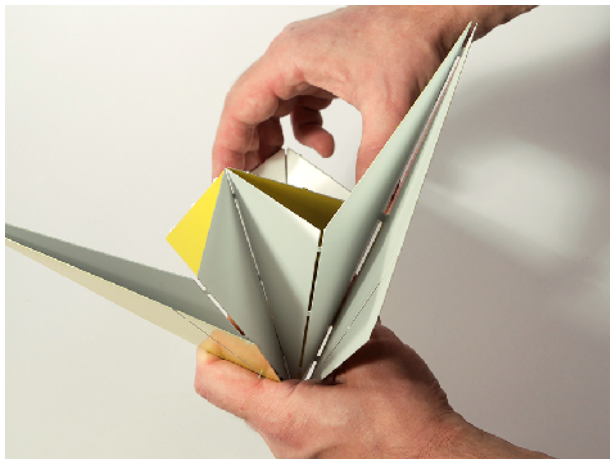
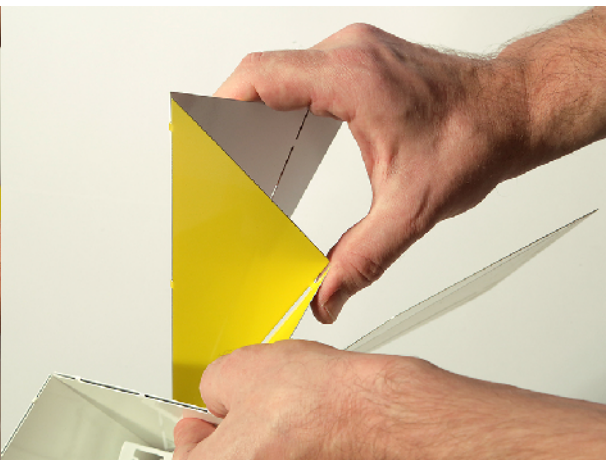
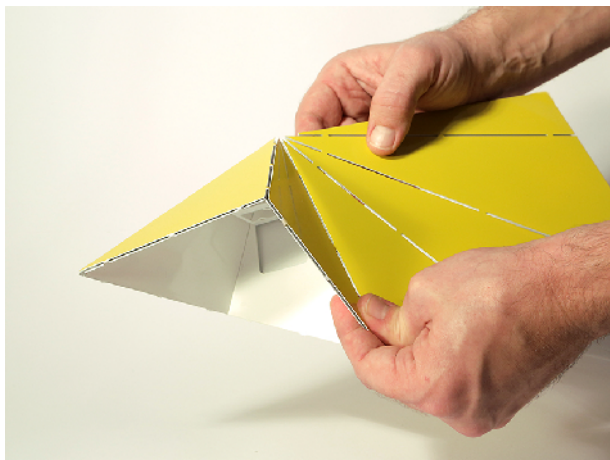
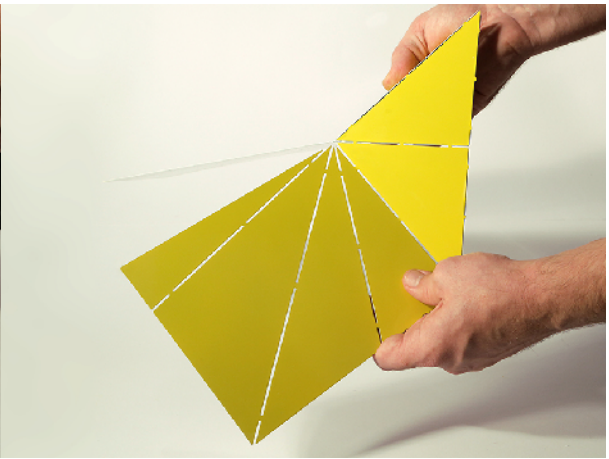


The first and second part of herbal...

<http://www.rarebookroom.org/Control/turher/index.html>













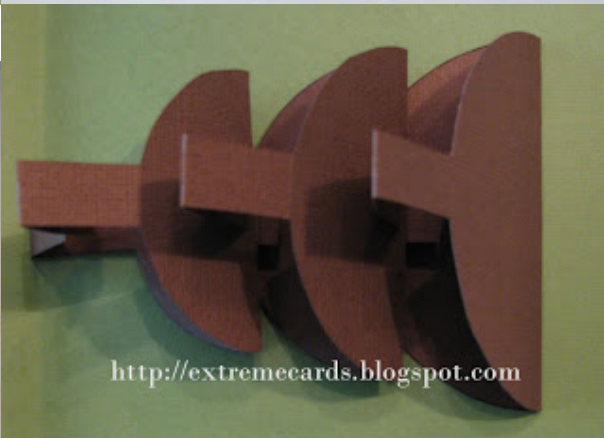


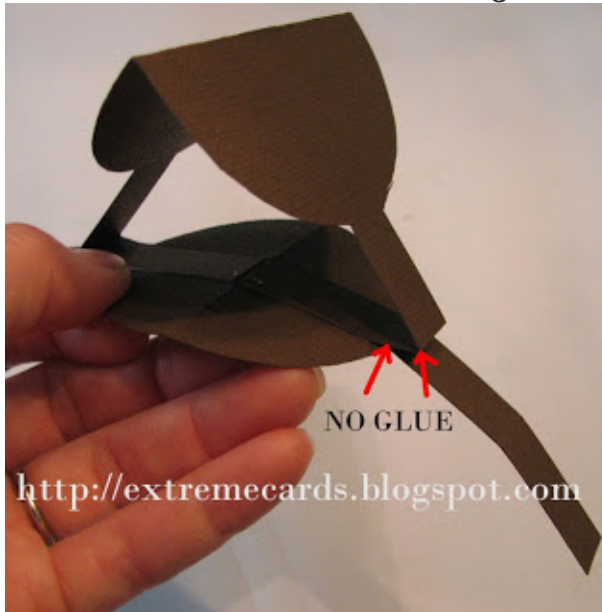
## Lazerian-Folded-Paper-Light-Shades









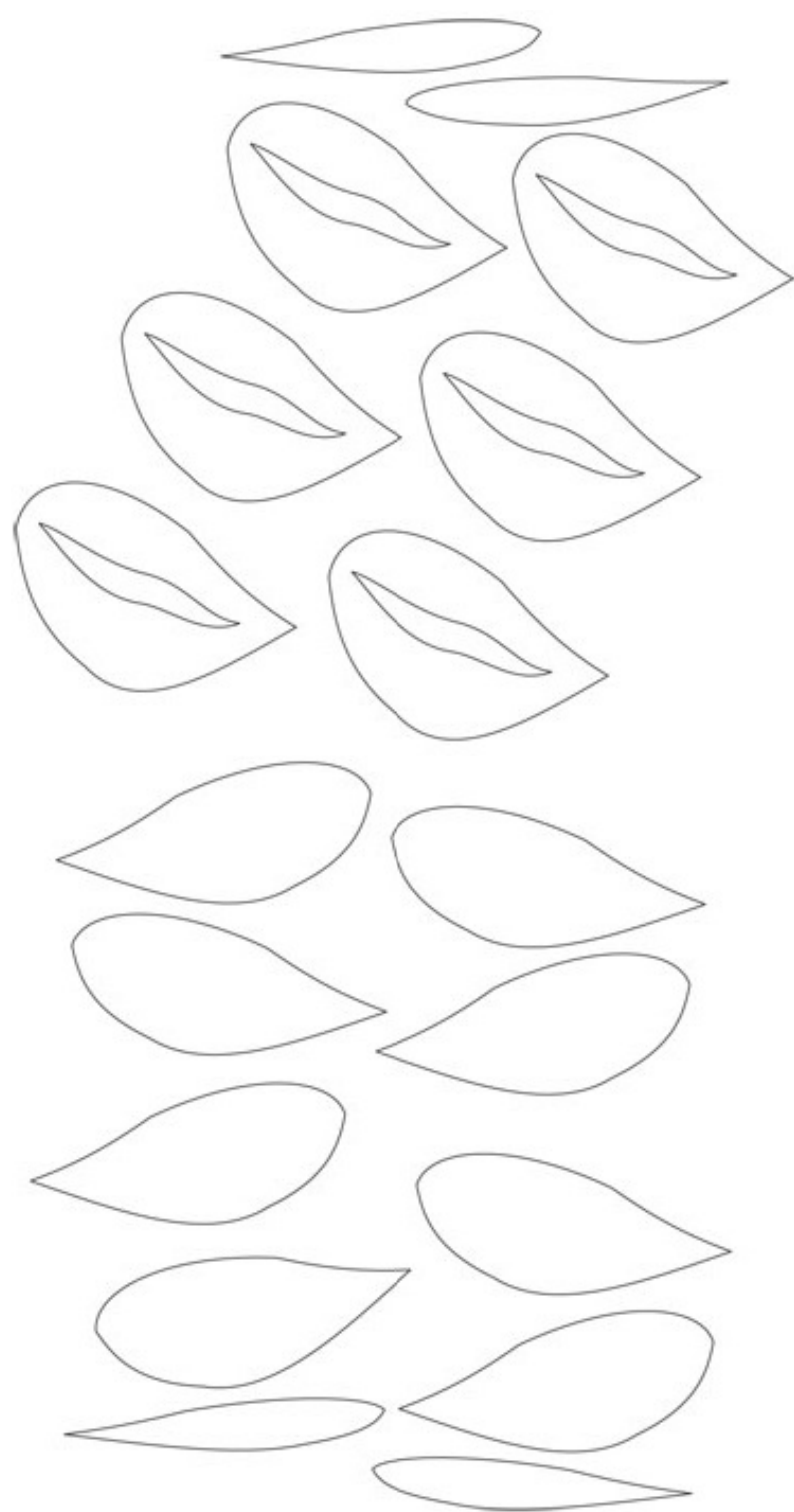
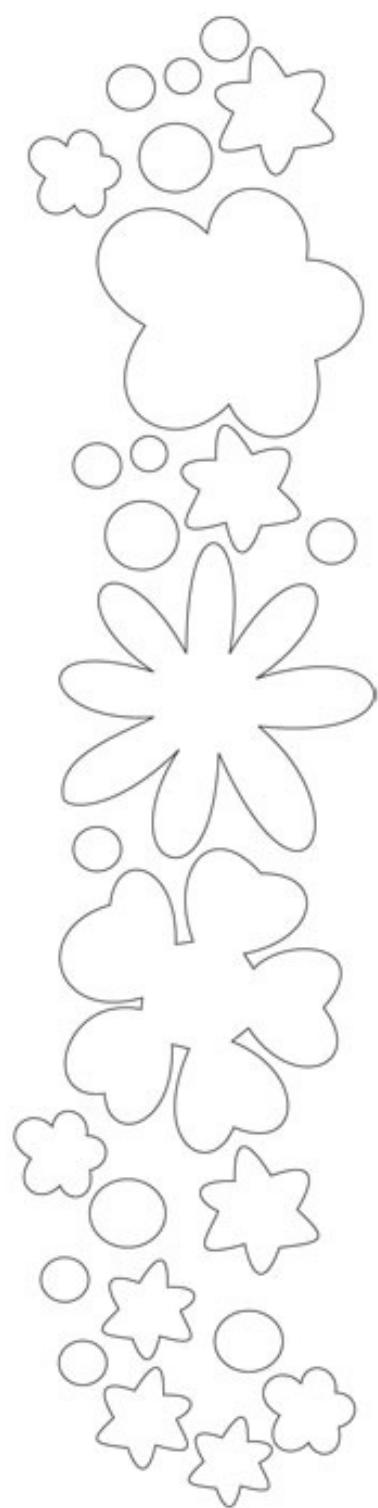


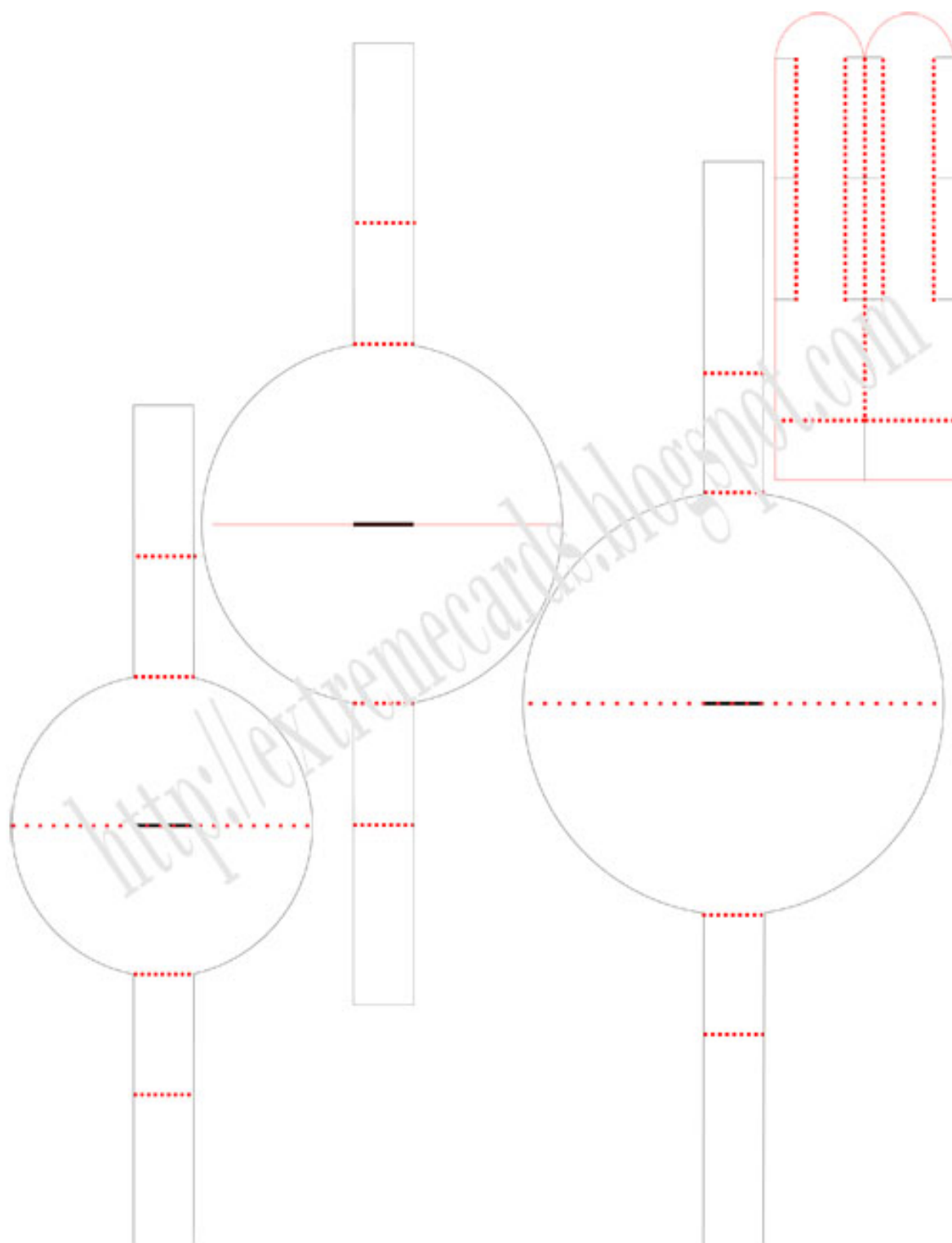














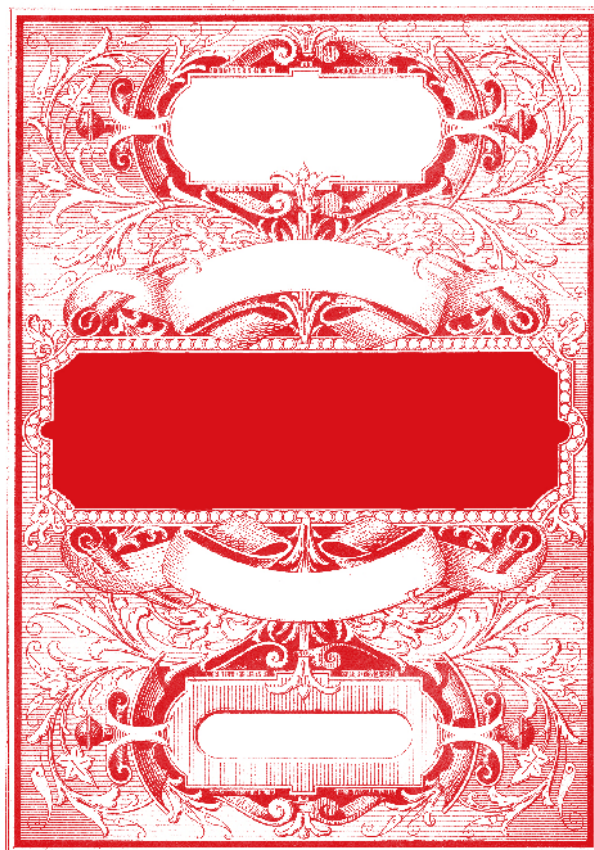
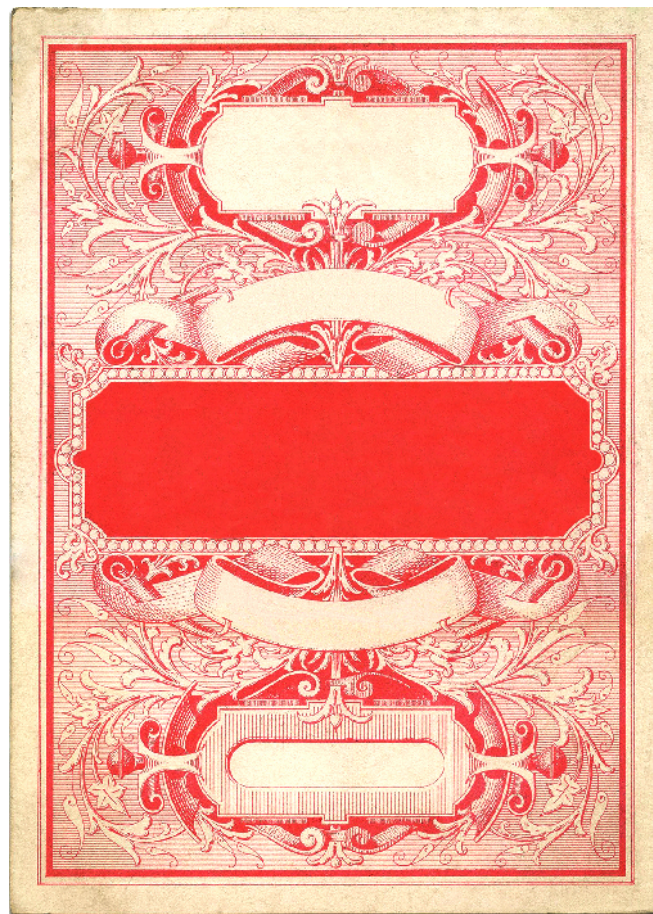
## Jason Hallman and Stephen Stum













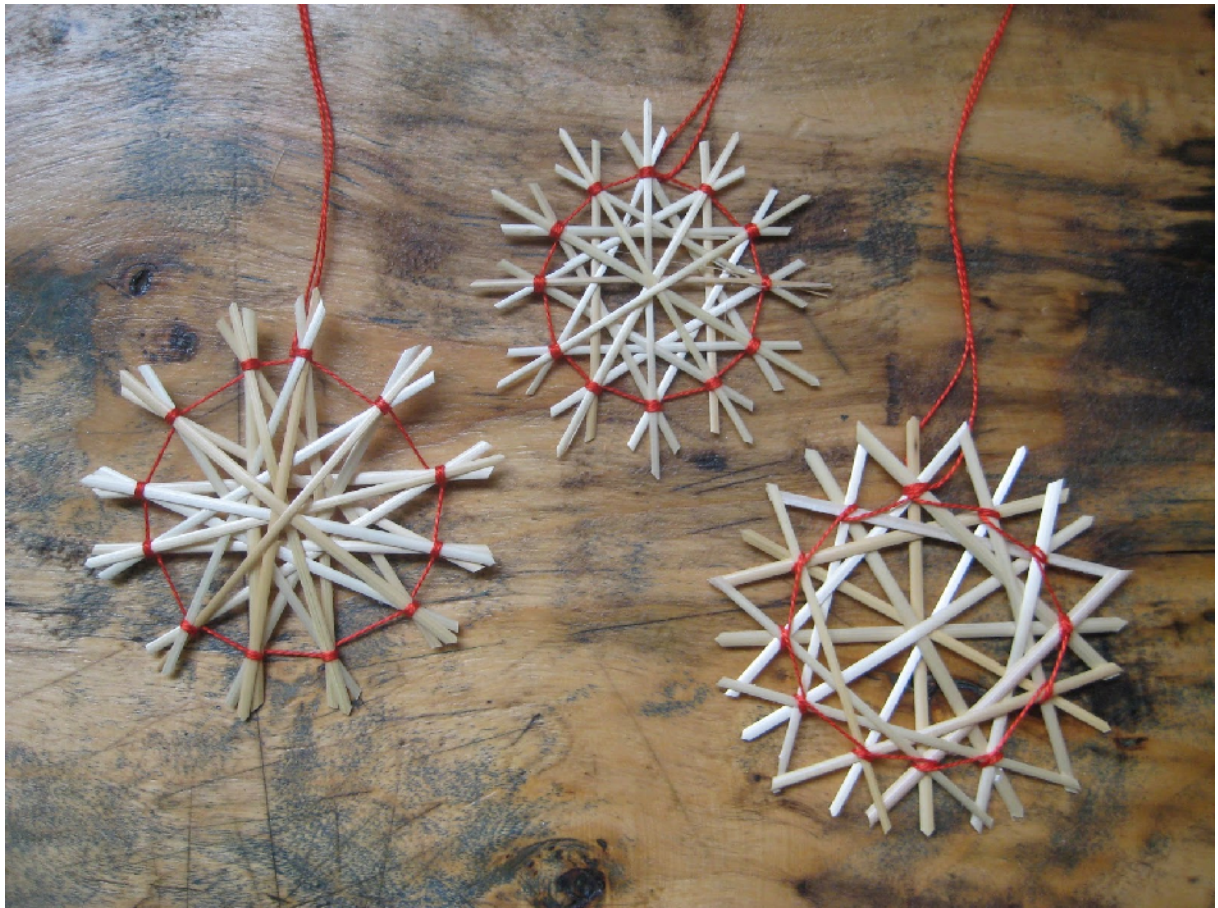








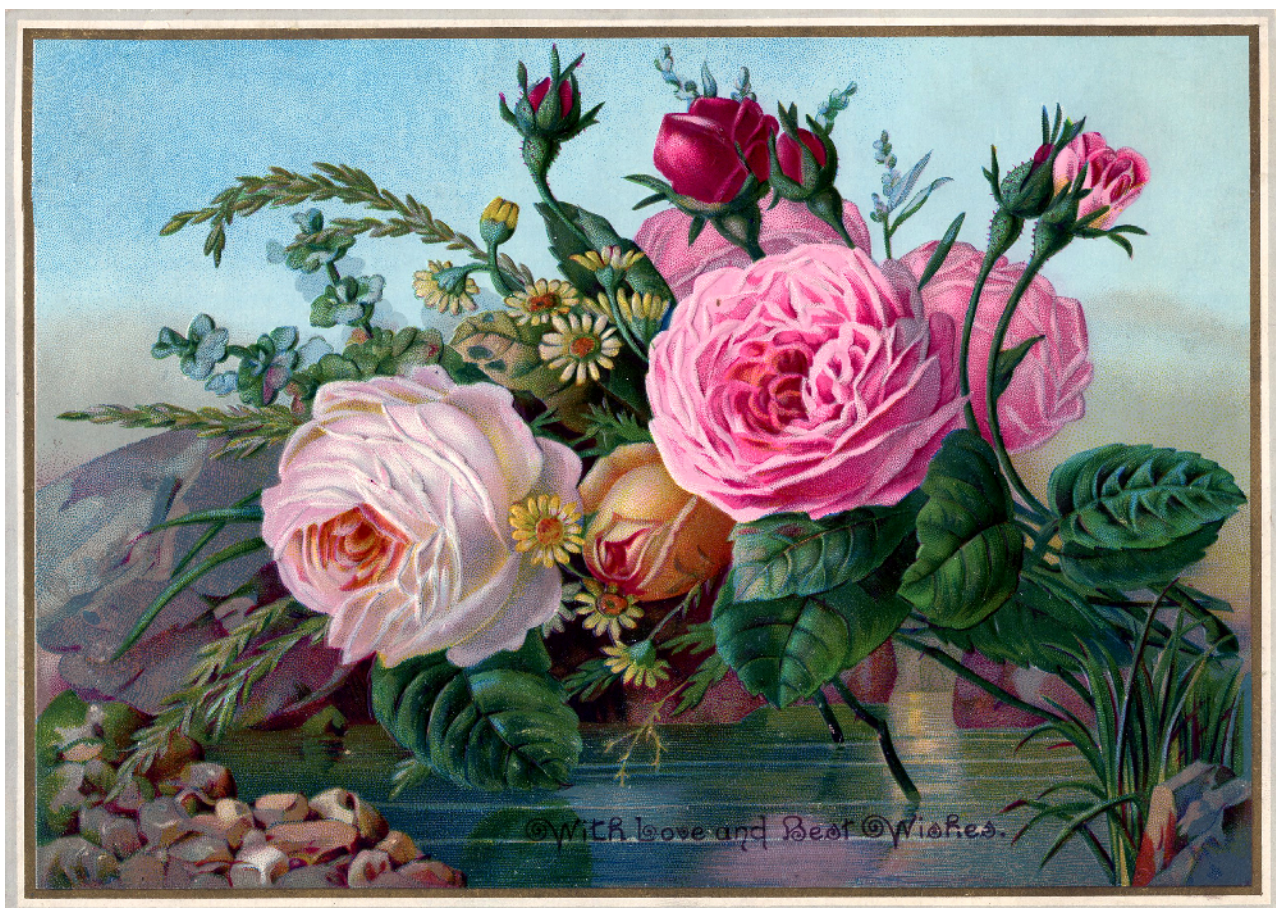
picture hanger











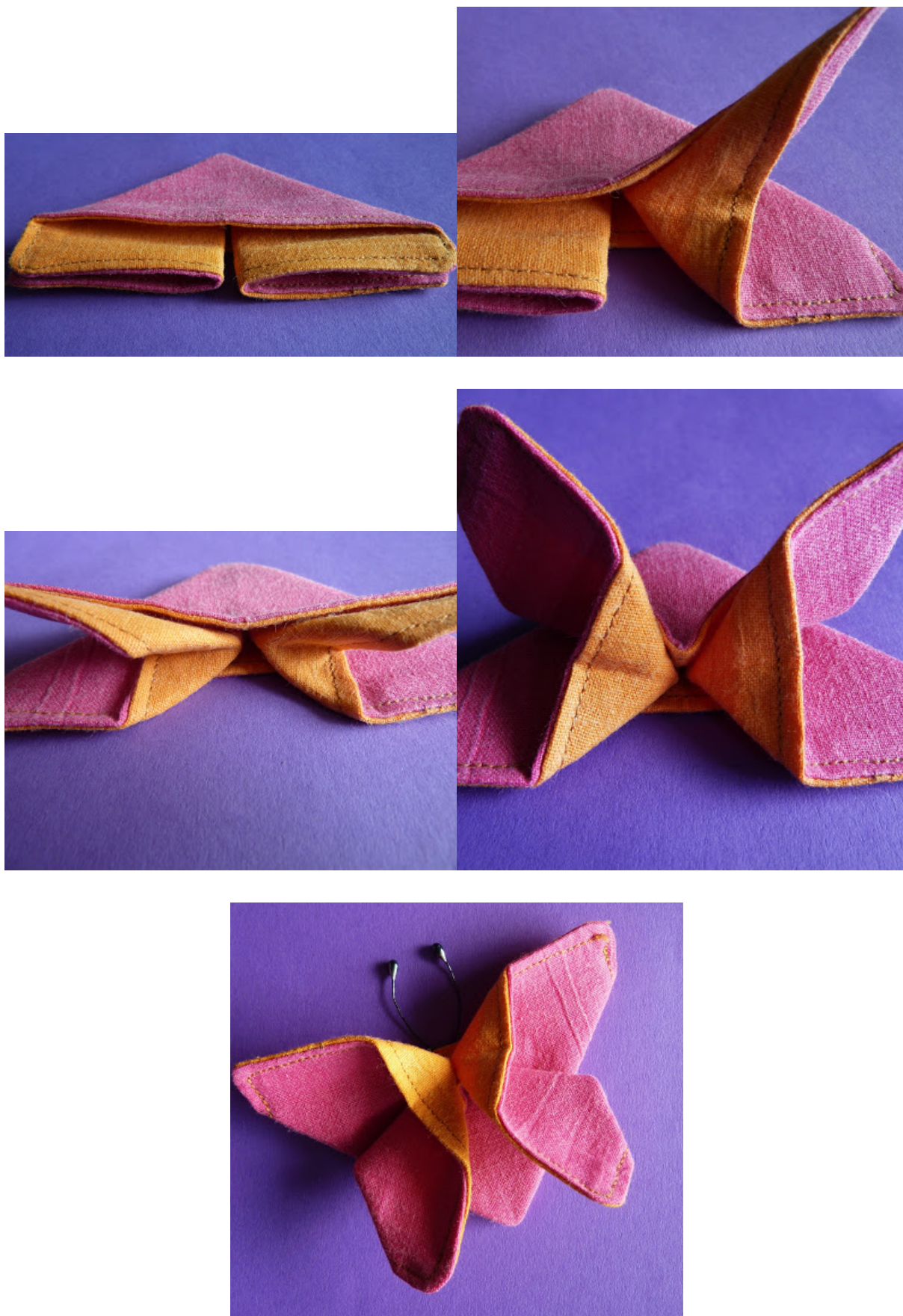




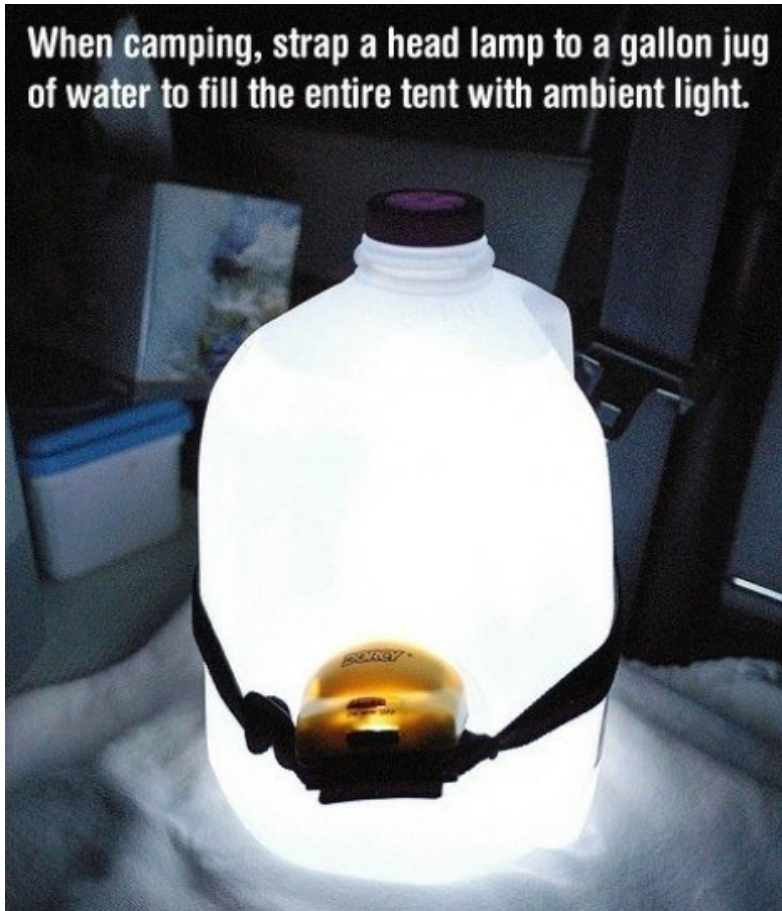








**When camping, strap a head lamp to a gallon jug of water to fill the entire tent with ambient light.**











## Granita: 5 ricette fai-da-te

E' sufficiente utilizzare un normale frullatore o mixer da cucina ed avere un po' di spazio in freezer. Se siete in attesa di ospiti a cui offrire la granita, ricordatevi di prepararla in anticipo. Ecco 5 ricette da sperimentare.

### 1) Granita al caffè

La preparazione della granita al caffè è molto semplice. Può essere una buona idea per riutilizzare il caffè avanzato. E' sufficiente aggiungere a del caffè freddo un dolcificante naturale a piacere, ad esempio dello zucchero di canna integrale. Quindi versate il tutto in un bicchierino e riponetelo in freezer per il tempo necessario a permettere alla granita di raggiungere la consistenza desiderata. Mescolate di tanto in tanto ed il gioco è fatto.

### 2) Granita al limone

Preparate la vostra granita al limone a partire da un semplice sciroppo. Versate in un pentolino un bicchiere d'acqua e 2 cucchiari di zucchero di canna; accendete il fornello, portate ad ebollizione e mescolate fino a quando lo zucchero non si sarà disciolto. Lasciate raffreddare e preparate a parte un bicchiere di succo ottenuto spremendo dei limoni freschi. Mescolate il succo di limone e lo sciroppo, aggiungendo mezzo bicchiere d'acqua fredda, e versate il tutto in un contenitore per i cubetti di ghiaccio. Lasciate riposare in freezer per tutto il giorno o per tutta la notte, fino al congelamento. Per ottenere la granita non vi resterà che tritare i cubetti con un mixer da cucina o con un frullatore fino al raggiungimento della consistenza desiderata. Con lo stesso procedimento potrete preparare una granita al pompelmo.

Leggi anche: Acqua e limone: 10 benefici per la salute

### 3) Granita all'anguria

La preparazione della granita all'anguria non richiede l'aggiunta di zucchero, in quanto questo frutto è già di per sé molto dolce. Per preparare una granita all'anguria surgelate una fetta di questo frutto nel freezer, all'interno di un sacchetto o di un contenitore per alimenti, dopo averla tagliata a cubetti. Quando l'anguria sarà pronta, versate i cubetti in un frullatore ed aggiungete una piccola quantità d'acqua di rubinetto o di infuso freddo alla menta. Frullate fino ad

ottenere una granita della consistenza desiderata e servite.

Leggi anche: Anguria: proprietà e benefici e come gustarla al meglio

#### 4) Granita al melone

Per preparare la granita al melone tagliate a cubetti alcune fette di questo frutto, dopo aver rimosso la loro buccia. Frullate il melone in un mixer da cucina o nel frullatore ed aggiungete, a seconda della quantità di melone utilizzata, mezzo bicchiere o un bicchiere di sciroppo preparato con acqua e zucchero, come indicato nella ricetta della granita al limone. Mescolate lo sciroppo freddo con il frullato di melone. Versate il tutto nelle vaschette per i cubetti di ghiaccio e surgelate. Quando i cubetti saranno pronti, tritateli nel mixer o nel frullatore fino ad ottenere la vostra granita.

Leggi anche: Melone: proprietà, benefici e come gustarlo al meglio

#### 5) Granita alla menta

Per la preparazione della granita alla menta portate ad ebollizione 200 millilitri d'acqua e aggiungete 4 cucchiaini di zucchero di canna. Mescolate fino a quando lo zucchero non si sarà sciolto e lasciate raffreddare. Aggiungete 100 millilitri di sciroppo di menta ed amalgamate tutti gli ingredienti. Versateli negli stampini per il ghiaccio, lasciate riposare in freezer fino a quando non si saranno formati i cubetti e frullateli per ottenere la vostra granita. Per la preparazione dello sciroppo alla menta vi suggeriamo la ricetta di MariGio, una nostra lettrice: lasciate macerare una manciata di menta in 250 grammi di alcol alimentare a 95 gradi, unite all'alcol uno sciroppo freddo preparato con acqua e zucchero. Mescolate i due liquidi e filtrate dopo alcuni giorni.



## 10 HOMEMADE CLEANERS MADE FROM CITRUS PEELS

1. Citrus Vinegar All-Purpose Cleanser Fill a glass jar with clean chopped citrus peels. Pour vinegar over the peels until they are completely submersed and screw the lid on the jar. Allow the concoction to sit, occasionally shaking the jar to mix the liquid. After four weeks, pour the concoction through a mesh strainer and into a spray bottle. Use the cleanser to clean countertops, stovetops, appliances, floors and glass.

### 2. Powdered Citrus Cleanser

Combine 1 cup baking soda, 2 tsp. cream of tartar, 1/8 cup borax and 1/4 cup grated citrus peel in a bowl. Mix the ingredients well and pour the mixture into a glass jar. Sprinkle the mixture onto dried spills and scum. Use a sponge or soft brush to scrub the mixture into the mess, breaking it up. Wipe clean with a wet cloth. Optional: add 10 drops of Lemon essential oil for greasy messes and stubborn stains, also sanitizes cutting boards.

3. Carpet Freshening Cleanser Combine 2 cups baking soda, 1 cup borax and 3 tsp. citrus zest in a bowl. Let the mixture sit until all moisture has evaporated. Mix it well and store in a glass jar. Sprinkle it onto dirty carpets and allow it to sit, absorbing odors and loosening dirt. Vacuum the carpets well after at least five minutes.

Optional: add 20 drops of Lemon essential oil for it's antiseptic and antifungal properties ~ especially if you have pets in the house (careful around cats, citrus EOs can be toxic to cats.)

4. Disinfecting Citrus Cleanser Chop up the peel of a large citrus fruit. Combine it with 4 cups water and bring it to a boil in a saucepan. Allow it to cool until it is warm. Stir in 6 tbsp. vinegar and 3 tsp. borax. Mix well and pour the mixture into a spray bottle. Shake before use to mix the liquids. Spray hard surfaces with the cleaner and wipe clean.

### 5. Citrus Furniture Polish

In a jar, combine 1 cup lemon juice, 2 cups olive oil and 1/2 cup finely chopped citrus peel. Dip a rag into the concoction and use it to wipe wooden surfaces. Screw the lid onto the jar and store in a cool, dry place.

#### 6. Citrus Disposal Degreaser

Drop the peels into the disposal with three or more ice cubes. The ice cubes cool the grease, solidifying it, and the acid in the peels cuts it away. Turn on the disposal until the peels, ice cubes and grease are gone. The citrus peels release a clean scent as they are broken down.

#### 7. Citrus Microwave Degreaser

Combine 1 cup of water and 2 tbsp. of lemon juice in a microwave-safe bowl. Microwave the liquid for about 3 minutes, or until hot and steaming. Remove the bowl from the microwave. Dip a clean rag into the liquid and use it to wipe down the inside of the microwave until it is clean.

For stainless steel add 10 drops of Lemon essential oil instead of lemon juice for a streak-free shine!

#### 8. Citrus Scrub Degreaser

Cut through caked-on grease on stovetops or kitchen counters. Sprinkle salt heavily over the grease. Cut a lime in half and squeeze the juice over the salt. Use as many limes as necessary to cover the salt. Allow it to sit for about five minutes. Scrub the salt and lime juice into the grease with a sponge or rag to loosen it. Wipe it up with paper towels or a wet rag.

#### 9. Citrus Spray Degreaser

The acids found in the vinegar and lemon juice work together to quickly cut through grease. Mix together 1/2 cup lemon juice and 2 cups of white vinegar in a spray bottle. Keep it in the kitchen and quickly spray grease splatters with the solution. Wipe them up with paper towels.

#### 10. Citrus Metal Polish

When it comes to copper, brass and chrome, nix harsh chemical polishes and instead put some elbow grease behind half a lemon. For extra oomph, before scrubbing, dip the fruit half in salt—it will help exfoliate the surface for added shine.





## How To Wash & Whiten *Yellowed Pillows*

HOT HOT HOT water 1 cup of laundry detergent

1 cup powdered dishwasher detergent

1 cup bleach (you could try “A Natural Bleach Alternative if you are opposed to chlorine bleach)

1/2 cup borax

Not only did the whole pillow-washing process turn out to be much easier than I anticipated, it worked like a CHARM!

Just look at these “BEFORE” and “AFTER” pictures! It’s almost like my poor pillows were just WAITING for me to rescue them! ;-)

Washing {and whitening} your pillows:

Check the care label to confirm that your pillow (down or synthetic) can be machine washed – most can be. Remove the pillow case and any pillow protector. Fill the washing machine about 1/3 full with HOT water (I even added a couple of pans full of boiling water).

Add all the ingredients in the Miracle Laundry Whitening Solution (or, if you’re just looking to wash your pillows, add your detergent now) then start the machine and allow it to agitate for a few minutes to make sure all the detergent dissolves before adding the pillows.

Once the detergent is dissolved, add the pillow(s), and then allow the washer to fill the rest of the way with HOT water. I washed two pillows at a time, which helped balance the load when it came time for the spin cycle.

Agitate the pillows for several minutes, then turn the pillows OVER to allow the to

p side to get the full effect of agitating in the HOT water. Agitate for several minutes more.

Put your machine on the 2nd rinse cycle or just run it through twice manually.

Drying your pillows:

For down and feathers, use the air cycle. For synthetics, use the low heat setting.

Place the pillow(s) in the dryer, add a couple of tennis balls covered in clean socks or a few Homemade Dryer Balls to help FLUFF the pillows as they tumble dry. (If it's a nice day you could also set them outside in the sun to dry!)

Now isn't that just about a thousand times better!?!? :-)





FiRST....pull the bottom rack out and examine the drain area and make sure there are no hard chunks that can plug the drain, cause damage to the pump or scratch dishes. You'd be surprised at what dishwasher repairmen find – bones, crab shells, chips of glass, and even small pieces of gravel!

So I got down on my knees and stuck my head in there and lo and behold I DID find a “hard chunk” plugging the drain.....

Yep, that's a hard chunk alright. :-/ I swear folks! That is the first time I have EVER had that happen!! I have found the occasional utensil fallen down there....but never something like this. I was actually quite horrified when I saw it! I thought my dishwasher MUST be a goner! But I figured I'd come this far...I wasn't stopping now. So I pulled up my “big girl panties” and continued the task at hand.

Now that I had discovered the “chunk”...I felt all around the drain to make sure there were no MORE chunks hiding. Couldn't find a single piece of anything. So I proceeded to the next step.

SeCOND.....Place a dishwasher-safe cup filled with plain white vinegar on the top rack of the dishwasher. Using the hottest water available, run the dishwasher through a cycle – except for the cup of vinegar, the dishwasher needs to be empty.

The vinegar will help to wash away the loose, greasy grime, sanitizes, and helps remove the musty odor.If you don't have any white vinegar, you may substitute a packet of unsweetened lemonade mix in the soap cup. Don't experiment with other flavors as they may stain the inside of your dishwasher.

ThIRD.....After using the vinegar to sanitize the inside of the dishwasher, sprinkle a cupful of baking soda around the bottom of the tub and run it through a short but complete cycle using the hottest water. The baking soda will help freshen the smell of the dishwasher as well as brighten up the look of the inside of your appliance by removing stains.(OPTIONAL):

If you have problems with mold and mildew, add ½-1 cup bleach in the bottom of the dishwasher and run a full cycle. NOTE: DO NOT USE BLEACH IN YOUR DISHWASHER IF YOU HAVE A STAINLESS STEEL INTERIOR).

So.....did it work??? Sure did! My dishwasher is now squeaky clean and fresh smelling and NO standing water! Let's hear it for no dishwasher repair bill!!!

So.....did it work??? Sure did! My dishwasher is now squeaky clean and fresh smelling and NO standing water! Let's hear it for no dishwasher repair bill!!!

Now that the dishwasher is clean and running right.....here are a few IMPORTANT tips to KEEP it that way....until the next cleaning. (A routine dishwasher cleaning is a good habit to get into. And you have to admit...now that you know how it's done...it's not that hard.)

Run the garbage disposal before starting the dishwasher. The dishwasher drains into the same pipe as your sink, so that drain must be clear.

Run a bit of hot water in your sink before running the dishwasher. You will get cleaner dishes if the water starts hot. You can collect the water you run and use it for watering plants or other purposes. Run the water until what comes out of the tap feels hot.

Make sure your water starts hot enough. Set the thermostat on your water heater to 120F (50C). Water that is cooler than this won't do a good job cleaning. Water that is hotter could scald.

Run full loads to conserve water and energy, but don't pack dishes too tightly. Dishwashers wash dishes by spraying water over them, so the water needs to be able to get to the dishes to clean them.

If you are inclined to pre-wash your dishes before you put them in the dishwasher, consider this. Dishwasher detergent NEEDS a certain amount of grease and dirt in order to do its job. Otherwise, it actually foams up during the cycle which is not good for your dishwasher.



## GOODBY TO YELLOW ARMPIT STAINS!



The online article describes the stain remover mixture as consisting of one part Dawn dishwashing liquid mixed with two parts HYDROGEN PEROXIDE (which of course I have OODLES of for making my Miracle Cleaner).

The author then goes on to say “you pour the mixture directly on the stain, and watch it disappear like MAGIC

I knew the stains on my boys t-shirts were uber STUBBORN (since even pouring straight bleach on them hadn’t worked previously)...so I used the above “recipe” PLUS added some baking soda (of course!) for the extra scrubbing element...and I used a small laundry brush to work the whole concoction into the stain for a few minutes. After that I walked away and let the whole thing sit there for an hour or so and then laundered as usual.

As I HOPE you can see in these photos....the difference was actually quite amazing and very encouraging! Can’t wait to try it on more clothes that have been hiding in my closets, too embarrassed to come out

.=====

UPDATE: 11/20/2011 There have been a few comments posted inquiring whether you can use this on colored clothes too. This weekend I decided to put it “to the test” on an old dark blue t-shirt of mine that had some grease spots on the front that I have tried EVERYTHING I could think of to get out...to no avail.

As you can see....no ill effects (ie. fading/bleaching of the color!) The

mixture I scrubbed on with the brush above was 1 tsp. Dawn dishwashing detergent, 3-4 tablespoons of hydrogen peroxide, and a couple tablespoons of baking soda. Pretty pleased with this since this is an OLD shirt that I just hadn't got around to throwing out.



## How can i get rid of that yellow stain in my toilet bowl?

OK, I recently moved in to my new place, the place was done up but i saw the toilet bowl had a nasty yellow grimey stain!

I've tried Bleach and all them harsh products but with no luck!!

What do i use???

Someone said something about Baking soda and lemons that REALLY work???

Many thanks for those who reply!!

To make the toilet bowl sparkle, pour in a cup or more of white distilled vinegar and let it sit several hours or overnight. Scrub well with the toilet brush

My husband worked at a truck-stop and the way he solved bad stains and clogs was to use a product called Cobra, this is nasty stuff and is essentially sulfuric acid, it will heat up and eat through any organic matter in the bowl. Gloves and goggles are strongly recommended.

Pour (enough to turn water yellow) some bleach in, shut the lid and let sit for 1/2 hour then scrub with toilet brush. Make sure no one uses the bathroom while soaking. If it smells strong turn on vent or open window. This is how I clean mine every week, super easy and works great for me every time.

Turn the water off to your toilet and flush (the bowl will not fill with water). Heat white vinegar to just below boiling. Pour vinegar into toilet bowl. Be careful of the fumes! Close lid and let sit for 1 hour.

Open lid and scrub using a toilet brush. Flush.

You can get a tool with a pumice stone on one side and a sponge on the other. Find them wherever you find cleaning supplies in supermarkets. The pumice will have a curved shape to it, a few laps around the bowl and all mineral deposits are gone.

The yellow stain is probably due to a lot of copper or nickel in your water. Try OxiClean. Pour 1/2 cup in and sit overnight, then scrub. It's not harsh like some cleaners, is not corrosive to pipes and works more often than not.

the hot vinegar sounds good or try costic soda  
i heard someone on the radio used denture cleaning tablets for something other than what they are designed for if the other suggestions dont work try crushing them up and placing the powder on and leave over night if possible

Try bowl cleaner called (The works) Let it sit for a half hour or so. Any good ACID bowl cleaner should work. The Clorox & other regular bowl cleaners they sell now day are not that good because they are trying to convert people from using the so called acid cleaners..

CLR is another stain remover, you probably have steel water pipes that contain rust and it's showing up in your toilet. the water tank is probably stained also.  
good luck to ya

LEMON JUICE! it sounds crazy, but the acid in the lemons breaks down the "gunk" .  
fill your bowl with lemon juice and leave it over night,  
the net day, you should be able to wipe it off :)  
pour more than enough (half bottle or more) bleach down the toilet  
leave overnight then scrub the bowl with Doctor Power (Wilkinson's or Woolworth's).

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Pickup a few sheets of black wet sand paper, fine or medium grade, wet the paper and start rubbing useing pressure around the stained area it should come off. The wet sandpaper has a light abrasive.

bleach  
alot of bleach  
or just some clorine tablets in a sock on the tank will remove it with in 2 weeks with daly scribbling of thr bowl.

Try pouring a packet of Kool-Aid in the bowl and letting it sit for a few hours. Follow up with a pumice stone (available at hardware stores) if necessary. Good luck!

Try Lime-a-way or a similar product. The stains are from a high concentration of iron in your water.

If it's the last resort, use Muriatic acid. But be very careful when using it.



Is it a ring around the water line? If so, pour a can of coke in and let it sit overnight.

pour a bottle of tang in the bowl and let it set over night and then scrub with a bowl brush

Is the stain in the bowl? Pumus stone will get it out.

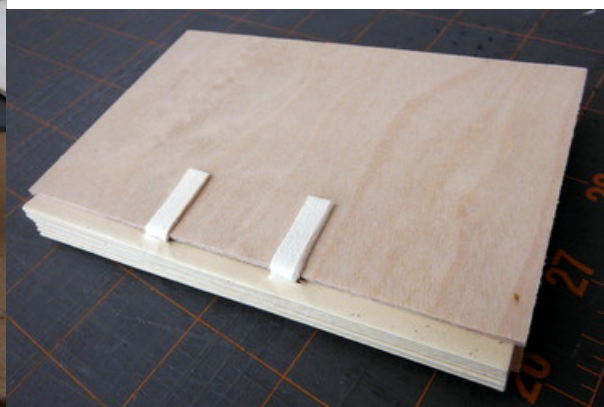
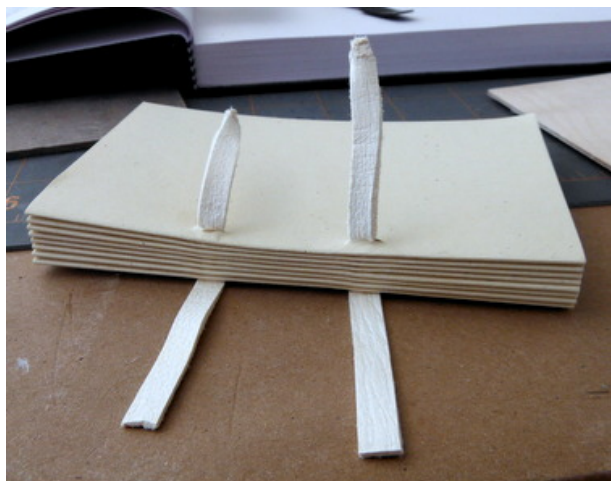
~BAM!~ and it's gone

WINK...buy it at WalMart....works on any rust stains

scrubb reall hard

you must have hard water like me. i use the lysol toilet bowl bleach and make sure it coat around the rim and edges and then brush it with a toilet brush. it always comes off and i have 3 kids.

## Scaleboard binding



Book spine









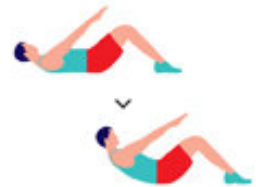
1. Jumping jacks



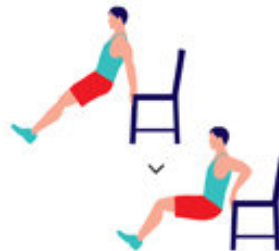
2. Wall sit



3. Push-up

4. Abdominal  
crunch5. Step-up onto  
chair

6. Squat

7. Triceps dip  
on chair

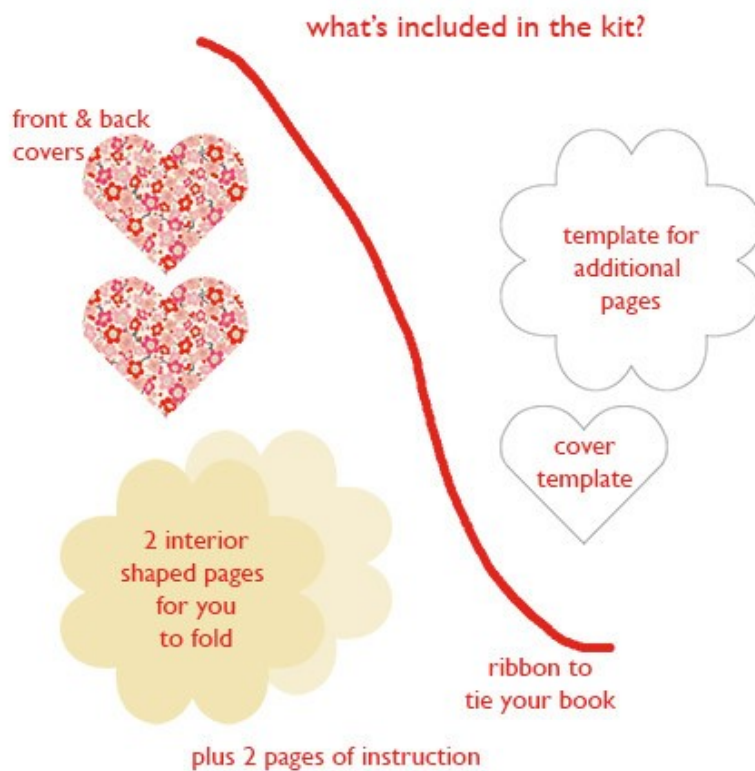
8. Plank

9. High knees  
running in place

10. Lunge

11. Push-up and  
rotation

12. Side plank





# Spaghetti aglio e olio per 4 persone

## Ingredienti

320g di Spaghetti di fatto

La buccia di una testa d'aglio

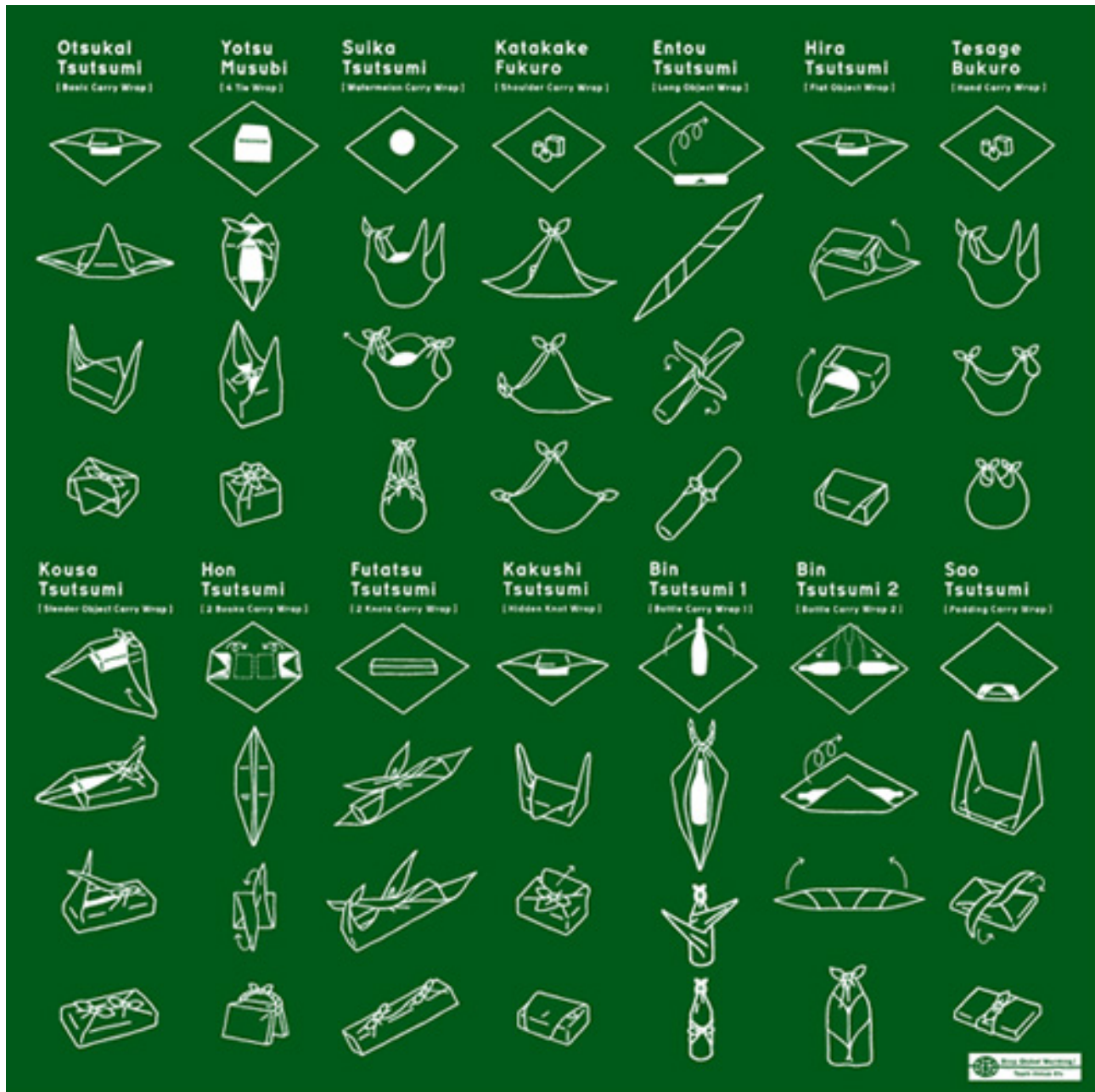
100g di olive taggiasche

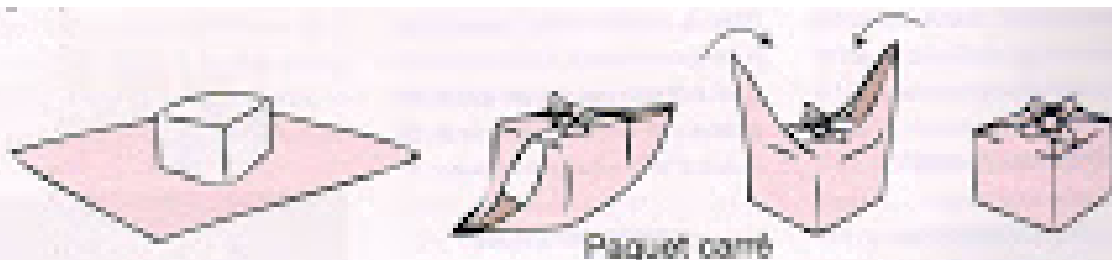
Sale

## Preparazione

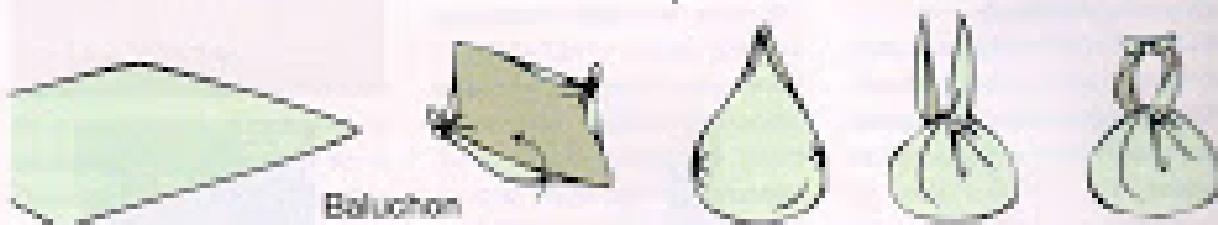
Mettete le bucce dell'aglio (anche il gambo se c'è) in una pentola d'acqua e portate a ebollizione. Lasciate sobbollire qualche minuto quindi salate e buttate la pasta. Frullate le olive taggiasche in modo da ottenere una crema (le olive sostituiscono l'olio). Non occorre aggiungere sale alla crema perchè si sfrutta la sapidità delle olive. Scolate la pasta al dente e conditela con la crema di olive. Servite subito.

# furoshiki

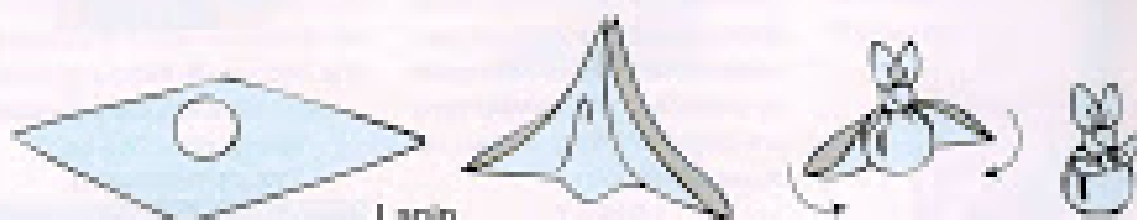




Paquet carré



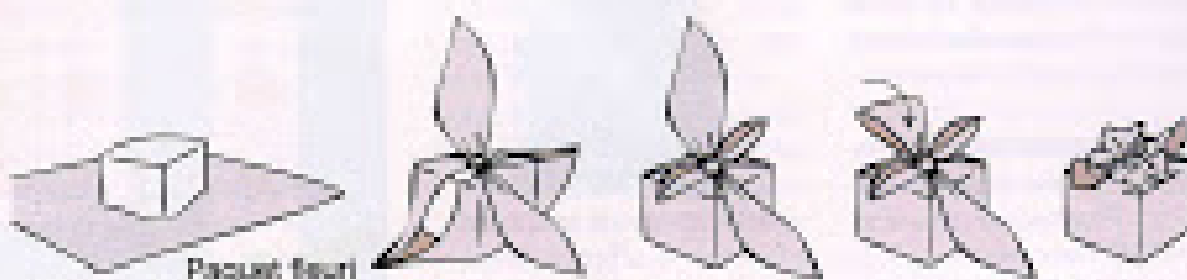
Baluchon



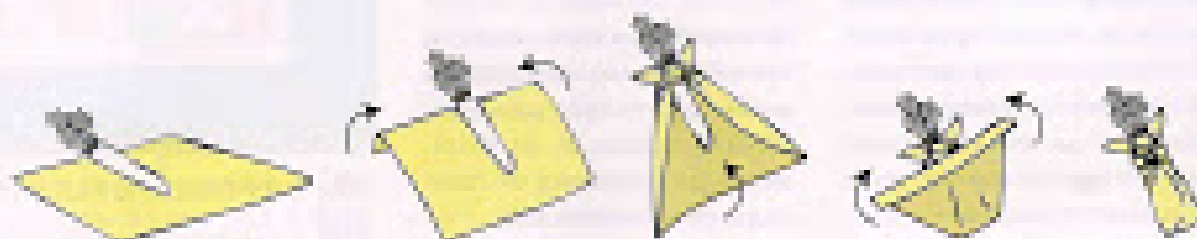
Lapin



Boutelles



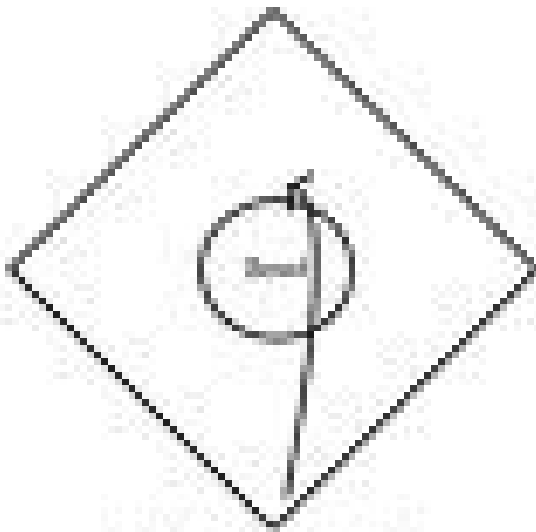
Paquet fleuri



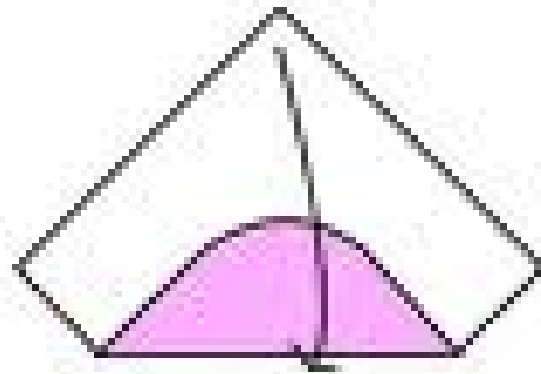
Bouquet de fleurs







Fold flap up and tuck under bowl.



Fold other flap down and tuck under bowl.



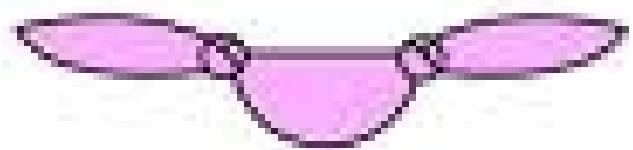
Your fabric should now look like the picture above.



On left side, tie a knot at edge of bowl. Make sure to push down the fabric in the center of the bowl.



Now tie a knot on the right side. Make sure to push the fabric down in the center of the bowl so you can place things inside it.



Here's a side view of what your basket should look like.



Twist each side flap.



Bring both side flaps up and tie in knot. Done!